



J M RANMINI RUWANI

BSc (Hons) Physiotherapy (col)

Personal Details

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ResearchGate profile:

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Work Experience

Probationary Lecturer

| March 2021 - Present

Department of Anatomy, Faculty of Medicine,
University of Ruhuna,
Sri Lanka

Research Assistant (Temporary)

| September 2020 - March 2021

Department of Community Medicine, Faculty of Medicine,
University of Colombo,
Sri Lanka

Academic History

BSc. (Hons) Physiotherapy

University of Colombo, Sri Lanka | 2016-2020

- Basic Sciences Stream First Class
- Behavioral Sciences Stream First Class
- Research Stream First Class
- Applied Physiotherapy Stream Second Class (Lower Division)
- Clinical Stream Second Class (Lower Division)

The Cumulative Result: Second Class (Upper Division)

Academic Research

Individual Research titled "Comparison of Hamstring: Quadriceps functional strength ratio (H:Q ratio) following knee ligament injury in injured & non-injured athletes from universities in Colombo district"

Publications

Journals

Ruwani JMR, Wickramasinghe WWCA, Wanigasighe J, "Common knee ligament injury patterns & Hamstring: Quadriceps functional strength ratio (H:Q ratio) in injured athletes from universities in Colombo district" - Abstract published in **Ceylon Medical Journal, Volume 64, supplement 1, July 2020**

Conferences

Ruwani JMR, Wickramasinghe WWCA, Wanigasighe J, "Hamstring, Quadriceps muscle strength & common knee ligament injury patterns in injured athletes", Asia Pacific Academic Consortium for Public Health (APACPH) International Virtual Online conference, 2020

Ruwani JMR, Wickramasinghe WWCA, Wanigasighe J, "Comparison of Hamstring: Quadriceps functional strength ratio (H:Q ratio) following ligamentous knee injury in injured & non-injured athletes from universities in Colombo district", Ceylon Medical Congress, 2020