

## CURRICULUM VITAE



- Name:** PINNADUWAGE VIJITHA DE SILVA
- Degrees:** MBBS, MSc (Community Medicine),  
MD (Community Medicine)
- Primary Academic Department:** Department of Community Medicine,  
Faculty of Medicine,  
University of Ruhuna,  
Karapitiya, Galle,  
Sri Lanka.
- Present Academic Rank:** Professor in Community Medicine, Department of Community  
Medicine, Faculty of medicine, University of Ruhuna, Sri Lanka.  
  
Adjunct Professor, Duke Global Health Institute, Duke  
University, USA.
- Medical Licensure:** General license to practice Medicine and Surgery in Sri Lanka  
was obtained from the Sri Lanka Medical Council in 2002.  
SLMC registration number is 17219.
- Specialty certification:** Board certified as a specialist in Community Medicine from Post  
Graduate Institute of Medicine, University of Colombo in 2008.
- Citizen of:** Sri Lanka.

## **Professional Training and Academic Career**

### **Teaching Hospitals Galle:**

2001 – 2002 work as an Intern Medical officer in Obstetrics and Medicine at Teaching Hospital Mahamodara and Teaching Hospital Karapitiya, Sri Lanka:

### **University of Ruhuna Sri Lanka:**

2002, joined as a Lecturer (Probationary) in the Department of Community Medicine, Faculty of Medicine, University of Ruhuna, Galle.

### **University of Colombo, Sri Lanka:**

2004 – 2005, obtained MSc Community Medicine from Post Graduate Institute of Medicine, University of Colombo. Thesis; Drug addicts and their behavior related to drug addiction among the institutionalized addicts of the Galle District.

### **University of Colombo, Sri Lanka:**

2005 – 2007, obtained MD Community Medicine from Post Graduate Institute of Medicine, University of Colombo. Thesis; Burnout and other occupational health problems of female Primary school teachers in the southern province of Sri Lanka.

### **Aberdeen University, UK:**

2008 – 2009, work as a Research Fellow, Epidemiology Group, School of Public Health, University of Aberdeen, UK.

### **University of Ruhuna, Sri Lanka:**

2008 Promoted to the grade of Senior Lecturer, Department of Community Medicine, University of Ruhuna, Galle.

### **Duke Global Health Institute, USA:**

2013 Appointed as Adjunct Professor, Duke Global Health Institute, Durham, USA.

### **University of Ruhuna, Sri Lanka:**

July 2015 Promoted to the grade of Professor, Department of Community medicine University of Ruhuna, Galle.

### **Other Appointments:**

Additional Medical Officer of Health, Bope-Poddala, Sri Lanka;	2002 to Dec 2014
Chief Medical Officer of Health, Bope-Poddala, Sri Lanka;	Dec. 2014 to date
Visiting Lecturer, Nursing School Galle, Sri Lanka:	2003 to date
Visiting Lecturer, Public Health Inspector training school Galle, Sri Lanka:	2003 to date
Member, Institutional Review Board, Faculty of medicine, University of Ruhuna, Sri Lanka:	2009 to date
Doctor, Special Olympics, Sri Lanka:	2006 – 2009
In-charge, Occupational Health Service and Research Centre, Faculty of Medicine, University of Ruhuna:	2007 to-date
In-charge, Rural Health Training Centre, District Hospital, Akuressa, Sri Lanka.	2009 to 2013
Visiting Lecturer, Allied Health degree programme, Faculty of Medicine, University of Ruhuna:	2010 to date
Member Board of study in Veneraology, Post Graduate Institute of Medicine, University of Colombo, Sri Lanka:	2010 – 2012
Member, Board of study in Community Medicine, Post Graduate Institute of Medicine, University of Colombo, Sri Lanka:	2011 to date

### **Articles in journals indexed in science citation expanded**

1. **De Silva PV**, El-Metwally A, Ernst E, Lewith G, Macfarlane GJ. Evidence for the efficacy of complementary and alternative medicines in the management of fibromyalgia: a systematic review *Rheumatology* 2010; 49(6): 1063-1068
2. **De Silva PV**, El-Metwally A, Ernst E, Lewith G, Macfarlane GJ. Evidence for the efficacy of complementary and alternative medicines in the management of osteoarthritis: a systematic review *Rheumatology* 2011; 50(5): 911-920
3. Macfarlane GJ, **De Silva PV**, Jones GT. The relationship between body mass index across the life course and knee pain in adulthood: results from the 1958 birth cohort study *Rheumatology* 2011; 50(12): 2251-2256
4. Macfarlane GJ, El-Metwally A, **De Silva PV**, Ernst E, Dowds GL, Moots RJ. Evidence for the efficacy of complementary and alternative medicines in the management of rheumatoid arthritis: a systematic review *Rheumatology* 2011 ;50(9):1672-83.

5. Lombardo SR, **De Silva PV**, Lipscomb HJ, Ostbye T. Musculoskeletal symptoms among female garment factory workers in Sri Lanka. *International Journal of occupational and environmental Health* 2012;18(3):210-219.
6. Malhotra R, Arambepola C, Tarun S, **De Silva PV**, Kishore J, Østbye T. Health issues of female foreign domestic workers: a systematic review of the scientific and gray literature. *International Journal of Occupational and Environmental Health*. 2013;19(4):261-277.
7. Noda M, Malhotra R, **De Silva PV**, Sapukotana P, De Silva A, Kirkorowicz JM, Allen J, Østbye T. Occupational risk factors to low back pain among divers of three-wheelers in Sri Lanka. *International Journal of Occupational and Environmental Health*. 2015;21(3):216-222.
8. **De Silva PV**, De Oliveira JS, Liyanage M, Østbye T. The assistant medical officer in Sri Lanka: mid-level health worker in decline. *Journal of Inter professional Care*. 2013;27(5): 432-433.
- 9 Catherine A. Staton, **Vijitha De Silva**, Elizabeth Krebs, Luciano Andrade, Stephen Rulisa, Badra Chandanie Mallawaarachchi, Kezhi Jin, Joao Ricardo Vissoci and Truls Østbye. High road utilizers surveys compared to police data for road traffic crash hotspot localization in Rwanda and Sri Lanka. *BMC Public Health*. 2016;16:53 DOI: 10.1186/s12889-015-2609-1.
- 10 Kayla Stankevitz, Ashley Schoenfisch, **Vijitha De Silva**, Hemajith Tharindra, Marissa Stroo & Truls Ostbye. Prevalence and risk factors of musculoskeletal disorders among Sri Lankan rubber tappers. *International Journal of Occupational and Environmental Health*. 2016: <http://dx.doi.org/10.1080/10773525.2016.1168073>.
11. Amila Chandrasirira, Arosha Dissanayake, **Vijitha De Silva**. Health promotion in workplaces as a strategy for modification of risk factors for Non Communicable Diseases (NCDs): A practical example from Sri Lanka. *WORK*. 2016;55:281-284.
12. Kayla Stankevitz, Catherine Staton, Ashley Schoenfisch, **Vijitha De Silva**, Hemajith Tharindra, Marissa Stroo & Truls Ostbye. Prevalence of occupational injury and its contributing factors among rubber tappers in Galle, Sri Lanka. *International Journal of Occupational and Environmental Health*. 2016. <http://dx.doi.org/10.1080/10773525.2016.1247026>