

## **Curriculum vitae**

Name : Dhammika Randula Palangasinghe  
Date of Birth : 24<sup>th</sup> October 1984  
Nationality : Sri Lankan  
Civil status : Married

### **Postal address**

Office : Department of Medicine, Faculty of Medicine, Galle, Sri Lanka  
Residence : 59 A, Kandewatte Road, Galle

### **Telephone**

Office : 091- 2234730-3, Extension - 249  
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Mobile : 0778513896  
Email : dhammika27@yahoo.com

## **Professional Qualifications**

### **Current post**

Consultant Physician, Teaching Hospital Karapitiya

Lecturer Department of Clinical Medicine, Faculty of Medicine, University of Ruhuna

### **Previous posts held**

Visiting physician for OPD and ETU at Base Hospital Balapitiya

Clinical fellow in Stroke, Geriatrics and Acute Medicine- Royal Hampshire Hospital, Winchester, United Kingdom

Specialized overseas training in Geriatrics and Stroke in Royal Hampshire Hospital, Winchester, UK

Senior registrar in medicine- University Medical Unit, Teaching Hospital Karapitiya

Registrar in Medicine-University medical unit, National Hospital Sri Lanka

Post intern medical officer in paediatric cardiology unit, Teaching Hospital Karapitiya

Senior house officer in surgery, Teaching Hospital Karapitiya

Intern medical officer in medicine in University Medical Unit, National Hospital Sri Lanka

Intern medical officer in surgery in National Hospital Sri Lanka

Educational Qualifications: MBBS (Ruhuna) 2009,  
MD (Colombo) 2016

Fields of specialization and interest : General Medicine  
Geriatrics, stroke, non – communicable disease and tropical  
medicine

### **Distinctions and Awards**

First Class in Final MBBS- Distinctions in Physiology, Microbiology, Pathology, Medicine, Surgery and Paediatrics

Second class (upper division) in third MBBS

Second class (upper division) in second MBBS

Four Gold medals for Medicine, Paediatrics, Best final year medical student and Best overall performance in the faculty of medicine in 2009

Gold medal for most outstanding final year medical student provided by RUMSA in 2009

Gold medal for anaesthesiology and ICU care (among all six medical faculties) awarded by College of Anaesthesiologists in 2010

### **Registered Professional Bodies**

Sri Lanka Medical Council

Sri Lanka Medical Association

General Medical Council

Ceylon College of Physicians

Sri Lanka College of Internal Medicine

Royal College of Physicians

## **Employment History**

### **Current working station**

Lecturer in Department of Clinical Medicine, Faculty of Medicine, University of Ruhuna

Consultant Physician, Teaching Hospital Karapitiya (from 15<sup>th</sup> of October 2019)

1<sup>st</sup> of July 2019- 14<sup>th</sup> of October 2019- Visiting Physician for out patients department and emergency unit in Base Hospital Balapitiya

June 2018- July 2019- Clinical Fellow in Stroke/Elderly Care and General Medicine in Royal Hampshire County Hospital, Winchester, United Kingdom

November 2016 to June 2018- Senior registrar in medicine, University Medical Unit, Teaching Hospital Karapitiya

2015 June to 2016 November- Short appointments in MD training

2014- Jan to 2015 June -Medical Registrar in University Medical Unit, National Hospital Sri Lanka

2012 August to 2013 December- Medical Officer in Paediatric Cardiology Unit- Teaching Hospital Karapitiya

2012 Feb to 2012 Aug- RHO in a General Surgical Unit- TH Karapitiya

2011 FEB to 2012 FEB- Intern medical officer in NHSL

2010 May to 2011 Feb: Demonstrator in Department of Medicine, University of Ruhuna

### **Procedural skills**

Competent in central venous catheterization (under USS guidance), endotracheal intubation

Competent in lumbar puncture, pleural fluid and peritoneal fluid aspiration

Competent in bedside diagnostic ultrasound scanning in relation emergency medical care

## Research and Publications

### Research articles

1. Clinical Characteristics, demographic details, complications, burden and outcome of patients with acute febrile illnesses in Southern Sri Lanka  
**D.R. Palangasinghe**, G.D. Kodithuwakku, N.J. Dahanayake, J.S. Hewavitharana, C.M. De Silva, A.G.T.A. Kariyawasam, O.A.R. Kularathna, K. K. Lakman Kodithuwakku  
Sri Lanka College of Internal Medicine 2019
2. Feasibility of GPS mapping of dengue fever patients admitted to medical wards of Teaching Hospital Karapitiya using Google maps with a smart phone or a tablet  
Hewavithana JS, **Palangasinghe DR**, Dahanayaka NJ  
Galle Medical Association annual sessions 2017
3. Survival of living donor renal transplantation : Experience of a single centre  
Weerakkody R.M, **Palangasinghe D.R**, Wijewickrama, E.S.  
25<sup>th</sup> Anniversary international scientific conference, Faculty of Medicine, University of Kelaniya- 2016
4. Early clinical experience with the new Amplatzer Ductal Occluder 11 for closure of the persistent arterial duct  
M P B Goonetilleke , U A Jayarathna, **D R Palangasinghe**, H A M Inthisar, N D Vithanage, P S Hettiarachchi, P M W Madanayake  
Sri Lanka Journal of Child Health, 2014; 43(4): 201-204
5. Assessment of age range where juvenile T inversion pattern in right precordial leads of an ECG changes to the adult upright T wave pattern  
M P B Goonetilleke , U A Jayarathna, **D R Palangasinghe**, P M W Madanayake, H A M Inthisar, P S Hettiarachchi, U K Egodage, A D Y Gayan, M D S A Dilrukshi, P K Rakshitha Rukmal  
Sri Lanka Journal of Child Health, 2013; 42: 205-208
6. An audit on the outcome of children referred to a paediatric cardiology unit with a previous echocardiographic diagnosis of mitral valve prolapse.  
M P B Goonetilleke , UA Jayarathna , PMW Madanayake , HAM Inthisar , **D R Palangasinghe**, PS Hettiarachchi, UK Egodag  
Sri Lanka Journal of Child Health, 2013; 42(3): 144-146
7. Outcome of children referred with a murmur to a paediatric cardiology unit in a developing country  
M P B Goonetilleke , U A Jayarathna , P M W Madanayake , H A M Inthisar, **D R Palangasinghe**, P S Hettiarachchi, U K Egodage, ADY Gayan  
Won the price for the best poster in 16<sup>th</sup> Annual Scientific Sessions of College of Paediatricians 2013

8. Outcome of patients who underwent staged repair for pulmonary atresia with ventricular septal defects and major aorto-pulmonary collateral arteries  
M P B Goonetilleke , Veldman G, U A Jayarathna , H A M Inthisar , **D R Palangasinghe** , P S Hettiarachchi, Gayan ADY  
SLMA foundation sessions jointly with Aunradhapura Clinical Society- Annual Scientific Sessions 2013
9. Predictors of positive CT brain among the patients following head injury with normal GCS on admission to Teaching Hospital Karapitiya  
Anuradha HKGR, **Palangasinghe DR**, Hettiarachchi M, Tayaalan V, Indika KMK, Charitha KG  
Galle Medical Journal Vol 17:No 2 Octobert 2012
10. Prognostic value of thrombolysis in myocardial infarction (TIMI) score in predicting the morbidity and mortality following acute coronary syndrome- An observational study  
Herath HMM, **Palangasinghe DR**, Prasad JD, Ruchiranga SKL, Singhapura SDAL  
Galle Medical Journal, Vol 15: No 1, September 2010
11. Prevalence of conventional cardiovascular risk factors in patients with acute coronary syndrome. An observational study  
Herath HMM, **Palangasinghe DR**, Prasad JD, Ruchiranga SKL, Singhapura SDAL  
Galle Medical Journal, Vol 15: No 1, September 2010

## Research currently being conducted

1. Descriptive study on demographic details, clinical characteristics, complications, burden and outcome of patients admitted with acute febrile illnesses to University Medical Unit in a tertiary care hospital in Southern Sri Lanka over a period of one year starting from 01/01/2020

## Authored Textbooks

1. Aid to Therapeutics  
Weerarathna TP and Palangasinghe DR  
ISBN 9789559884965  
Published in 2010
2. Aid to MD in Medicine  
Palangasinghe DR and Weerarathna TP  
ISBN 9789559884996  
Published in 2018

## Case reports

1. A case of melioidosis with multiple lung abscesses, intrahepatic cholestasis and hepatic encephalopathy  
**Palangasinghe DR**, Jayasekara S, Hewavithana J, Dahanayaka N, Bodinayake C  
Journal of Bacteriology and Mycology; Published April 26, 2017

2. Management of dengue fever with severe thrombocytopenia in a patient while on warfarin: A case report  
**Palangasinghe DR**, Dissanayake DMJS, Kanakkahewa TE, Lekamwasam S  
Austin Journal of tropical medicine and care; Published March 16, 2018
3. A young male with idiopathic intracranial hypertension with essential thrombocythaemia  
**Palangasinghe DR**, Kularathna OAR, Herath HMM, Pathirana KD  
Journal of Medicine and Therapeutics; Published on 31<sup>st</sup> of March, 2018
4. A mixed malaria and mycoplasma co-infection in a Sri Lankan patient: A case report  
**Palangasinghe DR**, Kodithuwakku G, Dahanayaka N, Dissanayake A, Yahathugoda C  
Journal of Bacteriology and Mycology, Published on February 28, 2018
5. An unusual cause of completely reversed complete heart block “Uncontrolled Hypothyroidism”  
De Silva CM, **Palangasinghe DR**, Singhapura SDAL, Dissanayake S  
Ref: Ms No. 16-249: Quality in Primary Care 08<sup>th</sup> Mar 2018
6. Craniopharyngioma with intratumoral bleeding coexisting with cerebral venous sinus thrombosis in a young female; a case report  
Kularathna OAR, **Palangasinghe DR**, Pathirana KD, Herath HMM  
MOJ Women’s Health Volume 7 Issue 2; March 01<sup>st</sup> 2018
7. Resolution of severe left ventricular dysfunction and development of pulmonary hypertension with change of thyroid function from hypothyroidism to hyperthyroidism in a patient with thyrotoxicosis: A case report  
**Palangasinghe DR**, Kularathna OAR, Herath HMM  
Austin Journal of Clinical Case Reports published on March 18 2018
8. A fatal outcome due to pulmonary hemorrhage following Russell’s viper bite;  
**Dharmika R. Palangasinghe**, Ranga M. Weerakkody, Chamila G. Dalpatadu, Christeine A. Gnanathan  
Saudi Med J. 2015 May; 36(5): 634–637
9. Endocarditis of a Native Cardiac Valve due to Salmonella typhi- A Case Report  
**Palangasinghe DR**, Weeratunga P, Wijeyaratne A, and Jayasinghe S  
La Prensa Medica Argentina Oct 2015
10. Dengue fever in a liver transplanted patient; a case report  
Weerakkody RM1, **Palangasinghe DR**, Dalpatadu KP, Rankothkumbura JP, Cassim MR, Karunanayake P  
J Med Case Rep. 2014 Nov 21;8:378. doi: 10.1186/1752-1947-8-378.
11. A patient with neuropsychiatric manifestations and thyrotoxicosis in a background of lithium toxicity  
Arambewela MH, **Palangasinghe DR**, Katulanda P  
Journal of thyroid disorders and therapy- July 2015

12. Primary nocardial brain abscess in a renal transplant patient  
Ranga Migara Weerakkody, **Dhammika Randula Palangasinghe**, Saman Wadanambi, and Eranga Sanjeewa Wijewickrama  
BMC research notes- Nov. 2015, Published online 2015 Nov 23.
13. Polycythemia vera with a normal haematocrit at presentation  
YW Wickramasinghe, **DR Palangasinghe**, E Wijewickrama, LV Gooneratne  
The Sri Lanka Journal of Haematology; Volume 6 December 2014
14. Severe anemia and multiple ecchymoses in a postpartum female due to acquired haemophilia  
**Palangasinghe DR**, Gamage VNU, Bodinayake CK, Mohotti MGM  
Galle Medical Journal Vol 22: No.1 March 2017
15. Massive pericardial effusion in a patient during the recovery phase of dengue haemorrhagic fever  
**Palangasinghe DR**, Samaranyake MD, Weerarathna TP  
Galle Medical Journal- Vol 22: No 2, September 2017
16. Dengue fever in a kidney transplant recipient with complicated clinical course: a case report  
Ranga Migara Weerakkody, **Dhammika Randula Palangasinghe**, Eranga Sanjeewa Wijewickrama  
BMC: Journal of Medical Case Reports-September 2018
17. Differentiating scrub typhus meningoencephalitis from tuberculous meningitis: Two case reports and a review  
De Silva CM, Fonseka CL, Nanayakkara SD, Singhapura SDAL, **Palangasinghe DR**, Hewavithana JS, Pathirana KD, Bodinayake CK  
Galle Medical Journal Vol 23: NO:1, March 2018
18. An unusual cause for periodic limb paralysis: Gitelman syndrome  
Jayasekara JMS, **Palangasinghe DR**, Bodinayake CK
19. Critical limb ischaemia due to thrombosis of the right subclavian artery; a rare presentation of nephrotic syndrome  
Jayasekara JMS, **Palangasinghe DR**, Hewavithana JS, Dahanayake NJ
20. Bilateral Sensorineural Deafness in a Young Pregnant Female Presenting with fever: A Rare Complication of a Reemerging Disease-Spotted Fever Group Rickettsioses  
A.G.T.A Kariyawasam, **D.R. Palangasinghe**, C.L. Fonseka, P.U.T. De Silva, T.E. Kanakkahewa, N.J. Dahanayake

### Oral presentations

1. Sri Lanka Medical Association Monthly Clinical Meeting May 2017- Death dying and dignity; The role of the doctor

2. Acquired coagulation disorders; Physician Perspective- presented in Young Physicians Forum 2017

## Teaching Experience

Lecturer in Department of Medicine, Faculty of Medicine, University of Ruhuna – for final year medical students in Faculty of Medicine, registrars and senior registrars in University Medical Unit, Teaching Hospital Karapitiya

As a clinical fellow in Geriatrics and Stroke in Royal Hampshire Hospital- to medical students in the UK,

As a senior registrar in medicine- to medical registrars and final year medical students, house officers and registrars in University Medical Unit, Teaching Hospital Karapitiya

As a medical registrar- to final year medical students and house officers

As a demonstrator in Department of Medicine, University of Ruhuna during one year period- to medical undergraduates in University of Ruhuna

As a medical registrar since Jan 2014- for final year medical students

## Extracurricular activities

Championship Southern Province Government Servant's Badminton Tournament 2017

Two Championships and three runners up awards in Inter-Faculty Badminton Games

University colors for best badminton player of the year in 2008

Member of basketball team who won the inter-batch basketball trophy in 2007

Represented University Badminton Team for 6 times during Sri Lanka University Games

Represented College in Inter-school badminton games and Junior National Badminton Games

## Referees

Name	Address	Occupation	Contact No
Professor Champika Bodinayake MBBS, MD, MRCP	Department of Medicine, Faculty of Medicine, University of Ruhuna	Consultant Physician Head of the Department of Clinical Medicine, University of Ruhuna	0773557844
Professor Thilak Weeraratne MBBS, MD	Department of Medicine, Faculty of Medicine, University of Ruhuna	Consultant Physician, Department of Clinical Medicine, University of Ruhuna	0777943803



