



Dr. Menaka Thilakarathna. MBBS (Peradeniya), MD (Colombo)

Lecturer, Department of Physiology

Senior Registrar in Respiratory Medicine

Faculty of Medicine

University of Ruhuna

PERSONAL INFORMATION

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GMC Registration number – 7967147

SLMC Registration number - 31960

QULIFICATIONS (PRIMARY AND POSTGRAGUATE)

QUALIFICATION	NAME OF THE UNIVERSITY	COUNTRY OF QUALIFICATION	YEAR OBTAINED
MBBS	Faculty of medicine, University of Peradeniya	Sri Lanka	2013
MD (Medicine)	Postgraduate Institute of Medicine, University of Colombo	Sri Lanka	2019
MRCP part 1		United Kingdom	2020
MRCP part 2		United Kingdom	2021
European diploma in adult respiratory medicine	European Respiratory Society		2021

RELEVANT TRAINING COURSES ATTENDED

COURSE TITLE	Training provider	Year
European Resuscitation Council - Advanced life support course	European Resuscitation Council	2021
Post MD training in Respiratory Medicine	Post Graduate Institute of Medicine, University of Colombo, Sri Lanka	2021
Lung Ultrasound Scanning	Ceylon College of Physicians	2020
Professionalism and clinical ethics	Post Graduate Institute of Medicine, University of Colombo, Sri Lanka	2019
MD Medicine	Post Graduate Institute of Medicine, University of Colombo, Sri Lanka	2019
Tan Tock Seng Hospital Primer Programme for Sri Lankan Doctors	Tan Tock Seng Hospital - Singapore	2016

OVERALL PRACTISING HISTORY

POSITION	TIME PERIOD
Senior registrar in respirator medicine – National Hospital of Sri Lanka	15 th November 2019 to 15 th November 2021
Registrar in internal medicine - National Hospital of Sri Lanka	1 st January 2017 to 14 th November 2019
Medical officer – Accident and Emergency Service – Teaching Hospital Ratnapura	16 th June 2015 to 31 st December 2016
Resident house officer in Oncology - Teaching Hospital Ratnapura	02 nd of December 2014 to 15 th of June 2015
Internship in general surgery -Teaching Hospital Ratnapura	02 nd of June 2014 to 1 st of December 2014
Internship in internal medicine -Teaching Hospital Ratnapura	02 nd of December 2013 to 1 st of June 2014

MEMBERSHIPS

Sri Lanka College of Pulmonologists
European Respiratory Society
Asia Pacific Society of Respiriology

PRACTICAL SKILLS AND COMPETANCY

Fiberoptic bronchoscopy, bronchoalveolar lavage and biopsy
Medical thoracoscopy
Endobronchial ultrasound (EBUS)
Pleural aspiration
Seldinger chest drain insertion
Bed side lung ultrasound scans
Noninvasive ventilation
High flow nasal oxygen therapy

RESEARCH AND PUBLICATIONS

PUBLICATIONS IN JOURNALS

1. **Menaka Thilakarathna**, Sasanka Wijayawardhane, Aflah Sadikeen, Amitha Fernando. Tuberculosis mimicking a testicular tumor. International Journal of Case Reports, 2020; 4:178. DOI: 10.28933/ijcr-2020-10-3005
2. **Menaka Thilakarathna**, Sasanka Wijayawardhane, Aflah Sadikeen, Amitha Fernando. Unexplained harmony; tuberculosis and sarcoidosis. International Journal of Case Reports, 2020; 4:177. DOI: 10.28933/ijcr-2020-10-3007
3. **Thilakrathna M.** Chylothorax; An uncommon presentation of a common disease. Open J Clin Med Case Rep. 2020; 1703.
4. Sugeesha Wickramasinghe, **Menaka Thilakarathna**, Sasanka Wijayawardhane, Aflah Sadikeen, Amitha Fernando. Unilateral hypoplastic lung complicated with pulmonary tuberculosis – A rare association. Respiriology, 2021;26:246-247. https://doi.org/10.1111/resp.14150_414

5. Sugeesha Wickramasinghe, **Menaka Thilakarathna**, Sasanka Wijayawardhane, Roshana Constantine, Aflah Sadikeen, Amitha Fernando. Persistent cough in a diabetic due to invasive aspergillosis – A case report. Persistent cough in a diabetic due to invasive aspergillosis – A case report. *Respirology*, 2021;26:213. https://doi.org/10.1111/resp.14150_341
6. **Menaka Thilakarathna**, Sasanka Wijayawardhane, Aflah Sadikeen, Amitha Fernando. Organizing pneumonia in a post-partum mother; a rare presentation of SLE. *Respirology*, 2021;26:498. https://doi.org/10.1111/resp.14150_1022
7. Sasanka Wijayawardhane, **Menaka Thilakarathna**, Amitha Fernando, Aflah Sadikeen, Ramani Punchihewa. A young lady with bones in the lungs –A case of diffuse pulmonary fibro ossification complicated with fungal infection. *Respirology*, 2021;26:203-204. https://doi.org/10.1111/resp.14150_321
8. **Menaka Thilakarathna**, Sampath Liyanage, Heshini De Silva, Harshana Bandara, Saman Kularatne. Acute digital ischemia; a rare paraneoplastic syndrome of squamous cell lung carcinoma. *Respire journal*. 2021

POSTER PESENTATAIONS

1. **Thilakarathna M**, Wijayawardhane GDST, Sadikeen A, Fernando EAC. Tuberculosis and superior vena cava syndrome. Poster presentation, 43rd annual academic sessions, Kandy Society of Medicine, Sri Lanka; 2021
2. **Thilakarathna M**, Wijayawardhane GDST, Sadikeen A, Fernando EAC. Usual interstitial pneumonia, HIV and a cardiac thrombus; a critical combination. Poster presentation, 43rd annual academic sessions, Kandy Society of Medicine, Sri Lanka; 2021
3. **Thilakarathna M**, Wijayawardhane GDST, Sadikeen A, Fernando EAC. Breast cancer with ipsilateral axillary tuberculous lymphadenitis. Abstract. Tuberculosis assembly of Asia Pacific Society of Respirology virtual congress; 2020

4. Wijayawardhane GDST, **Thilakarathna M**, Sadikeen A, Fernando EAC. An elderly lady with severe pneumonia- a case of interstitial pneumonia with autoimmune features. Abstract. ILD assembly of Asia Pacific Society of Respiriology virtual congress 2020
5. **Thilakarathna VWM**, Jayasekara R, Dassanayake L, Rathnayake M, Fernando EAC. endless distress of ARDS. Poster presentation, Respire 12; 2021
6. **Thilakarathna VWM**, Sadikeen A, Fernando E.A.C. Post PCI pulmonary hemorrhage - a rare complication of antiplatelet drugs. Poster presentation, Respire 12; 2021
7. **Thilakarathna M**, Wijayawardhane GDST, Sadikeen A, Fernando EAC. Sarcoidosis, avascular necrosis of bilateral femoral heads and invasive pulmonary aspergillosis; a complex union. Poster presentation, Respire 12; 2021
8. **Thilakarathna VWM**, Liyanage HS, De Silva H, Bandara H, Kularatne WNS. COVID-19 and bleeding; an unexpected side effect of tocilizumab. Poster presentation, Respire 12; 2021

RESEARCH

1. Thilakarathna, Menaka. (2020), Awareness of Long-Term Prednisolone Use Among Patients Attending a Respiratory Clinic in Sri Lanka: A Clinical Audit. In: Journal of Health and Medical Sciences, Vol.3, No.4, 550-555.

SUBJECT INTERESTS

Respiratory physiology, Sleep related breathing disorders, Noninvasive ventilation, Cardiopulmonary exercise testing (CPET) , Pulmonary rehabilitation