

Yashangi Anjana Wagaarachchige

MBBS/MD Anaesthesia and Intensive care



CAREER OBJECTIVE

To work as a competent and confident anaesthesiologist to whom the wellbeing of the patient is the top most priority and also to become a physiologist who explore the far corners in human physiology. Look forward to cherish my passion in teaching and carrier building to shape the next generations of my country for a better future.

PERSONAL DATA

Date of birth : 28th April, 1986

Nationality : Sri Lankan

Background : Married in December 2014

Mother of two children.

Buddhist

Address. : Official : Senior Clinical Fellow in Critical Care

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PRESENT POST

Senior clinical fellow in Critical Care, University Hospital of Wales, Cardiff

ACADEMIC QUALIFICATIONS

- ❖ MD Anaesthesiology part II (August 2019), University of Colombo, Sri Lanka
 - ❖ MD Anaesthesiology Part 1B (August 2016), University of Colombo, Sri Lanka
 - ❖ MD Anaesthesiology Part 1A (November 2015), University of Colombo, Sri Lanka
 - ❖ Bachelor of Medicine Bachelor of Surgery – MBBS (February 2012), Faculty of Medicine, University of Ruhuna, Sri Lanka (2nd Lower grade)
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MEMBERSHIP OF PROFESSIONAL BODIES:

- ❖ Sri Lanka Medical Council
Reg No 30381
 - ❖ General Medical Council UK
Ref No 7900842
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TEACHING EXPERIENCE

Formal and informal teaching sessions were conducted for medical students, medical officers, PG colleagues and nursing officers.

A resource person in conducting ALS and BLS programmes to medical students, nurses and medical officers.

A health education program was conducted to educate the pregnant women on epidural analgesia.

SEQ discussions were conducted to the pre-MD trainees and diploma trainees.

Number of presentations were done at journal clubs, tutorials for post graduate trainees and in morbidity and mortality meetings.

Main topics discussed were:

Importance of peri-operative temperature management

Management of difficult airway

Laser and anaesthesia

Perioperative cardiac assessment for non-cardiac surgery

Obesity and anaesthesia

Positioning during anaesthesia

Critical appraisal on Blood, plasma and platelet transfusion in trauma patients

Anaesthesia for cerebral aneurysm repair

Subarachnoid haemorrhage and management

Weaning from ventilator

Lung protective ventilation

Paediatric ENT emergencies

Collapsed mother

IV paracetamol and poisoning

Acute epiglottitis and anaesthesia
Paediatric foreign body aspiration and anaesthesia
Post tonsilectomy bleeding
CABG
Preoperative assessment for cardiothoracic surgery
Principle of cardiopulmonary bypass
Non-invasive cardiac output monitoring
Rhabdomyolysis
Sepsis definitions
Labour epidurals (For patients)
AAA repair anaesthesia case discussion
Endotracheal suctioning
Chronic pancreatitis pain management
Perioperative antihypertensives
Acute pancreatitis
Pain
Cranial nerve examination and higher functions
Respiratory mechanics
Respiratory failure

ACADEMIC EVENT PARTICIPATIONS

- ❖ Ultrasound workshop on trauma April 2021
- ❖ Post congress workshop on mechanical ventilation January 2021
- ❖ Post congress CEPD in Obstetric Anaesthesia Analgesia & Critical Care January 2021
- ❖ Post congress workshop on Journey of human errors January 2021
- ❖ Participated in 37th Annual Academic Congress 2021, College of Anaesthesiologists and Intensivists of Sri Lanka – January 2021
- ❖ Participated in Annual Academic Congress 2020 with symposium on CRRT, Sri Lanka society of nephrology– January 2021
- ❖ Participated in 2 day ERC ALS provider course September 2020
- ❖ Participated in 36th Annual Academic Congress 2020, College of Anaesthesiologists and Intensivists of Sri Lanka – January 2020
- ❖ Participated in pre-congress workshop on Anaesthesia Crisis Resource Management January 2020
- ❖ Participated in pre-congress workshop on Mechanical ventilation – January 2020
- ❖ Professionalism workshop conducted by PGIM – March 2019
- ❖ 35th Annual academic sessions of college of Anaesthesiologists Sri Lanka 2019
- ❖ Ultrasound guided nerve blocks pre congress workshop – Jan 2019
- ❖ Advanced Paediatric life support 3-day workshop conducted by College of

pediatricians Sri Lanka – July 2018

- ❖ Participated to “National Trauma Management Course” by International association for Trauma Surgery and Intensive care – February 2018
- ❖ Participated in 34th Annual Academic Congress 2018, College of Anaesthesiologists and Intensivists of Sri Lanka – January 2018
- ❖ Attended to one day “Advanced Airway Management’ workshop of 34th Annual Academic Congress 2018, College of Anaesthesiologists and Intensivists of Sri Lanka – January 2018
- ❖ Attended to two day “WINFOCUS Ultrasound Life Support course” of pre-congress workshops of 34th Annual Academic Congress 2018, College of Anaesthesiologists and Intensivists of Sri Lanka – January 2018
- ❖ Participated to “Workshop on Transport of Critically ill Patient” – October 2017
- ❖ Attended to “Adult ultrasound trauma life support course” held at world academic congress of Emergency Medicine – October 2017
- ❖ Participated in “Basic Assessment and Support in Intensive Care (BASIC) provider 2-day course – September 2017
- ❖ Participated in critical care medicine “Annual scientific sessions” – July 2017
- ❖ Haemodynamic monitoring workshop – June 2017
- ❖ One day “Symposium on Management Of Pain” in 12th SAARC AA Conference and 33rd Annual Academic Congress 2017
- ❖ One day “Airway Workshop” in 12th SAARC AA Conference and 33rd Annual Academic Congress 2017
- ❖ Participated in 12th SAARC AA Conference and 33rd Annual Academic Congress 2017
- ❖ Participated in “Advanced Life Support course” – May 2017
- ❖ Participated in “Workshop on Ventilation”- May 2017
- ❖ One day workshop on “Primary Trauma Care Management” – November 2016

RESEARCH

- ❖ A research on assessment of knowledge and practice of critical care health workers on ICU delirium

Aim is to identify the gaps in knowledge and practice of critical care health care workers about ICU delirium

ABSTRACTS

- ❖ Mycotic aneurysm in Melioidosis – A case report in conjunction with Sri Lanka College of Microbiologists (Not yet published)
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