

## **CURRICULUM VITAE - Dr. J.P. M. Kumarasinghe**

**NAME** : Jagath Prasanna Mendis Kumarasinghe

**ADDRESS** : **Official**

1. Department of Surgery  
Faculty of Medicine,  
Karapitiya, Galle, Sri Lanka  
Tel : 94 9 34801, 94 9 34803  
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2. University Surgical Unit  
Teaching Hospital,  
Karapitiya, Galle,  
Sri Lanka.  
Tel : 94 9 32250, 94 9 32251

**Residential**

No. 309/1, Morris R,  
Labuduwa,  
Galle, Sri Lanka.  
Tel : 94 2226052  
94 773569297

**DATE OF BIRTH:** 19<sup>th</sup> November 1965

**SEX** : Male

**AGE** : 54 years

**NATIONALITY** : Sri Lankan

**MARRITAL STATUS:** Married

**SCHOOL EDUACTION:** 1970 - 1982  
Dharmashoka College, Ambalngoda, Sri Lanka

***G.C.E.(O/Level) December 1979***

Second Language (English)	Distinction
Social Studies	Distinction
Prevocational Studies	Distinction
Mathematics	Distinction
Science	Distinction
Religion (Buddhism)	Distinction
First Language (Sinhala)	Credit
Health Science	Credit

***G.C.E. (A/Level) August 1982***

Zoology	B
Chemistry	B
Botany	B
Physics	B

**MEDICAL EDUCATION**

Faculty of Medicine, University of Ruhuna, Karapitiya, Galle, Sri Lanka

1985	Second MBBS	Anatomy Physiology – Distinction Biochemistry	}	2 <sup>nd</sup> Class Honors
1990	Third MBBS	Microbiology – Distinction Parasitology Pharmacology Forensic Medicine Community Medicine Pathology	}	2 <sup>nd</sup> Class Honors
1991	Final MBBS	Surgery Medicine Paediatrics Obstertrics & Gynaecology	}	2 <sup>nd</sup> Class Honors

Interruption in Medical Education due to closure of all universities in Sri Lanka during civil unrest from 1987 to 1990

**REGISTRATION**

Full registration in Sri Lanka Medical Council 1993. Reg.No. 10214

**PROFESSIONAL QUALIFICATIONS**

Gradated	:	MBBS (Sri Lanka)	1991
Post graduated	:	MS (Colombo)	1999

**PRESENT POST**

**27.11.2011 to date** – Consultant General Surgeon /Senior Lecturer Grade I in Surgery,  
University Surgical Unit, Teaching Hospital, Karapitiya, Galle, Sri Lanka.

## **PREVIOUS APPOINTMENTS**

1. Senior Lecturer Grade II in Surgery - 20<sup>th</sup> August 2001 to 27<sup>th</sup> November 2011  
Faculty of Medicine  
Karapitiya, Galle, Sri Lanka
2. Lecturer in Surgery - 01<sup>st</sup> June 1993 to 20<sup>th</sup> August 2001  
Faculty of Medicine  
Karapitiya, Galle, Sri Lanka
3. SHO Surgery 1<sup>st</sup> November 2000 to 31<sup>st</sup> October 2001  
Musgrave Park Hospital, Taughton, Somerset
4. Senior Registrar in Surgery  
University Surgical Unit  
Teaching Hospital Karapitiya, Galle, Sri Lanka  
October 1999 to November 2000
5. 16<sup>th</sup> October 1998 – 30<sup>th</sup> September 1999  
12 months  
Registrar – General Surgery  
University Surgical Unit,  
Teaching Hospital, Karapitiya,  
Galle, Sri Lanka  
Dr.M.M.M.J. Kumara MS, FRCS  
Dr.Ranil Fernando MS, FRCS
6. 16<sup>th</sup> August 1998 – 15<sup>th</sup> October 1998  
2 months  
Registrar – Paediatric Surgery  
Lady Ridgeway Hospital, Colombo,  
Sri Lanka  
Dr. R. Dias MS, FRCS
7. 16<sup>th</sup> June 1998 – 15<sup>th</sup> August 1998  
2 months  
Registrar - Cancer Surgery  
Cancer Institute, Maharagama, Sri Lanka  
Dr. Mrs. I. Amarasinghe MS, FRCS
8. 16<sup>th</sup> May 1998 – 15<sup>th</sup> June 1998  
1 month  
Registrar – ICU  
Recovery Unit,  
National Hospital of Sri Lanka (NHSL)

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|   | Colombo, Sri Lanka<br>Dr.Mrs. D. Attygalle FFARCS  |
| 9. 16 <sup>th</sup> April 1998 – 15 <sup>th</sup> May 1998<br>1 month<br><br>UROL | Registrara – Genito Urinary Surgery<br>NHSL, Colombo, Sri Lanka<br>Dr.Neville Perera MS, FRCS, FRCS, Dip.  |
| 10. 16 <sup>th</sup> October 1997 – 15 <sup>th</sup> April 1998<br>6 months       | Registrar – General Surgery<br>NHSL, Colombo, Sri Lanka.<br>Dr.P.G.Veerasingam FRCS  |
| 11. 16 <sup>th</sup> April 1997 – 15 <sup>th</sup> October 1997<br>6 months       | Registrar – Orthopaedic Surgry<br>NHSL, Colombo, Sri Lanka<br>Dr.M.N.Pinto MS, FRCS  |
| 12. 16 <sup>th</sup> March 1997 – 15 <sup>th</sup> April 1997<br>1 month          | Registrar,<br>Accident and Emergency Department<br>NHSL, Colombo, Sri Lanka<br>Dr.M.N.Burhan FRCS  |
| 13. 16 <sup>th</sup> December 1996 – 15 <sup>th</sup> March 1997<br>3 months      | Registrar – Neurosurgery<br>NHSL, Colombo, Sri Lanka<br>Dr.Sunil Perera MS,FRCS,FRCS   |
| 14. 16 <sup>th</sup> October 1996 – 15 <sup>th</sup> December 1996<br>2 months    | Registrar – Cardiothoracic Surgery<br>NHSL, Colombo, Sri Lanka<br>Dr.P.N.Rajapaksha MS,FRCS  |
| 15. 16 <sup>th</sup> October 1995 – 15 <sup>th</sup> October 1996<br>12 months    | Registrar – General Surgery<br>University Surgical Unit,<br>Teaching Hospital, Karapitiya,<br>Galle, Sri Lanka<br>Prof. Neil Fonseka FRCS,FRCS,FRCOG |
| 16. 1 <sup>st</sup> June 1993 – 15 <sup>th</sup> October 1995<br>27 ½ months      | SHO, General Surgery<br>University Surgical Unit,<br>Teaching Hospital, Karapitiya,<br>Galle, Sri Lanka<br>Prof. Neil Fonseka FRCS,FRCS,FRCOG        |
| 17. 15 <sup>th</sup> March 1993 – 1 <sup>st</sup> June 1993<br>2 ½ months         | SHO, Orthopaedics<br>Teaching Hospital Karapitiya,<br>Galle,Sri Lanka<br>Dr. S.Handalage MS,FRCS   |

## 18. INTERNSHIP

15 <sup>th</sup> September 1992- 14 <sup>th</sup> March 1993 6 months	House Officer – Medicine Teaching Hospital, Karapitiya, Galle, Sri Lanka Dr. M.S.G.De Silva MD, MRCP
15 <sup>th</sup> March 1992-14 <sup>th</sup> September 1992	House Officer – Surgery University Surgical Unit, Teaching Hospital, Karapitiya, Galle, Sri Lanka Prof. Neil Fonseka FRCS,FRCS,FRCOG

General Surgery	HO	6 months
	SHO	28 months
	Registrar	30 months
Orthopaedic Surgery	SHO	2 ½ months
	Registrar	6 months
Neuro Surgery	Registrar	3 months
Cardiothoracic Surgery	Registrar	2 months
Paediatric Surgery	Registrar	2 months
Cancer Surgery	Registrar	2 months
Urology	Registrar	1 month
ICU	Registrar	1 month
A & E Surgery	Registrar	1 month

## 19. EXPERIENCE

Considerable experience in all aspects of surgery was gained during 7 years. This includes both routine and emergency surgery as well as management of trauma.

Special interests are gastroenterology, upper GI Endoscopy, surgery of breast and thyroid.

I am presently holding the post of Senior Lecturer Grade II in the University Surgical Unit of the Teaching Hospital, Karapitiya, Galle. Teaching Hospital Galle is the main referral center for the Southern Province of Sri Lanka. University Surgical Unit has 80 beds 900 admissions per month. The unit consists of two Consultants, two Registrars, two SHOs and four HOs. This unit deals with a wide variety of patients, both routine and emergency. Initial management of trauma patients is part of the work load. My duties include doing a major surgical list and a clinic on my own as well as assisting / performing operation in the consultant's (routine and emergency). I am responsible for the initial management of all emergency and trauma patients.

### ***Endocrine Surgery***

I have performed Thyroidectomies (subtotal, total, lobectomy), Parathyroid Surgeries and Adrenalectomies.

### ***Breast Surgery***

I have performed Mastectomies. I have involved with the management of patients with benign breast disease.

### ***Gastroenterology***

Experience involve both acute and routine surgery. This also includes trauma. I have performed Cholecystectomies, Small Bowel Resections and Anastomoses, Hemicolectomies, Anterior Resections and Abdomino Perineal Resections. I have regularly done Upper GI Endoscopy list week during all general surgical appointments. I have performed Oesophagectomy (trans hiatal and Ivor – Lewis), Gastrectomies, CBD explorations, Pancreatico – duodenectomies, Pancreatico-jejunostomies and Total Colectomies.

### ***Urology***

I have done Cystoscopies, Pyelolithotomies, Uterolithotomies, Vesicolithotomies, Orchidopexies, Herniotomies in Children. I have seen large number of TURPs and TURBTs.

### ***Vascular Surgery***

I have assisted embolectomies. I have done SF ligation and stripping's, lower limb amputations  
( AK / BK/ distal)

### ***Paediatric Surgery***

I have assisted repair of cleft lips and palats, repair of diaphragmatic hernia, pyloromyotomies, pyeloplasties, repair for hypospadias and bowel resections for malrotation, intussusceptions, meconium ileus. I have done herniotomies and ligation of patent processus vaginalis for hydrocoeles.

### ***Cancer Surgery***

I have assisted total glossectomies, hemimandibulectomies, cervical block dissections, mastectomies, oesophagectomies and reconstructions with flaps (local, distal and free). I have done mastectomies and cervical block dissections on my own.

### ***Orthopaedic Surgery***

I obtained valuable experience in dealing with acute problems both in ward and in the Department of A & E. in addition to pre operative and post operative management of patients, I have performed Internal Fixations of forearm, femur and tibia. I have assisted in total hip replacements, hemiarthroplasties, spinal fusions and laminectomies.

### ***A & E Surgery***

I obtained wide experience in dealing with acute trauma patients including manipulation under anaesthesia, reduction of dislocated shoulder, elbow and hip joint, tendon repairs, and laparotomies for visceral injury.

### ***Neuro Surgery***

I have assisted in removal of brain tumors and meningioma's, clipping of aneurisms, laminectomies, discectomies and cervical fusions. I have performed evacuation of extra dural, subdural (acute & chronic) and intracerebral haemorrhages, aspiration of abscesses and insertion of VP shunts.

## **20. RESEARCH, PUBLICATIONS AND PRESENTATIONS**

1. A patient with mesenteric lymphangioma.

Kumarasinghe JPM, Seneviratne RW, Kumara MMAJ. Galle Medical Journal, September 2005.

2. Learning a technical skill - Some useful concepts. Kumara MMAJ, Kumarasinghe JPM, Seneviratne RW, Galle Medical Journal, September 2005.

This paper summarizes key concepts concerning acquisition and mastering of technical skills.

3. Bowel endometriosis: A case report,

Ajith Lamaheewage, JPM Kumarasinghe, NG Ranawaka, Galle Medical Journal vol. 12(1), Sep. 2007

4. Comparison of Quality of Life of patients with Hydrocele and Quality of Life of Patients with Inguinal Hernia. Seneviratne RW, Kumara MMAJ, Abeywickrama R, Kumarasinghe JPM, Somasiri KG, De Silva PV .European Journal of Preventive Medicine.2015;3(2-1):47-49.
5. A Use of New Questionnaire Based Tool for Evaluation of Medical Student's Satisfaction Regarding their Final Professorial Surgical Appointment at Faculty of Medicine, University of Ruhuna, Sri Lanka. Kumara MMAJ, Seneviratne RW, Abeywickrama R, KumarasingheJPM, De Silva PV. European Journal of Preventive Medicine.2015;3(2-1): 50-53.
6. Study on value of eFAST performed by non-radiologist emergency care doctors in Management of Trauma at Emergency Trauma Centre, Teaching Hospital, Karapitiya, Galle, Sri Lanka. Seneviratne RW, Kumara MMAJ, Kumarasinghe JPM, Abewickrama R, Jayasekara K, Abewickrama A, De Silva PV .Anuradapura Medical Journal,2015,(9)1
7. Can the operating time be reduced by use of magnification in Total Thyroidectomy? A preliminary Study. Seneviratne RW, Kumara MMAJ, Kumarasinghe JPM, Abewickrama R, De Silva PV Journal of the Ruhunu Clinical Society,vol20 ,No1 ,December 2015.
8. Prevalence of Hypocalcaemia among normothyroid patients with multinodular goitres undergoing total thyroidectomy at professorial surgical unit, Teaching Hospital, Karapitiya. Seneviratne RW, Kumara MMAJ, Abeywickrama RP, Kumarasinghe JPM, Hapuarachchi, UI, De Silva PV. Approved for publication by the Editor.
9. Damage Control in Surgery-An Expanding Concept, Asian Journal of Medicine and Health1(1): 1-8, 2016, Article no. AJMAH.28588

Seneviratne RW, Kumara MMAJ, Abeywickrama RP, Kumarasinghe JPM, Hapuarachchi UI;

10. Prevalence of Incidental Thyroid Carcinoma among Total Thyroidectomies performed by PSU-UOR in Multinodular goiters; How Accurate is the Diagnosis and how rational is the treatment? Seneviratne RW, Kumara MMAJ, Abeywickrama RP, Kumarasinghe JPM, De Silva PV, Anuradhapura Medical Journal. Vol. 12(1), Pp. 17, 2018.
11. Improving the Speed of surgical operations with loupe magnification-the theory behind. MMAJ Kumara, R Abeywickrama, RW Seneviratne, JPM Kumarasinha (accepted for publication by Anuradapura medical Journal; letter of acceptance attached)
12. Satisfaction and Perception of Effectiveness among elective medical students from developed countries at Department of Surgery, Faculty of medicine, University of



Ruhuna-An Audit. RP Abeywickrama, JPM Kumarasingha, RW Seneviratne, PV De Silva. (Forwarded to Galle Medical Journal)

## **21. PUBLISHED IN ABSTRACT FORM**

1. Incidence of hurthle cell carcinoma of the thyroid: Single unit experience.  
PYAAN Kumarasinghe, MAM Kulasinghe, S. Madanayake, MMAJ Kumara, JPM Kumarasinghe  
August 2017 Vol. 35. Issue sup. S1 – Quarterly, ISSN 1391 - 491 X
2. Voice quality of the patients after the total thyroidectomy at professorial surgical unit, Teaching Hospital, Karapitiya (THK) .  
Abeywickrama RP, Kumarasinghe JPM, Kumara MMAJ, Seneviratne RW, De Silva PV.  
Ruhuna Clinical Society Annual Academic Sessions 2019

## **22. RECOGNIZED PUBLISHER (Books)**

1. Aid to multiple choice questions in surgery, Kumara MMAJ and Others/ed. Seneviratne RW ISBN978-955-4851-07-8 / 9 789554 85107 - *I have written 02 of the 20 chapters*
2. Aid to single best answer questions in surgery, Kumara MMAJ and Others/ed. Seneviratne RW ISBN978-955-4851-08-5 - *I have written 02 of the 20 chapters*
3. Question based learning objectives in surgery, Kumara MMAJ and Others/ed. Seneviratne RW ISBN978-955-4851-09-2 / 9 789554 851092 - *I have written 16 of the 83 mini chapters.*
4. Clinical scenarios in Surgery Kumarasinghe JPM ISBN978-955-4851-10-8/ 9 789554 851108 - *I have written 02 of the 08 chapters.*
5. Anatomy of the Lower Limb at a glance MB Samarawickrema, MMAJ Kumara, JPM Kumarasinghe, RP Abeywickrema Bhathiya Publications, ISBN978-955-4851-15-3 - *I have written 01 of the 06 chapters.*