

# **CURRICULUM VITAE**

**N. D. LIYANARACHCHI,**  
MBBS, DCH, MD, MRCP (UK),

## Personal Details

Name: Nayana Darshanie Liyanarachchi

Sex: Female

Date of Birth: 06<sup>th</sup> November 1965

Nationality: Sri Lankan

Marital Status: Married

Present Address: 330/5B Kadawatta watta, Totagoda, Akmeemana.

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Current Post : Senior Lecturer, Department of Paediatrics,  
Faculty Medicine, University of Ruhuna.

## Professional Qualifications:

- **MRCP 2001**, - conducted by the Royal college of Paediatrics and Child Health, UK.
- **Doctor of Medicine in Paediatrics, January 1999** - conducted by the Postgraduate Institute of Medicine (PGIM), University of Colombo, Sri Lanka.
- **Diploma in Child Health, December 1998** - conducted by the PGIM, University of Colombo, Sri Lanka.
- **MBBS (Sri Lanka)** September 1993 - Faculty of Medicine, University of Ruhuna Sri Lanka.

## Posts held previously:

October 1993 – March 1994  
Research assistant in the Department of Paediatrics  
Faculty of Medicine, University of Ruhuna, Galle,

*April 1994 – April 1995;*  
Intern House Officer in University Medical and Surgical Units, Six months each, Sri Lanka National Hospital, Colombo.

April 1995 – February 2001  
Lecturer in the Department of Paediatrics  
Faculty of Medicine, University of Ruhuna, Galle.

February 2001 – February 2003  
Senior House officer in Paediatrics  
NHS –Wales United Kingdom.

February 2001 to date  
Senior Lecturer in the Department of Paediatrics  
Faculty of Medicine, University of Ruhuna, Galle

## **Undergraduate Studies:- *University of Ruhuna, Sri Lanka.***

- 2<sup>nd</sup> MBBS – Anatomy, Biochemistry, Physiology – Pass with a 1<sup>st</sup> class honors (Distinctions in Physiology and Biochemistry )
- 3<sup>rd</sup> MBBS – Forensic Medicine, Pathology, Microbiology, Community Medicine, Parasitology , Pharmacology– Pass with a 2<sup>nd</sup> class upper division (Distinctions in Microbiology and Parasitology).
- Final MBBS – Medicine, Surgery, Paediatrics Gynaecology & Obstetrics – Pass with a 2<sup>nd</sup> class upper division (Distinctions in Medicine and Surgery).
- Became FIRST in the all – Island merit list in 1993.

## **Secondary Education:- Sacred Heart Convent, Galle, Sri Lanka.**

## **Membership in professional Associations: -**

Member of Royal College of Physicians in the U.K.

Member of the College of Paediatrics, Sri Lanka.

Member of Galle medical Association. Galle Sri Lanka.

Member of Ruhuna Faculty of Medicine Teacher's Association.

Member of Perinatal society Sri Lanka

## **Awards & Medals**

- Gold Medal for the best performance in inter – university examination of Anaesthesiology and Intensive Care 1993
- Gold Medal for the best overall performance in undergraduate studies 1993.
- Gold Medal for the best overall performance at final MBBS examination 1993.
- Gold Medal for the best performance in Medicine at final MBBS examination 1993.
- Gold Medal for the best performance in Surgery at final MBBS examination 1993.
- C.I.C. Award for the best performance at 3<sup>rd</sup> MBBS Part - II examination 1991.
- Bandula Wijay Memorial Award for the best performance at 3<sup>rd</sup> MBBS examination taking into consideration the research projects in Community Medicine 1991.
- Jayanthi Sriya Rasaputhram Memorial Award for the best performance at third
- MBBS Part – I examination 1990.
- C.I.C. Award for the best performance at Second MBBS examination 1989
- Best research paper: Annual Academic Sessions, Galle Medical Association (GMA), 1996.
- Best scientific paper Annual Academic Sessions, Galle Medical Association (GMA), 2008

## **Membership in Professional Associations:**

Member of the Sri Lanka Medical Association (SLMA)

Member of the Galle Medical Association (GMA)

Member of Royal College of Physicians in the U.K.

Member of the College of Paediatrics, Sri Lanka.

Member of Ruhuna Faculty of Medicine Teacher's Association.

Member of Perinatal society Sri Lanka

## Abstracts presented at national and international conferences

1. SSW Fernando, WK Mahesh, TK Athukorala, **ND Liyanarachchi**, CJ Wijesinghe, 2016. A profile of children with Cerebral palsy: Identifying unmet needs in health and social care. Presented at the 1<sup>st</sup> World Disability & Rehabilitation Conference organized by the International Institute of Knowledge Management, Colombo, Sri Lanka.
2. Wimalasena TB, **Liyanarachchi ND**, Wijesinghe CJ, De Silva PV, 2015. Standard precautions to reduce hospital associated infections: knowledge and practices of doctors working in two Teaching Hospitals of Southern Province. Presented at the 22<sup>nd</sup> Annual Scientific Sessions and International Conference organized by the College of Medical Administrators of Sri Lanka, Colombo, Sri Lanka
3. Wijesinghe CJ, Jayasekera PJ, Tharindra AVH, **Liyanarachchi ND**, Somasiri KG, 2015. The predictors of quality of life of caregivers of children with cerebral palsy attending a community based centre in Galle. Presented at the 8<sup>th</sup> International Research Conference of Sir John Kotelawala Defence University, Colombo, Sri Lanka. (POSTER)
4. **Liyanarachchi ND**, Wijesinghe CJ, De Silva H, Vithana SR, Nanayakkara AI, 2014. Childhood injuries: A descriptive study and determination of associated factors in patients admitted to Teaching Hospital, Karapitiya. Presented at the Annual Academic Sessions of the Sri Lanka College of Paediatricians, Colombo, Sri Lanka.
5. Habel A, **Liyanarachchi ND** & Amarasena S Somatic growth of southern children. 2008 Sri Lanka College of Paediatricians, Annual Scientific Congress, 2008
6. Habel A, **Liyanarachchi ND** & Amarasena S Growth of children with cleft lip and palate compared to their peers. Royal college of paediatrics and child health annual meeting in York march 2007.
7. D.G.H.de Silva, A.D. Fernando, **Nayana Liyanarachchi**, Aruna de Silva, Feeding practices among Infants and children in an urban community in Southern Sri Lanka 125th Anniversary International Medical Congress, Colombo Medical School, Colombo, 24th - 29th July 1998.

8. D.G.H. De Silva, **N.D. Liyanarachchi**, M.D. Madarasingha. Rice cunjee water: The “curse” of under-nutrition in Sri Lanka. 31st Annual Congress, Sri Lanka Paediatrics Association Colombo. 22nd - 25th May 1996.
9. D.G.H. de Silva, A.D. Fernando, **Nayana Liyanarachchi**, A study of feeding practice in infancy and childhood in an urban community Sri Lanka. 4th Pan Pacific Congress of Paediatrics Gastroenterology and Nutrition, Tokyo, Japan, September 1994

### **Full papers in journals**

1. Wimalasena TB, **Liyanarachchi ND**, Wijesinghe CJ, De Silva PV, 2015. Occupational exposure to sharp injuries among doctors working in two Teaching Hospitals in the Southern Province. *Journal of the Ruhunu Clinical Society*, 20 (1): 11-16.2017. Awareness regarding obstetric danger signs and related factors among antenatal mothers admitted to General Hospital, Matara. *Journal of the Ruhunu Clinical Society*, 21: 17-22.

### **Full papers in conference proceedings**

- Fernando S, Wannakukoralage M, Athukorala T, Wijesinghe C, **Liyanarachchi N**, 2016. A profile of children with Cerebral Palsy attending a tertiary care hospital: Identifying unmet needs in health and social care. *Proceeding of the 1st World Disability & Rehabilitation Conference*, Vol. 1: 47-53.

### **Abstracts presented in local academic sessions**

1. Wijesinghe CJ, Darshana ILAN, **Liyanarachchi ND**, 2017. Food Restrictions and Choices in Childhood: Are Tradition and Culture More Influential Than Health Education? Presented at the 14th Annual Academic Sessions of University of Ruhuna, Sri Lanka.
2. Wijesinghe CJ, **Liyanarachchi ND**, De Silva J, Nanayakkara NP, Darshana ILAN, 2014. Feeding patterns during common childhood illnesses: a glimpse into a neglected aspect of childhood nutrition. Presented at the Annual Academic Sessions of the Ruhunu Clinical Society, Matara, Sri Lanka.

3. Jayasekera NP, Wijesinghe CJ, **Liyanarachchi ND**, De Silva J, Athukorala TK, 2015.  
 Nutritional status, underlying factors and related outcomes among children hospitalized in Teaching Hospital, Karapitiya. Presented at the 74<sup>th</sup> Annual Academic Sessions of the Galle Medical Association, Galle, Sri Lanka.
4. **Liyanarachchi ND**, Wijesinghe CJ, De Silva H, Vithana SR, Nanayakkara AI, 2014. Risk factors for childhood injuries: a case control study of children admitted to Teaching Hospital, Karapitiya. Presented at the 76<sup>th</sup> Annual Academic Sessions of the Galle Medical Association, Galle, Sri Lanka.
5. Habel A, **Liyanarachchi ND** & Amarasena S. Compiled Case for and the devising of a local growth chart for Southern Province using the LMS Chart maker and LMS Growth Comparator. Annual scientific sessions, Galle Medical Association. 2008.
6. Amarasena, **Liyanarachchi ND**, D.G.H. de Silva, Shedding more light. Annual Academic Sessions, Galle Medical Association, 1996.
7. D.G.H. de Silva, **Nayana Liyanarachchi**, P.P. Jayawardana, T.P.J. Gunawardena, Rice cunjee water: A contribution to under-nutrition in Sri Lanka. Annual Academic Sessions, Galle Medical Association, 1996.
8. Susirith Mendis, **Liyanarachchi N D**. Madarasinghe, M.A. Mallawarachchi, K.Dunwatte. Prevalence of Goiter in Bope-Poddala MOH area, Annual Academic sessions, GMA - 1993/1994

### **Training courses / workshops attended:**

- Certificate Course in Teaching in Higher Education - Staff Development Center, University of Colombo, Sri Lanka .July 1999- March 2000
- Workshop on Perinatology - Teaching workshop, Sri Lanka College of Paediatrician, Colombo, Sri Lanka. June 2000
- Workshop on Development of Integrated Teaching Modules - Faculty of Medicine, University of Ruhuna, Sri Lanka April 24<sup>th</sup> –25<sup>th</sup> 1999
- Teaching Workshop - 2<sup>nd</sup> congress of Asia Pan Pacific Society of Paediatrics, Gastroenterology and Nutrition. (APPSGAN), Galle, Sri Lanka, October 20<sup>th</sup> - 23<sup>rd</sup> 1998.



- Sponsored training by the Sri lankan cleft lip and palate program at Department of Growth & Endocrinology in Grate Ormand Steet Hospital, London, UK. 06<sup>th</sup> November – 05<sup>th</sup> December 1996.
- 5<sup>th</sup> Asian congress of Paediatric infectious disease -Sep 2010 Thaipe
- 13<sup>th</sup> asia Paciufic Congree on paediatrics - October 2009- China
- Training in Rural health –School of rural health University of Sydney.Dabbo,Australia
- 2<sup>nd</sup> Asian congress of Paediatric infectious disease -Sep 2004 Malaysia

### **Academic and Administrative experience: -**

- Member of the subcommittees of research ethics committee, curricular development and evaluation committee, staff development and curricular revision committee.
- Student counselor in the Faculty of medicine
- Deputy Senior Student Counselor in 2018 -2020
- Clinical coordinator Faculty of Medicine from 2004 to 2015
- Head Department of Paediatrics ,Faculty of Medicine from 2019 to date

[www.researchgate.net/profile/Nayana\\_Liyanarachchi](http://www.researchgate.net/profile/Nayana_Liyanarachchi)