



**LEARNING PORTFOLIO  
IN  
ELECTIVE STUDENT  
TRAINING PROGRAMME**

**ELECTIVE STUDENT TRAINING PROGRAMME  
FACULTY OF MEDICINE UNIVERSITY OF RUHUNA  
GALLE SRI LANKA**

Version 1 2026-04-06



## Introduction

The learning portfolio of the Elective Student Programme is a comprehensive record of the Teaching and Learning Activities (TLA) undertaken by students who participate in elective training (short-term placements) at the Faculty of Medicine, University of Ruhuna, Sri Lanka. This document is designed to guide elective students in engaging in educationally sound TLAs during their training period. It also enables supervisors to assess the evidence provided by trainees when making recommendations.

During the elective training period, the following TLAs will be conducted by the relevant departments:

- **Clinical Training** – Ward round teaching, ward classes, case-based discussions, clinic-based discussions, participation in theatre sessions, labour room rotations, and bedside teaching
- **Community Training** – Field visits
- **Laboratory Visits** – Parasitology, Forensic Medicine, Pathology, and Anatomy
- **Health Museum Visit**
- **Pre-clinical and Para-clinical Structured Training**
- **Participation in Other Faculty Activities** – Scientific, social, cultural, and religious events

Elective students will undergo short-term training ranging from 2 to 16 weeks within one or more disciplines, depending on their requirements.

Satisfactory completion of the training will be assessed by the Head(s) of the relevant department(s) based on a review of the learning portfolio.

The Faculty of Medicine has also established a collaboration with Jethavanarama Buddhist Monastery to conduct a meditation retreat programme for medical elective students. This is a 3–5 day residential training programme that includes small group discussions, Q&A sessions, merit-based activities, teaching in medical humanities, as well as relaxation and meditation. These components are considered important for the development of a medical career.

## Instructions for Maintaining Documentary Evidence in the Learning Portfolio

Elective students are required to collect their portfolio at the commencement of their training from the Elective Office. It is the responsibility of the student to maintain the portfolio in safe custody.

Students are expected to record the specific TLAs undertaken each day during their training period. Upon completion of the training, the student must submit the completed learning portfolio to the relevant Head of the Department for evaluation and recommendation.







