



Student Handbook 2027



Student Handbook 2027
Faculty of Medicine
University of Ruhuna

Student Handbook**Faculty of Medicine, University of Ruhuna**

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The student handbook, Faculty of Medicine, University of Ruhuna provides information about the University and the Faculty. The information, statements and guidelines contained herein are subjected to continue review and evaluation by relevant University officials and its contents are subjected to change. The University reserves the right to modify, amend or revoke such policies, procedures, statements and guidelines. In addition to the handbook, you are highly advised to refer the updated circulars for clarifications.

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Vision and Mission of the University of Ruhuna

Vision

To be the prime intellectual thrust of the nation

Mission

To advance knowledge and skills through teaching, research and services to serve the society

The Vision and Mission of the Faculty of Medicine

Vision

To be a center of excellence producing medical professionals capable of addressing global challenges of health care with a humane approach.

Mission

To train medical professionals capable of providing holistic and state-of-the-art health care



Vice Chancellor's Message



It is with great pleasure that I welcome the 49th batch of students to the Faculty of Medicine, University of Ruhuna. Your admission into this prestigious faculty marks the beginning of a transformative journey, turning your passion for healing into a lifelong noble mission.

You are entering the world of medicine at a truly exciting time in human history. The old days of relying only on memory and a stethoscope are changing into something much more powerful. Today, we are living through a major technological revolution. Artificial Intelligence is no longer a dream for the future; it is already changing how we understand and treat illnesses. As future doctors, you will be the ones using these incredible tools to save lives.

During your time at University of Ruhuna, as you master the foundations of medicine, try to explore and learn about these advancing digital healthcare platforms actively. I urge you to educate yourselves on the power of modern systems that can instantly retrieve a patient's complete prescription history, trace long-term recovery patterns, and use AI-driven diagnostics to detect a disease before it even fully manifests. Although our current local setups are still adapting, look up these global trends proactively and prepare yourselves to master and envision how you will use them in future patient care practices. Yet, we must always remember a simple truth: data can make a doctor aware, but only humanity and empathy can heal a patient. Therefore, your greatest strength as a doctor should not just be your intellect or your tech-savviness; it should be your empathy.

The journey ahead of you is long, and it will be demanding. There will be late nights, and moments where you will feel overwhelmed. Yet, remember that you are surrounded by a supportive university community dedicated to your growth. Your mental and emotional well-being matters just as much as your academic success.

I extend my warmest congratulations and best wishes as you embark on this important chapter of your life. May your years at the Faculty of Medicine of the University of Ruhuna inspire you to become not just technologically advanced doctors, but compassionate healers who make our nation proud.

Senior Prof. P. A. Jayantha

Vice Chancellor

University of Ruhuna

Dean's Message



It is my great pleasure to welcome you all to the Faculty of Medicine, University of Ruhuna. Today marks an important milestone in your professional and academic careers as you embark on a journey where you will be able to touch countless lives as healthcare professionals. I am delighted to welcome you to our community and congratulate you on earning a place in one of the country's most respected medical schools.

Our faculty is committed to providing excellent medical education, innovative research opportunities, and compassionate service. In the upcoming years, you will acquire the clinical skills, scientific knowledge, and values of empathy, professionalism, and integrity that will help you become an outstanding healthcare professional. We are dedicated to providing a supportive environment to foster your academic, personal, and professional growth.

As you embark on this journey, I encourage you to embrace every opportunity, ask questions, learn, and grow both as a student and as a person. Medicine is a profession that demands not only academic excellence, but also empathy, resilience, integrity, and respect for others. I urge you to cultivate these qualities throughout your years at the faculty, as they form the foundation of your professional identity. Medical school is intentionally rigorous; this journey will present moments of intense challenges and long hours that are intellectually and physically demanding. I encourage you to view these obstacles as essential stepping stones that will cultivate critical thinking, deepen your empathy, help build clinical intuition, and allow you to step into leadership with genuine confidence.

While we expect you to be dedicated to your degree, you will not walk this path alone. Our faculty is committed to nurturing an inclusive, supportive, and forward-thinking environment. We prioritize and look after our students' physical and mental health, as well as their overall well-being.

As you enter a transformative era of medicine, we have immense confidence in your potential and are excited to see the unique contributions you will bring to our community. Dear students, embrace the challenges ahead, lean into the support around you, and make the most of every opportunity. I wish you every success as you begin your medical education.

Welcome to the Faculty of Medicine.

Senior Professor P. V. De Silva

Dean

Faculty of Medicine

University of Ruhuna

List of Abbreviations

Abbreviation	Term / Meaning
AB	Assistant Bursar
AI	Artificial Intelligence
AR	Assistant Registrar
BRQ	Best Response Question
CA/ CAT	Continuous Assessment
CD & EC	Curriculum Development and Education Committee
CRC	Curriculum Revision Committee
ECG	Electrocardiogram
ERC	Ethics Review Committee
FBL	Field-based Learning
FLM	Fixed Learning Module
FLS	Flipped Learning Session
FMAS	Faculty of Medicine Academic Session
FQAC	Faculty Quality Assurance Cell
FRTSU	Filariasis Research, Training and Service Unit
GLS	Guided Learning Session
hr	hour
hrs	hours
IT	Information Technology
LMS	Learning Management System
LT	Lecture Theater
MCQ	Multiple Choice Questions
MDT	Multidisciplinary Team
ME & SDU	Medical Education and Staff Development Unit
mins.	Minutes
MOCE	Mini Observed Clinical Examination (or Assessment)
MTF	Multiple True / False
NGH	National Hospital Galle
NMU	Nuclear Medicine Unit
OPD	Outpatient Department
OSCE	Objective Structured Clinical Examination
OSPE	Objective Structured Practical Examination
PAL	Peer-assisted Learning
PBL	Problem-Based Learning

PGIM	Postgraduate Institute of Medicine
PHI	Public Health Inspector
PHM	Public Health Midwife
PPDM	Personal Professional Development Module
RUMSAA	Ruhuna Medical School Alumni Association
SAE	Short Analytical Essay
SBA	Single Best Answer
SBR	Single Best Response
SDL	Self-directed Learning
SEQ	Structured Essay Question
SGD	Small Group Discussion
STD	Sexually Transmitted Disease
TBL	Team-based Learning
UGC	University Grants Commission
UTEL	University Test of English Language

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CHAPTER 1

University of Ruhuna

1.1 Introduction

The University of Ruhuna was established on 1st September 1978, as Ruhuna University College by a Special Presidential Decree. Currently, the University of Ruhuna constitutes ten faculties, namely Agriculture, Engineering, Fisheries and Marine Sciences & Technology, Humanities and Social Sciences, Management and Finance, Medicine, Science, Technology, Allied Health Sciences, and Graduate Studies.

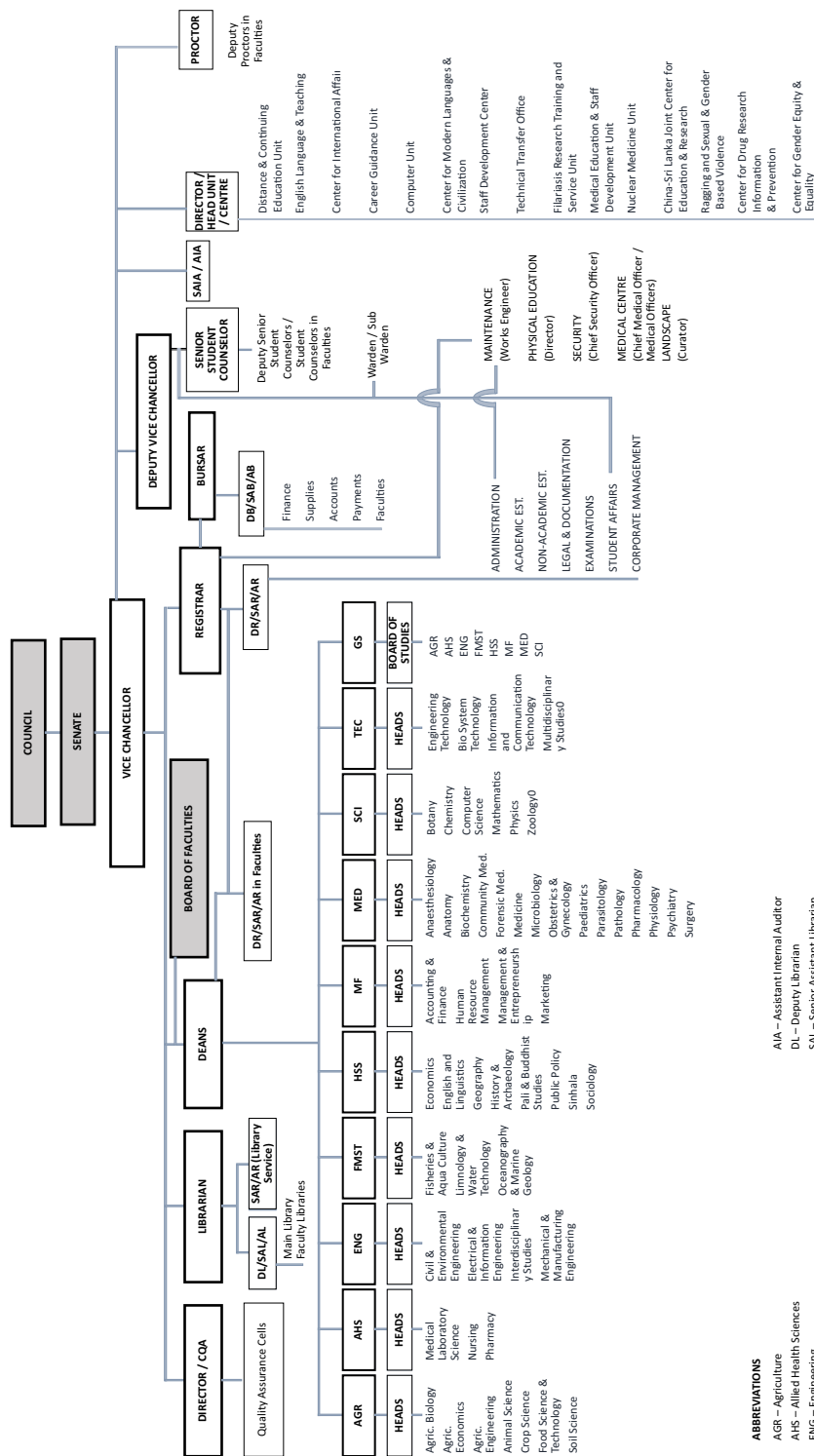
Faculties of Humanities and Social Sciences, Fisheries and Marine Sciences & Technology, Management and Finance, and Science are located in the main University premises at Wellamadama (Matara). Faculties of Agriculture, Technology, Engineering, Medicine, Allied Health Science and Graduate Studies are located in Kamburupitiya (Matara), Hapugala (Galle), Karapitiya (Galle), Walahanduwa (Galle) and Fort (Matara) respectively. The central administration unit of the University is also located in the main premises at Wellamadama.

1.2 Location of the University

Main premises of University of Ruhuna are located 4 km away from the town of Matara along the Colombo - Hambantota (A2) main road. Matara, originally known as Mahathota, is a city on the Southern coast of Sri Lanka, approximately 160 km from Colombo. Historically, Matara has been a part of the Ruhuna region, one of the three ancient kingdoms in Sri Lanka. Traveling from Colombo to Matara can be done either by train or by bus. The journey via the regular route takes around four hours from Colombo, whereas the expressway takes only one and a half hours.

1.3 Organizational Structure of the University

ORGANIZATIONAL STRUCTURE OF THE UNIVERSITY



ABBREVIATIONS

AGR – Agriculture	AIA – Assistant Internal Auditor
AHS – Allied Health Sciences	DL – Deputy Librarian
ENG – Engineering	SAL – Senior Assistant Librarian
FMST – Fisheries and Marine Sciences & Technology	AL – Assistant Librarian
HSS – Humanities & Social Sciences	DR – Deputy Registrar
MF – Management & Finance	SAR – Senior Assistant Registrar
MED – Medicine	AR – Assistant Registrar
SCI – Science	DB – Deputy Bursar
TEC – Technology	SAB – Senior Assistant Bursar
GS – Graduate Studies	AB – Assistant Bursar
SAIA – Senior Assistant Internal Auditor	COA – Center for Quality Assurance

1.4 Contact information of the University

1.4.1 Postal Addresses

The main administration block of the University is located in Wellamadama.

Faculty	Address
Agriculture	Faculty of Agriculture, University of Ruhuna, Mapalana, Kamburupitiya 81100, Sri Lanka
Allied Health Sciences	Faculty of Allied Health Sciences, University of Ruhuna, Walahanduwa, Galle 80046, Sri Lanka
Engineering	Faculty of Engineering, University of Ruhuna, Hapugala, Galle 80000, Sri Lanka.
Fisheries and Marine Sciences & Technology	Faculty of Fisheries and Marine Sciences & Technology, University of Ruhuna, Wellamadama, Matara 81000, Sri Lanka
Graduate Studies	Faculty of Graduate Studies, University of Ruhuna, No. 115, Sri Dharmarama Road, Ginigasmulla, Fort, Matara, Sri Lanka.
Humanities and Social Sciences	Faculty of Humanities and Social Sciences, University of Ruhuna, Wellamadama, Matara 81000, Sri Lanka
Management & Finance	Faculty of Management and Finance, University of Ruhuna, Wellamadama, Matara 81000, Sri Lanka
Medicine	Faculty of Medicine, University of Ruhuna, P.O. Box 70, Galle 80000, Sri Lanka.
Science	Faculty of Science, University of Ruhuna, Wellamadama, Matara 81000, Sri Lanka
Technology	Faculty of Technology, University of Ruhuna, Karagoda Uyangoda, Matara

1.4.2 Telephone and Fax Numbers of the University

	Telephone Number	Fax Number
Wellamadama Complex	+94(0)412033250	+94(0)412222683 +94(0)412227001/4
Faculty of Agriculture	+94(0)412292200	+94(0)412292384
Faculty of Allied Health Sciences	+94(0)912247490	+94(0)912243900
Faculty of Engineering	+94(0)912245765	+94(0)912245762
Faculty of Fisheries and Marine Sciences & Technology	+94(0)412227026	+94(0)412227026
Faculty of Graduate Studies	+94(0)412033271	
Faculty of Humanities and Social Sciences	+94(0)412227010	+94(0)412227010
Faculty of Management and Finance	+94(0)412227015	+94(0)412227015
Faculty of Medicine	+94(0)912234801	+94(0)912234803
Faculty of Science	+94(0)412227001	+94(0)41222701
Faculty of Technology	+94(0)412294750	

1.4.3 Internal Telephone Numbers

	Extension
Vice Chancellor's Office	12001 12004
Deputy Vice Chancellor Office	12002 12006
Registrar Office	12003 12008
Dean, Faculty of Fisheries and Marine Sciences & Technology	16000
Assistant Registrar	16001
Dean, Faculty of Science	14000
Assistant Registrar	14001
Dean, Faculty of Humanities and Social Sciences	13000
Assistant Registrar	13001
Dean, Faculty of Management and Finance	15000
Assistant Registrar	15001
Dean, Faculty of Technology	4501

Assistant Registrar	4502
Librarian	12300
Bursar	12050
Senior Assistant Bursar (Finance)	12053
Assistant Bursar (Finance)	12057
Senior Assistant Bursar (Supplies)	12065
Deputy Registrar (General Administration)	12014
Deputy Registrar (Examinations)	12026
Senior Assistant Registrar (Student Affairs)	12040
Senior Assistant Registrar (Academic Establishment)	12035
Senior Assistant Registrar (Non-Academic Establishment)	12031
Work Engineer	12080
Director, Physical Education	12125
Director, Internal Quality Assurance Unit	12118
Medical Officer	12200
Career Guidance Unit	12145
Chief Security Officer Office	12150
	12151

1.4.4 Official Website of the University

The official website of the university (www.ruh.ac.lk) provides a wide range of information on all the faculties, available vacancies, news, and has useful links for services such as the library and ragging complaint portal of the University Grants Commission.



CHAPTER 2

Faculty of Medicine

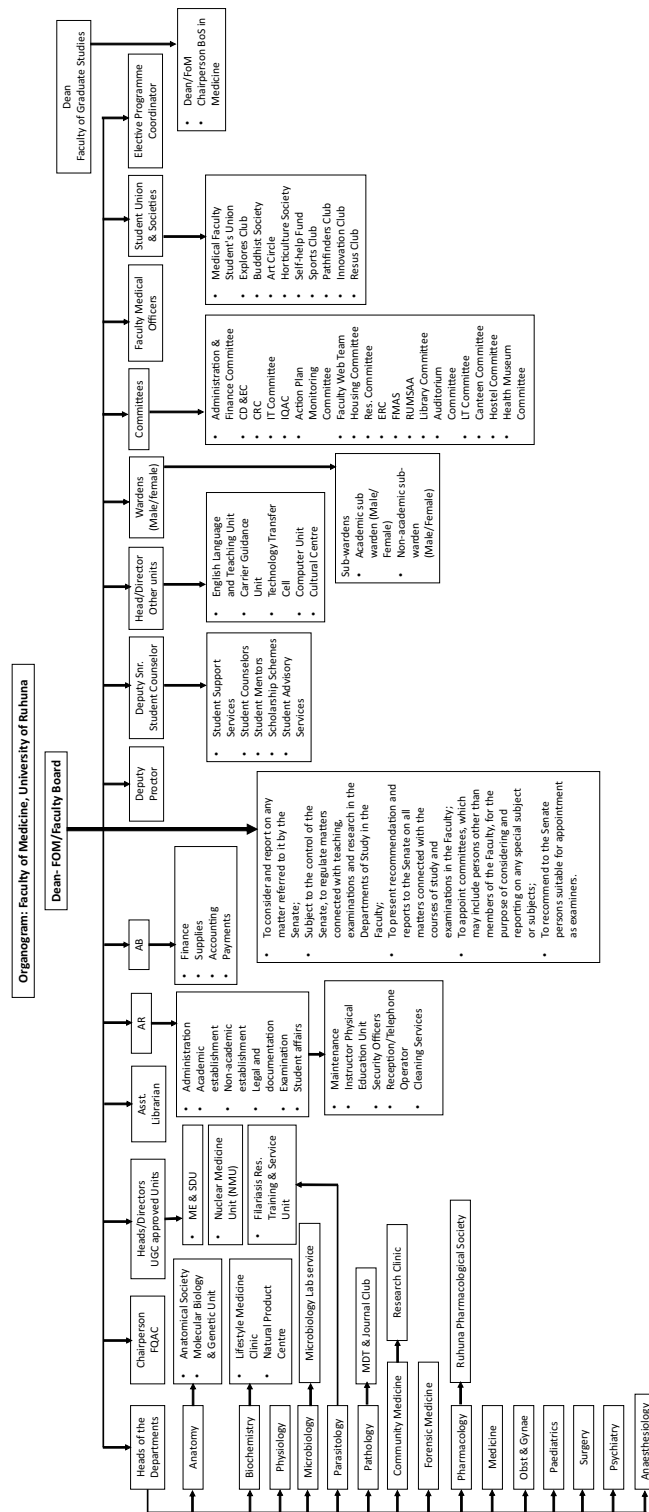
2.1 Introduction

The Faculty of Medicine was established in the premises of the General Hospital, Galle, in July 1980, initially affiliated to the University of Colombo. Although the first five batches of medical students were admitted to the Ruhuna University College, they attended the preclinical course at the Faculties of Medicine in Colombo and Peradeniya. The first batch of students admitted in 1978 and successful at the Second Examination for Medical Degrees held in Colombo and Peradeniya commenced their para-clinical and clinical training at Galle in 1980. Construction of buildings for the Faculty at Karapitiya commenced in December 1980, and the faculty moved to its new premises in September 1983. From the Academic Year 1983/84 onwards, students were admitted directly to the Faculty of Medicine, Ruhuna and the entire course of Bachelor of Medicine and Bachelor of Surgery (MBBS) began to be conducted at the faculty. In 2008, the faculty started two more undergraduate degree programmes: Bachelor of Science in Nursing and Bachelor of Science in Medical Laboratory Science which were followed by the Bachelor of Science in Pharmacy in 2010. These three-degree programmes were moved to the newly established Faculty of Allied Health Sciences in 2017.

The MBBS Degree awarded by the Faculty of Medicine, University of Ruhuna is recognized and accredited by the Sri Lanka Medical Council (SLMC) and the World Federation of Medical Education. This degree is at level 6 of the Sri Lanka Qualifications Framework (SLQF) and aligns with the Subject Benchmark Statement in Medicine, published in 2021 by the Quality Assurance Council of University Grants Commission (UGC), Sri Lanka. The faculty provides academic, research and service functions through its 15 academic Departments and three units that are recognized by the UGC.

The National Hospital Galle (NHG) is situated opposite the Faculty of Medicine. Apart from major disciplines such as Internal Medicine, Psychiatry, Surgery and Paediatrics, NHG provides a wide range of services including Vascular Surgery, Cardiothoracic Surgery, Gastro-intestinal and Genito-urinary Surgery, Emergency & Trauma Care and Intensive Care and many other fields. Obstetrics and Gynaecology units are situated in the German-Sri Lanka Friendship Hospital for Women. Teaching in all clinical disciplines is done in these two hospitals. The community-based training component of Community Medicine is conducted in Bope-Poddala, which is the field training area of the Faculty of Medicine and the health unit area where the faculty is located.

2.2 Organogram of the Faculty



2.3 Officers of the Faculty

Dean	Senior Professor P. V. De Silva
Senior Assistant Librarian	Mr. K. T. S. Pushpakumara
Assistant Registrar	Ms. Rasika Hettiarachchi
Assistant Bursar	Ms. A. S. I. Fernando

2.4 Facilities in the Faculty

The Faculty of Medicine, University of Ruhuna is the third oldest and the first custom-made medical faculty in the country. Being situated in an area of about eight acres, it is one of the most spacious medical faculties in the country. Academic activities are conducted in four large buildings, the largest of which is occupied by the Para-clinical departments and the Department of Physiology. The pre-clinical block houses the Departments of Anatomy and Biochemistry. The Administration block contains the main administrative offices, a library, two examination halls, a computer-aided learning laboratory, a canteen and common rooms for students, academic staff and non-academic staff members. In 2003, the Clinical Block, a three-storied 3000 square meter building, was added to the faculty infrastructure. This modern building houses five clinical departments in addition to tutorial rooms, laboratories, clinical skills lab, clinics and an air-conditioned lecture theatre. In addition, a twelve-story building with numerous facilities is under construction.

A 950-seat, 1000 square meter air-conditioned auditorium is the venue for many academic and cultural activities. An air-conditioned conference hall with a seating capacity of 100 is also available in the Department of Community Medicine.

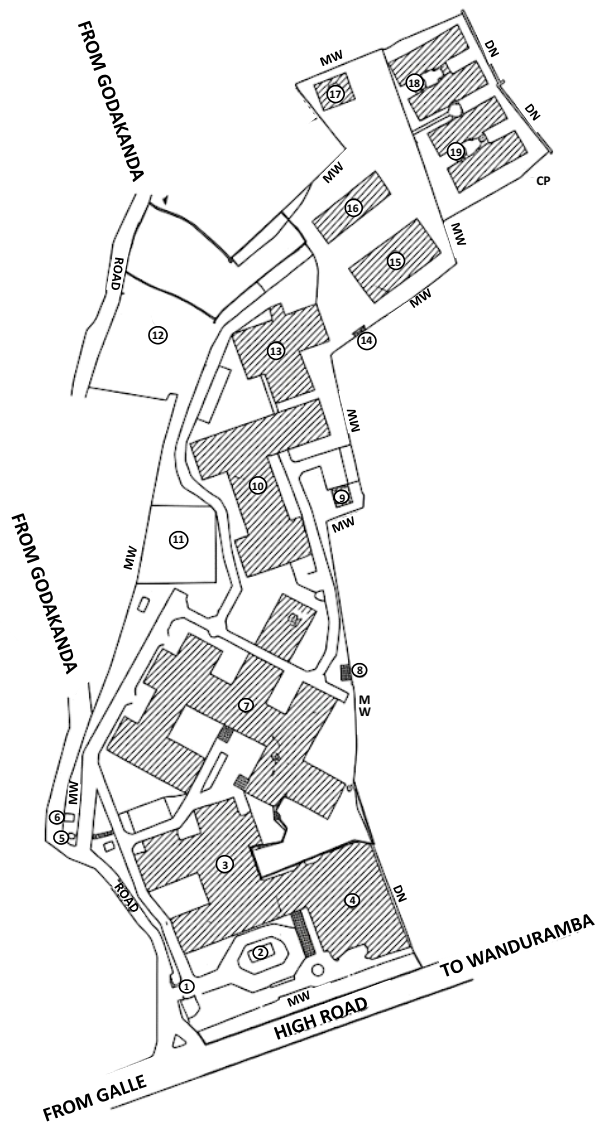
A number of common facilities, including a number of hostels located within the faculty premises, are available for students. New Girls', Kuwait and STEMCOR House hostels can accommodate 116, 400 and 160 students, respectively. Additionally, there are ten fully-furnished double occupancy rooms for visitors with a lounge and a pantry within the faculty premises.

The faculty has a Medical Exhibition Centre that displays many protected human bodies, body parts and organs as well as two- and three-dimensional models of organs and systems of the human body in a viewing area of over 6,000 square feet. It is specially developed and designed to assist G.C.E. Ordinary and Advanced Level students studying biological sciences.

2.5 Site Map

FACULTY OF MEDICINE

UNIVERSITY OF RUHUNA
KARAPITIYA, GALLE,
SRI LANKA.



1. MAIN ENTRANCE & SECURITY POINT
2. POND
3. ADMINISTRATION BLOCK
4. AUDITORIUM
5. SECURITY POINT
6. PUMP HOUSE
7. LABORATORY BLOCK
8. TRANSFORMER
9. WATER TANK
10. ANATOMY BLOCK
11. 12-STOREY BUILDING
12. PLAYGROUND
13. CLINICAL BLOCK
14. WATER TANK
15. NEW GIRLS' HOSTEL
16. GIRLS' HOSTEL (STEMCO HOUSE)
17. RECYCLING PLANT
18. KUWAIT HOSTEL
19. KUWAIT GIRLS' HOSTEL

ABBREVIATIONS:

MW – MASONRY WALL, CP – CONCRETE POST

DN – DRAIN

SCALE – 1:500

AREA – A9 – RO – 19.8

2.6 Graduate Profile

The MBBS graduate of the Faculty of Medicine, University of Ruhuna is expected to ;

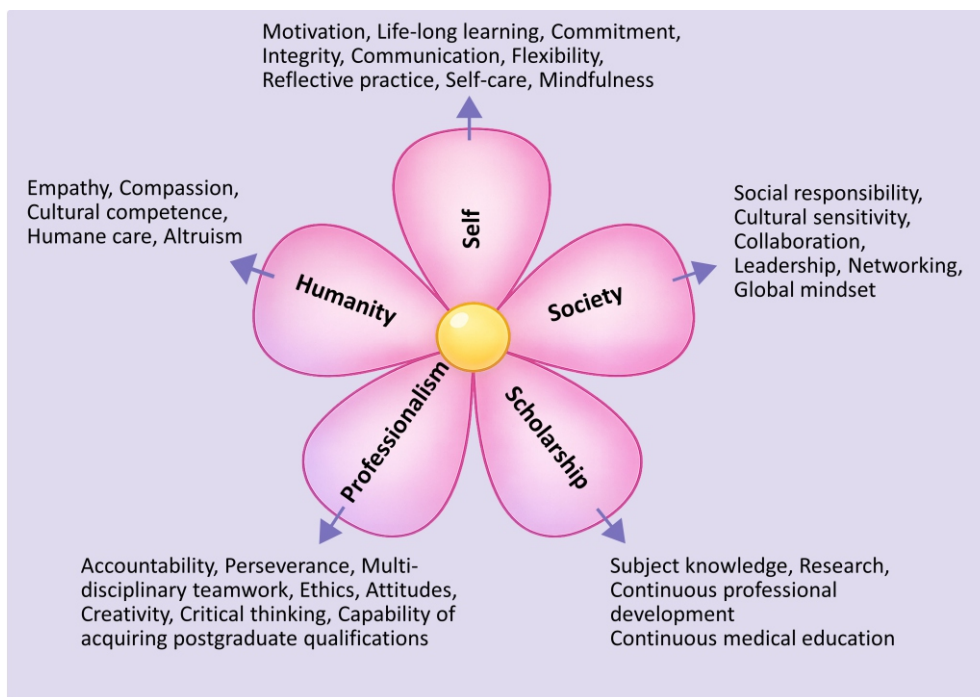
1. explain the scientific basis of diseases and disease prevention in terms of structure and function of the human body and their inter-relationships.
2. diagnose, manage and follow up individuals with diseases.
3. deliver primary health care taking into consideration the social, cultural, environmental and economic characteristics of the individual and the society.
4. demonstrate respect to patients, their relatives, the community and other members of the healthcare team with a sound ethical background.
5. display professionalism while working with patients, community members and the healthcare team.
6. communicate effectively with patients, relatives, caregivers, members of the healthcare team and the community.
7. engage in reflective practices, self-appraisal, audit and research in order to enhance professional skills.
8. manage health care teams and resources efficiently and effectively as a team member and a leader, in a health care institution.
9. recognize complexities and uncertainties in the practice of medicine and be responsible for his/her actions.
10. perform basic medico-legal procedures.
11. demonstrate skills of self-learning, lifelong learning, critical thinking, reasoning and decision making.
12. ensure his/her personal safety, physical and mental well-being.
13. possess skills related to information & communication technology and information literacy.

Aims

To produce a medical graduate,

- with adequate knowledge and skills required to practice medicine under diverse circumstances.
- with professionalism, leadership qualities and managerial competencies required to practice medicine in the global context.
- who is an ethical and a safe practitioner with humane attributes to work as a healthcare provider.
- who is a lifelong learner and a researcher capable of contributing to scientific advancement.

Attributes



The intended learning outcomes and competencies have been developed under five major headings as identified in the attributes:

1. Development of self
2. Development of society
3. Scholarship
4. Professionalism
5. Humane qualities

Development of Self

1. Identify strengths, deficits and limits in yourself through self-reflection, peer and teacher feedback.
2. Ability to set goals and design processes of learning through independent study to rectify the identified deficits.
3. Capability to incorporate changes to yourself and work patterns based on feedback received on a daily basis.
4. Identify gaps in the domains of knowledge, skills, and attitudes and devise learning activities to bridge the gaps thereby becoming a lifelong learner.
5. Become self-motivated to accomplish specific targets.

6. Display determination and commitment to complete the task.
7. Flexibility to adapt to changes.
8. Display honesty and integrity.
9. Be able to obtain care of their individual physical and psychological health-related issues.
10. Be able to practice mindfulness.

Development of Society

1. Possess a global mindset, being aware of the latest advances in health care with the ability to apply them innovatively in a manner appropriate to the local setting.
2. Ability to network and collaborate with the community and other health care professionals.
3. Develop a culturally sensitive mindset, possessing the ability to implement appropriate methods of healthcare.
4. Possess the ability to take leadership in the community.
5. Be socially responsible to the community and the country.
6. To become an inspiring role model to the immediate and larger society influencing change.
7. Capable of supporting the legal system within the medico-legal sphere in the administration of justice.
8. Possess the ability to promote health and prevent spread of disease in the community by applying principles in Community Medicine.

Scholarship

1. Ability to accurately obtain a history from a patient, conduct relevant physical and mental state examinations, use laboratory investigations and imaging tests.
2. Capable of interpreting history, examination findings, laboratory data and developing patient management plans.
3. Ability to summarize and present clinical findings and data to others of the health care team.
4. Capable of making informed decisions regarding diagnostics and therapeutic interventions by obtaining directions from seniors, patient preferences and up-to-date scientific evidence.
5. Prescribe medicine and perform medical procedures specified as essential for a generalist.
6. Enable shared decision-making through effective communication with the patients, their family members and the other health care professionals.
7. Contribute to the advancement of medicine through research using appropriate research methods.

8. Understand the importance of regularly updating their knowledge and engage in continuous professional development and continuous medical education training.

Professionalism

1. Ability to work in multidisciplinary teams effectively communicating and respecting each other.
2. Capability to communicate efficiently and effectively with patients, caregivers, other health professionals and the community.
3. Creative and innovative ability when practicing health care in the local context.
4. Capacity to engage in critical thinking, reflective practice and change one's mindset and behavior when faced with problems.
5. Ability to persevere and endure amidst unresolved problems.
6. Accountability to patients, caregivers, health care professionals, community and the government.
7. Effectively manage conflict between personal and professional responsibilities.
8. Self-awareness of personal and professional limitations and ability to engage in appropriate help seeking behavior.
9. Identify shortcomings within the established system and implement solutions.
10. Awareness and commitment to ethical principles in practicing medicine and conducting research.
11. Ability and enthusiasm to engage in postgraduate training and qualifications.

Humane Qualities

1. Sensitivity and responsiveness to complex dimensions related to the patient populations which may include gender, age, culture, religion, disabilities and sexual orientation etc.
2. Ability to show empathy to patients, caregivers, other health care professionals and the community.
3. Ability to explain and convey facts to the patients in language and terms that can be understood by specific patients.
4. Capable of providing time to the patient in decision making when he/she is in the midst of uncertainty.
5. Respect for the patient's autonomy and privacy.
6. Ability to practice altruism in patient care.

CHAPTER 3

The Structure of the Degree and Management

3.1 Outline of Courses of Study – The Degree of MBBS Ruhuna

The Faculty of Medicine offers study courses leading to the Bachelor of Medicine and Bachelor of Surgery degree. Instruction in all subjects takes the form of lectures, tutorials, practical sessions, small group discussions, guided learning sessions, flipped classes or student-centered learning, clinicals and ward classes. The medium of instruction is English.

The pre-clinical course is of five terms at the end of which students sit the 2nd MBBS examination in Anatomy, Biochemistry and Physiology. The examination is held twice a year. A student may be referred in one or two of these subjects, but he/she shall, in all, be allowed only four attempts at this examination. There shall be no “grace” chance.

Students commence their clinical training (which continues through the 3rd, 4th, and 5th years) after they have passed the 2nd MBBS examination. A record of clinical appointments is made on the Student Record Book issued to the student. All clinical appointments have to be completed before a student sits the Final MBBS examination. In the 3rd and 4th years, students study para-clinical subjects as well. At the end of the 3rd year, students sit the 3rd MBBS Part I examination (Microbiology and Parasitology), which is followed by the 3rd MBBS Part II examination (Community Medicine, Forensic Medicine, Pathology and Pharmacology) at the end of the 4th year. Part I and Part II of the 3rd MBBS examination are held twice a year.

A student shall complete his/her Final Examination within 10 years from the starting date of the MBBS course as a student of the Faculty of Medicine. All periods of exemptions granted by the Senate are excluded when computing these ten (10) years after the starting date of the MBBS course as a student of the Faculty of Medicine. The final MBBS examination is held twice a year. Faculty of Medicine offers its degree programme without any gender discrimination in teaching, learning and assessments.

Course outline document is attached at the end of the book.

3.2 Rules for Students

3.2.1 General Rules

Some general rules applicable to students of the Faculty of Medicine are given below. A more comprehensive list of rules issued by the University of Ruhuna is given separately.

Any change to the residential address submitted to the faculty must be immediately brought to the notice of the Dean. No student is permitted to be absent from academic work for more than 7 days without informing the Dean.

Students doing clinical appointments are expected to work in the wards during public holidays unless they have obtained prior leave from the Consultant to whom they are allocated.

Students are expected at all times to dress neatly and behave with decorum. Gathering and talking in loud tones whether in hospital, clinic or in the vicinity of the offices, library or lecture halls should always be avoided. Smoking and alcohol are prohibited in the premises of the faculty and in the Hospitals.

Neither students nor a student body shall collect money for any purpose without written permission from the Dean and the Vice Chancellor.

Batches of students or student bodies who plan to go on trips must obtain permission to do so from the Deputy Senior Student Counselor, Dean and the Vice Chancellor. Students or student bodies who intend to hold meetings or socials in the faculty premises should obtain permission from the Dean.

Please visit the website of the University of Ruhuna for more information.
(<https://www.ruh.ac.lk/>)

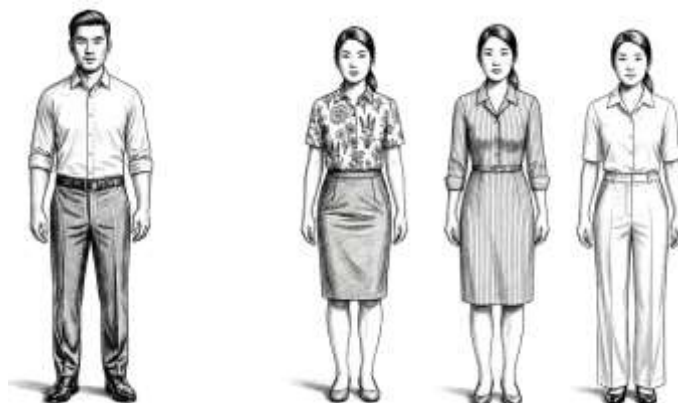
3.2.2 Recommendations for Attire

Faculty of Medicine, University of Ruhuna upholds the belief that appropriate grooming is a reflection of discipline and professionalism. Hence, the medical students are expected to be clean and tidy, well-dressed during all academic activities (lectures, small group discussions, practicals, clinicals, field visits and examinations) both in the faculty and the hospital premises. In addition, students need to wear the name tag and the overcoat at appropriate teaching-learning sessions. Students are expected to wear the attire recommended by the respective department during the examinations.

Acceptable	Not acceptable
Boys	
Formal button shirt (light colours preferred) with office trousers, covered shoes and socks	Jeans, shorts, denims, T-shirts, fancy shirts, rubber slippers, sandals, caps
Neatly-trimmed mustache/beard or fully shaven clean face, neat haircut properly combed	Fancy haircuts Artwork or tattooing on exposed body areas
Girls	
Formal descent frock, skirt and blouse, shalwar	Jeans, three-quarter jeans, denim, T-shirts, miniskirts, rubber slippers, caps
Office trousers and blouse or top	Untidy hair or long loose hair
Neat hair cut/neatly tied long hair	Artwork or tattooing on exposed body areas

During clinical training	
Well-maintained and clean scrub or the above recommended attires can be worn with the overcoat	Wearing scrub in inappropriate places outside the hospital setting Wearing coloured T-shirts which are visible underneath the scrub
Application of others are same during clinical training	

During pre-clinical and para-clinical training



During clinical training



3.2.3 Abstinence due to Medical Conditions

Students are requested to support the absence from coursework or examinations due to illness by a valid medical certificate conforming to the format of a medical certificate issued by a Government Hospital. Such medical certificates should be obtained from the following persons:

- I. Faculty Medical Officer
- II. District Medical Officer
- III. Consultant Specialist in the relevant field
- IV. Head of a Government Hospital
- V. Medical practitioner registered in the Sri Lanka Medical Council
- VI. Medical Superintendent of a Provincial Ayurvedic Government Hospital
- VII. Ayurvedic Physician registered in the Ayurvedic Medical Council

Students who fall ill during an examination time period should inform the Dean of the Faculty immediately. If a student falls sick at home or elsewhere during an examination time, he/she or his/her guardian should inform the Dean of the Faculty within seven days by telegram followed by a letter indicating the nature of the illness and the name of the attending doctor and other relevant information. Medical certificates supporting the illness of the student should be sent to the Dean of the Faculty.

PLEASE NOTE that medical certificates from medical officers other than those listed above will NOT BE ACCEPTED.

A medical certificate is not valid unless it has been submitted **within SEVEN DAYS** of returning after the leave.

Please refer to Regulation No: 01.20-2024 made under By-Law 20-2024 of the Degree of Bachelor of Medicine and Bachelor of Surgery, Faculty of Medicine, University of Ruhuna.

3.2.4 Code of Conduct for Clinical Students of the Faculty of Medicine, University of Ruhuna

General Guidelines

1. Clinical Groups and appointments
No student shall change the clinical group or the clinical appointment allocated to him without the prior permission of the Clinical Coordinator.
2. Attendance and punctuality
Attendance at clinical work is compulsory. The student should obtain prior leave from the clinical teacher concerned before being absent from clinical work. The student should spend the full amount of time scheduled in the timetable for training.
3. In the corridors and public areas of the hospital, students should not talk loudly and should not block corridors.
4. On entering the wards, the students should introduce themselves to the ward staff and obtain permission to see the patients. Students should not obstruct the working of ward staff.

5. Students should not smoke or chew betel in the hospital premises nor should he/she be under the influence of alcohol or drugs.
6. Students should obtain consent of the patient/guardian before examining a patient. It is advised not to disturb the patient if he/she is asleep, having a meal or feeling uncomfortable. When examining a patient of opposite sex, it is desirable to have a chaperone. Students are expected to expose only the relevant part of the body that is examined and have adequate screening around the patient. Student should not examine patients during the visiting hours. Students are advised not to sit on patient's bed/trolley.
7. Conduct with the patients
 - a) Student should introduce himself/herself to the patient and address the patient suitably with respect. Student should be courteous and considerate to the patient.
 - b) Under no circumstance, student should give treatment, medicine, money, tobacco, drugs, alcohol or any type of food.
 - c) Student should maintain strict professional secrecy with regard to the information obtained from the patient.
 - d) Student should not discuss the patient's condition and prognosis in the presence of the patient.
 - e) Student should educate the patient about management and prevention of the disease. Student should develop competence in patient education.
 - f) The relationship of the students with patients and their visitors should be at a professional level.
 - g) Student should not obtain photograph/videos, revealing the identity of the patient without appropriate permission from the hospital administration and the consent of the patient/guardian.
8. Hospital records

Students should not remove hospital records, radiographs, ultrasound scans, echocardiograms, CT scans, MRI scans, and ECG or laboratory reports of patients. Strict confidentiality should be maintained with regard to information obtained from records. Taking photographs and video recording of patient's records are not permitted.
9. Hospital equipment

Student should use personal protective equipment (gloves, masks) appropriately during clinical training. Proper disposal of surgical consumables (gloves, dressings, syringes, etc.) is advised. Hospital equipment like sphygmomanometer, ophthalmoscope and auroscope should be used with care and accidental breakages of such equipment should be brought to the notice of ward staff.
10. Out- of- bounds period

When clinical examinations are in progress, the hospital is made out- of- bounds for medical students. During such periods, students are expected to keep away from the wards and doctors' quarters. However, if a student wishes to visit a close relative in the ward, he/she shall visit the ward during visiting hours after obtaining prior permission from the consultant in charge and the Dean.

11. Communicable diseases

Students who are suffering from a communicable disease should not visit the wards. If in doubt, they should consult the University Medical Officer or a person appointed by the faculty to act in that capacity. In addition, they should inform the clinical teacher.

12. Consulting specialists and other medical staff

The student should always obtain prior permission and make an appointment when he/she, a relative or a friend of the student wishes to consult a specialist or any other doctor in the hospital.

13. Treatment and advice by students

The student should refrain from prescribing and treating patients until they are qualified. No surgical procedure should be done without the approval of the ward staff.

3.3 Attendance, Examinations

3.3.1 Attendance at Classes

An attendance of 80% (or 65% with medical certificates) is required for signing up Student Appointment Book. The medical certificate has to conform to the regulations given under General Rules for students.

3.3.2 Hospital and Clinical Work

Students are grouped into batches for clinical training and are expected to follow the schedules drawn up for this purpose by the Dean's Office/Clinical Coordinator. Any unauthorized changes of appointments may result in the cancellation of the appointments with the possible consequence of postponement of the Final Examination. Clinical appointments, which are changed without written permission from the Dean will not be recognized for the course.

Students are reminded that they have to conform to the rules of medical institutions they work in. Students should also be particularly mindful of the human rights of patients and be aware that students have no inherent right to interrogate or examine patients.

3.3.3 Eligibility to Sit Examinations

No student will be eligible to sit an examination of the faculty if he/she has not obtained the signature of the relevant teachers for satisfactory attendance at tutorials/small group discussion, practical classes/guided learning sessions, ward classes, demonstrations and clinical attachments. Conformation of the attendance need to be obtained after the completion of teaching sessions.

Students, who have defaulted in respect of university dues, even though they may have satisfied stipulated academic requirements, will not be permitted to sit any examination.

3.3.4 By-Laws Regarding Student Discipline

Please refer to the documents on By-Laws regarding student discipline given to you at the time of admission to the University.

Please refer By-Laws approved by the Council of the University of Ruhuna under subsection (1) of section 135 of the Universities Act No 16 of 1978 in respect of Discipline and Residence of student:

<http://www.medi.ruh.ac.lk/index.php/documents-downloads>

3.4 Management Information System of the Faculty

A student should pay the initial registration fee to the main office of the University at Matara. The fee for renewal of registration and the other payments (for library, hostel, sports, etc.) are paid to the faculty. The details can be found in the following websites.
<https://paravi.ruh.ac.lk/stuaffair/download.php>

3.4.1 Student Loans

No scheme available at present.

3.4.2 Bursary Scheme

Bursaries are awarded to students who are entering the University, based on parents' income, distance from residence to the university and the number of school-going brothers and sisters. The monthly bursary payment is Rs. 9000.00 and is paid as ten installments in each academic year. The Bursary may be stopped for the following reasons:

1. If bursary holders fail to pass any examination.
2. If students' work, conduct and attendance are unsatisfactory.
3. If he/she conducts himself/herself in an indisciplined manner.

Application forms for bursaries can be obtained from the Student Welfare Branch of the University of Ruhuna, Wellamadama, Matara.

3.4.3 Scholarships

The following scholarships are available to students of the Medical Faculty.

Government Scholarships:

Granted to students who are eligible to extend their Grade 5 Scholarships.

Mahapola Scholarships:

Mahapola Scholarships are awarded by the Mahapola Trust Fund affiliated to the Ministry of Trade, Commerce, Food Security and Co-operative Development to the students who are entering the University. Currently, the monthly installment of the Mahapola Scholarship is Rs. 10000.00.

Mahapola Scholarships are awarded according to the guidelines published in the “Scholarships” section of the following website.

<https://www.mahapola.lk/index.php?lang=en#>

Further details about the payment criteria, cancellation and the termination of the Mahapola Scholarship is available on the University of Ruhuna Website under the following link.

<https://paravi.ruh.ac.lk/stuaffair/services.php>

Endowed Scholarships

Endowed Scholarships are awarded to students who have not obtained Mahapola Scholarships, bursaries or other scholarships. Selections are made for each scholarship by calling for applications based on the conditions of each scholarship.

- Professor Neil Fonseka Memorial Scholarship is offered to a student among top 10 students of the 2nd MBBS Examination. It comprises of a cash award of Rs. 24000.00 per year for a period of 3 years.
- Mr. & Mrs. M.G. Fonseka Memorial Scholarship is offered to the student who obtains the highest marks in Anatomy at the main 2nd MBBS Examination. It comprises of a cash award of Rs. 1000.00 per month for a period of 12 months.
- Ms. Nalini Jayasinghe Memorial Scholarship is offered to a student in the Southern Province among the top 10 students of the 2nd MBBS Examination. It comprises of a cash award of Rs. 18000.00 per year for a period of 3 years.
- Ms. Nalani Jayasooriya scholarship is offered to the selected five students who are not eligible for Mahapola, bursary, or other private beneficiaries. Yearly installment per student is Rs. 30,000.00.

Self-help fund scholarship:

This scholarship scheme was started in 1992 as a concept of the 10th batch of medical students in the Faculty of Medicine, University of Ruhuna.

The objectives of the Self-help fund shall be,

- 1) Establishing a fund to provide financial assistance to students facing financial difficulties in pursuing medical education at this institution, especially those who are not receiving Mahapola or any other scholarship or student aid.
- 2) The fund may provide financial assistance to students of the Faculty who encounter emergency circumstances, including assistance for related expenses, subject to the approval of staff (the Senior Student Counsellor, Senior Treasurer of the Self-Help Scholarship Fund, Dean, Faculty of Medicine, University of Ruhuna) and the students (committee members of the particular year).
- 3) The scholarship (Rs. 10000/= per month at present - subjected to changes according to the committee decisions) to the selected students shall remain valid for the entire period of their undergraduate academic journey within the faculty, provided that the student continues to meet the eligibility criteria and

requirements specified by the programme. Recipients will be selected jointly by the staff and the students (as specified above) after screening the applications. Number of scholarships awarded will be decided by the available funds on a particular year.

3.4.4 Student Accommodation

Accommodation is available for medical students within the faculty premises. Applications should be made to the Senior Assistant Registrar, Faculty of Medicine or to the Senior Assistant Registrar (Student Welfare) at Matara.

CHAPTER 4

Department of Anatomy

4.1 Academic Staff

Professors

- Chair, Snr. Prof. I. Ilayperuma - BVSc (Peradeniya), PhD (Otago)
- Prof. M. B. Samarawickrama - MBBS (Ruhuna), MS General Surgery (Colombo)
- Prof. L. W. G. R. Alwis - MBBS (Kelaniya), PhD (Lund)

Associate Professors

- Associate Prof. E. I. Waidyaratne - MBBS (Ruhuna), PhD (Ruhuna)

Senior Lecturers

- Dr. P. G. C. L. Nanayakkara - MBBS (Ruhuna), MPhil (Peradeniya)
- Dr. P. M. Rodrigo - MBBS (Ruhuna), PhD (Ruhuna)
- Dr. L. B. L. Prabodha - MBBS (Ruhuna), MPhil (Kelaniya), MSc (Colombo)

Probationary Lecturers

- Dr. U. R. R. Eranga - MBBS (Ruhuna)
- Dr. A. D. S. Suranga Sanjeewa - MBBS (Ruhuna), MD Radiology (Colombo)

4.2 Academic Programme

Course duration - Five terms (First to fifth terms of the academic programme, conducted during the first and second years of teaching).

Subject Area	Teaching / Learning Method	Term
Gross Anatomy	Dissections Manual follow-up - 120 hrs Dissections Video Guide – 32 hrs Student-Centered Learning in dissections – 64 hrs Dissections Revision – 08 hrs Lectures – 30 hrs Tutorials – 64 hrs	1 st – 4 th
Histology	Lectures – 32 hrs Practical sessions – 48 hrs	1 st – 4 th
Embryology	Lectures – 25 hrs	1 st – 4 th
Neuroanatomy	Lectures – 19 hrs Dissection manual follow-up - 17 hrs Dissections Video-Guided – 04 hrs	5 th

	Student-centered learning – 05 hrs Dissection Revision – 08 hrs Scenario-based problem-solving tutorials – 10 hrs Case-based discussions – 08 hrs	
Genetics	Lectures – 08 hrs	1 st & 3 rd
Clinical Anatomy*	Lectures – 29 hrs	1 st – 5 th

* Includes visiting lectures on clinical anatomy of eye, ear, nose & throat, cardiothoracic, neuroanatomy, female reproductive system & radiological anatomy by the clinicians.

4.3 Recommended Textbooks

This list of books is not intended to be fully comprehensive, and students should consult departmental staff on aspects not covered. Books shown as "Essential reading" are recommended for purchase and books shown as "further reading" are optional. Most of these books are available in the library.

Gross Anatomy

Essential reading:

- Cunningham's Manual of Practical Anatomy
- Clinical Anatomy - Harold Ellis

Further reading:

- Clinical Anatomy for Medical Students - Richard S. Snell
- Grant's Atlas of Anatomy - John Basmajian, Charles E Slonecker
- Clinical Oriented Anatomy - Keith L Moore, Arthur F Dalley
- Last's Anatomy Regional and Applied - Chummy S. Sinnatamby
- Gray's Anatomy - Peter L Williams & Roger Warwick
- McMins Colour Atlas of Human Anatomy - C D H Abrahams, S C Marks & R T Hutchinson

Histology

Essential reading:

- Wheater's Functional Histology

Further reading:

- Basic Histology - Luiz Carlos Junquiera and Jose Curreiro

Embryology

Essential reading:

Langman's Medical Embryology

Further reading:

- Human Embryology - Inderbir Singh
- The Developing Human - Clinically Oriented Embryology by Keith L Moore T V N Persaud

Neuroanatomy

Essential reading:

- Clinical Neuroanatomy - Richard S. Snell

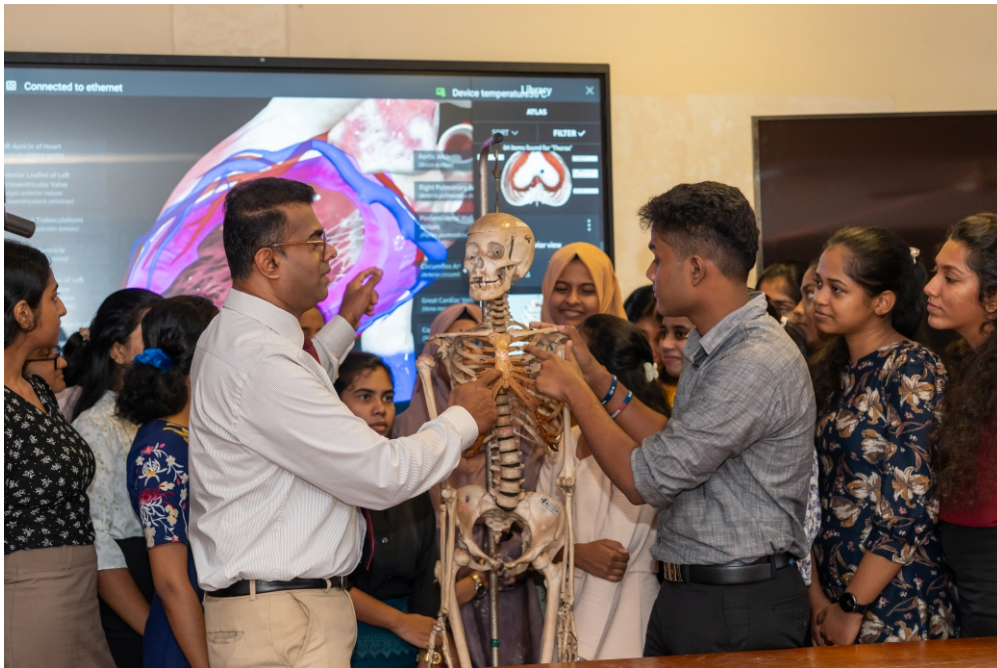
Further reading:

- Neuroanatomy for Medical Students - J L Wilkinson
- Principles of Neural Science - Eric R Kendel, James H Schwartz & Thomas N Jessel

Genetics

- An Introduction to Medical Genetics - Fraser, Roberts & Pembrey

** Latest edition is always recommended for the books given above*



Tutorial discussion in Anatomy

CHAPTER 5

Department of Biochemistry

5.1 Academic Staff

Professors

- | | |
|----------------------------|---|
| Prof. C. M. Wickramatilake | - MBBS (Ruhuna), PhD (Ruhuna), M.Sc. in Food & Nutrition (Peradeniya), Dip in Lifestyle Medicine (IBLM) |
| Prof. M.T. Napagoda | - BSc (Hons, Colombo), MPhil (Peradeniya), PhD (FSU Jena) |
| Prof. A. P. Attanayake | - BSc (Hons, Peradeniya), PhD (Ruhuna) |
| Prof. G. E. D. de Zoysa | - MBBS (Ruhuna), PhD (Ruhuna) |

Senior Lecturers

- | | |
|-----------------------|--|
| Dr. P. Kalansuriya | - BSc (Hons, Colombo), PhD (UQ) |
| Dr. W. N. D. De Silva | - BSc (Hons, Peradeniya), PhD (Ruhuna) |

Probationary Lecturers

- | | |
|-------------------------------|--------------------------------------|
| Dr. A. K. D. V. K. Wimalasiri | - BSc (Hons, Colombo), PhD (Colombo) |
|-------------------------------|--------------------------------------|

5.2 Academic Programme

Course duration - five terms (first to fifth terms of the academic programme, conducted during the first and second years of teaching).

Subject Area	Teaching/Learning Method	Term
- Basic Biochemistry: Cell structure, Biomolecules and their functions, Biological oxido-reduction, Enzymes	Lectures – 24 hrs Practical/GLS – 04 hrs SGD – 06 hrs	1 st
- Digestion & absorption and biochemical investigations in pancreatic diseases - Vitamins - Metabolism Carbohydrate, Protein and Nucleotide, Muscle energy metabolism and muscle-related biochemical investigations	Lectures – 30 hrs Practical/GLS – 09 hrs SGD – 08 hrs	2 nd

- Biochemistry related to*haemoglobin Haemoglobin, Iron metabolism, Vitamins related to blood, Bilirubin metabolism - Lipid metabolism & biochemical investigations - Plasma proteins - Clinical enzymology and liver function tests	Lectures – 30 hrs Practical/GLS – 09 hrs SGD – 10 hrs	3 rd
- Diabetes Mellitus* Classification/Diagnosis, Biochemical alteration related to DM, Biochemical basis of acute and chronic complications, Oxidative stress and its clinical relevance, Monitoring - Human nutrition - Mineral metabolism - Recombinant DNA technology - Hormone action and Signal transduction	Lectures – 29 hrs Practical/GLS – 09 hrs SGD – 10 hrs	4 th
- Inborn errors of metabolism - Case-based discussions/clinical scenarios	Lectures – 04 hrs SGD – 08 hrs	5 th

SGD: Small Group Discussions; GLS: Guided Learning Sessions

** Conducted as an integrated learning activity with the Department of Physiology*

Lectures and practical classes/guided learning sessions are held throughout the course with small group discussions every week. An attendance of 80% is required for the student to be eligible to sit the 2nd MBBS examination.

5.3 Recommended Textbooks

- Biochemistry (Lippincott's Illustrated Reviews), Denise R. Ferrier, ISBN-13 978-1451175622
- Harper's Illustrated Biochemistry, Victor W. Rodwell, David A. Bender, Kathleen M. Botham, Peter J. Kennelly, P. Anthony Weil, ISBN-13 978-0071825344

- Textbook of Biochemistry with Clinical Correlations, Thomas M. Devlin, ISBN-10 0470281731
- Medical Biochemistry, John W Baynes, Marek H. Dominiczak, ISBN-13 978-0702072994

The students are expected to browse through any other medical textbook which will be useful for a better understanding on the clinical aspect of diabetes mellitus (i.e. Davidson's Principles and Practice of Medicine (ISBN: 9780702083471), Oxford Textbook of Medicine (ISBN-13 978-0198746690), Textbook of Clinical Medicine by Kumar and Clark (ISBN-13 978-0702078682), Harrison's Principles of Internal Medicine (ISBN-13 978-1259644030)) etc.

** Latest edition is always recommended for the books stated above*



Practical/guided learning session in Biochemistry

CHAPTER 6

Department of Physiology

6.1 Academic Staff

Professors

- Chair, Snr. Prof. Sampath Gunawardena - MBBS (Ruhuna), PhD (Ruhuna)
- Snr. Prof. Mahinda Kommalage - MBBS (Ruhuna), PhD (Uppsala), MHPE (Keele)
- Snr. Prof. R. S. Janaka Lenora - MBBS (Ruhuna), MPhil (Ruhuna), PhD (Lund)
- Prof. Amaranath Karunanayake - MBBS (Ruhuna), PhD (Kelaniya)

Senior Lecturers

- Dr. D. C. Wijewickrama - MBBS (Ruhuna), MPhil (Ruhuna)
- Dr. Udari K. Egodage - MBBS (Colombo), MD (Colombo), Dip in MedEd (UK)
- Dr. D. D. K. Abeyrathne - MBBS (Peradeniya), MD in Endocrinology (Colombo), MRCP (Edin), MRCP Diabetes and Endocrinology (UK)

Lecturers

- Dr. S. P. Mohotti - MBBS (Ruhuna), MD in Neurophysiology (Colombo)

Probationary Lecturers

- Dr. M. A. L. D. Malwatta - MBBS (Ruhuna)
- Dr. S. A. M. A. V. R. Senanayake - MBBS (Ruhuna)
- Dr. H. V. C. Gunasekara - MBBS (Colombo)

6.2 Academic Programme

Course duration - Five terms (First to fifth terms of the academic programme, conducted during the first and second years of teaching).

Subject Area	Teaching/Learning Method	Term
Body fluids and the concept of homeostasis	Lectures - 06 hrs Tutorials/SGD - 02 hrs Practical sessions - 02 hrs	1 st
Musculoskeletal system	Lectures - 03 hrs Tutorials/SGD - 02 hrs	1 st

Introduction to the autonomic nervous system	Lectures - 01 hr	1 st
Cardiovascular Physiology	Lectures - 28 hrs Tutorials/SGD - 14 hrs Practical sessions - 06 hrs	2 nd
Respiratory Physiology	Lectures - 15 hrs Tutorials/SGD - 10 hrs Practical sessions - 05 hrs	2 nd
Gastrointestinal Physiology	Lectures - 11 hrs Tutorials/SGD - 06 hrs	2 nd
Component of integrated learning on Blood*	Lectures - 13 hrs Tutorials/SGD - 10 hrs Practical sessions - 06 hrs	3 rd
Renal Physiology	Lectures - 12 hrs Tutorials/SGD - 08 hrs Practical sessions - 02 hrs	3 rd
Endocrine Physiology	Lectures - 08 hrs Tutorials/SGD - 10 hrs	4 th
Component of integrated learning on diabetes mellitus*	Lectures - 05 hrs Tutorials/SGD - 04 hrs	4 th
Reproductive Physiology	Lectures - 08 hrs Tutorials/SGD - 06 hrs Practical sessions - 01 hr	4 th
Neuroscience**	Lectures - 16 hrs Tutorials/SGD - 10 hrs Practical sessions - 05 hrs	4 th – 5 th
Miscellaneous Physiology topics	Lectures - 02 hrs	5 th

** Component of integrated learning on Blood and Diabetes Mellitus are conducted as an integrated learning activity of the departments of Physiology and Biochemistry.*

*** Neuroscience module is conducted as an integrated learning activity of the departments of Physiology and Anatomy.*

Teaching Learning Activities

Teaching-learning activities are conducted both physically and using an online platform. Lectures, tutorial classes, practical classes, small group discussions, student seminars, short analytical essays and formative assessments are the teaching-learning techniques used.

Attendance is compulsory for onsite as well as online practical classes, tutorial classes and small group discussions when determining the eligibility to sit for the 2nd MBBS examination.

Short Analytical Essay and Student Seminar

Each student has to write a 2500–3500 word short analytical essay on a topic related to Physiology or Medicine, which is assigned to groups of 4-5 students. Students will be guided on literature search and scientific writing by allocated academic staff members. They are expected to work in groups on information retrieval, summarizing relevant information and making the seminar presentation on the given topic. Each student should participate in a 10-minute group presentation. Each one of them should write a short analytical essay of his/her own on the same topic.

Department Policy on AI Use, Similarity, and Plagiarism

Students may use artificial intelligence (AI) tools only to support the writing process, such as brainstorming ideas, organizing content, drafting outlines, or improving clarity. However, all submitted work must demonstrate the student's own understanding, critical thinking, and originality. AI-generated or AI-assisted content must be thoroughly reviewed, rewritten, and personalized, with overall AI usage remaining below 40%. Essays that are wholly or predominantly AI-generated will not be accepted. Students are also responsible for ensuring that the similarity score of their submission remains below 20% through appropriate paraphrasing and proper citation of all sources. Plagiarism, including copying text without acknowledgment, paraphrasing ideas without citation, or submitting work produced by another person or AI as one's own, constitutes academic misconduct and is strictly prohibited.

6.3 Recommended Textbooks

- Ganong's Review of Medical Physiology by Kim E. Barrett, Susan M. Barman, Scott Boitano, Heddwen Brooks
- Textbook of Medical Physiology by A.C. Guyton and J.E. Hall
- Hutchison's Clinical Methods by M. Swash and S. Mason
- The student should learn to browse through any other medical textbook that may have information useful to a better understanding of Physiology (i.e. Davidson's Principles and Practice of Medicine, Oxford Textbook of Medicine, Textbook of Clinical Medicine by Kumar and Clark etc.)

** The latest edition is always recommended for the books stated above.*

CHAPTER 7

Department of Microbiology

7.1 Academic Staff

Professors

Chair, Snr. Prof. A. de. S. Nagahawatte - MBBS (Colombo), Dip. Med. Micro. (Colombo), MD Med. Micro. (Colombo)

Senior Lecturers

Dr. S. S. Wickramasinghe - MBBS (Ruhuna), Dip. Med. Micro. (Colombo), MD Med. Micro. (Colombo)

Dr. H. H. P. M. J. Thabrew - MBBS (Ruhuna), Dip. Med. Micro. (Colombo), MD Med. Micro. (Colombo)

Probationary Lecturers

Dr. Jithmi Nayanathara - MBBS (Ruhuna)

7.2 Academic Programme

Course duration - Three terms (Sixth to eighth terms of the academic programme, conducted during the third year of teaching).

Subject Area	Teaching / Learning Method	Term
General Microbiology	Lectures - 06 hrs Practical Classes/ Fixed Learning Modules (FLM)/ Demonstrations - 04 hrs	6 th
Immunology	Lectures – 08 hrs FLM/ Demonstrations - 02 hrs	6 th
Systemic Bacteriology & Antimicrobial Chemotherapy	Lectures - 24 hrs FLM/ Demonstrations /Practical Classes - 06 hrs	6 th & 7 th
Systemic Virology & Antiviral Agents	Lectures - 16 hrs FLM/ Demonstrations /Small Group Discussions - 10 hrs	7 th
Mycology	Lectures - 03 hrs FLM/ Demonstrations / Practical Classes - 01 hr.	7 th
Clinical Microbiology	Lectures - 24 hrs FLM/ Demonstrations /Tutorials /Computer Associated Learning - 09 hrs	8 th

Theory

Lectures are conducted on the core knowledge pertaining to subject areas.

Practical sessions

Demonstration of Gram stain, acid-fast stain, and culture characteristics to identify bacteria. Practical demonstrations of collection & transport of specimens, culture media, microscopy, and culture characteristics of pathogens.

Self-Learning Activities

1. Fixed Learning Modules (FLM)

FLM provides extra, 'good to know' and 'nice to know' knowledge regarding topics covered in lectures. These are presented on notice boards.

2. Small Group Discussions (SGD)

Students are divided into small groups with a leader and a rapporteur. They are given questions to discuss and answer during the first 30 minutes and a discussion is conducted during the next 30 minutes.

3. Group Presentations

Students are grouped and allocated with different topics and objectives. They are requested to make power-point presentations based on the information they gather as well as observations they make during clinical appointments.

7.3 Recommended Textbooks

- Barer MR, Irving WL, Swann A, Perera N. Medical Microbiology; A Guide to Microbial Infections: Pathogenesis, Immunity, Laboratory Investigation and Control.
- Goering R, Dockrell HM, Zuckerman M, Chiodini PL. Mims' Medical Microbiology and Immunology.
- Abbas AK, Lichtman AH, Pillai S. Basic Immunology: Functions and Disorders of the Immune System.
- Hospital Infection Prevention and Control Manua. [e-book] Sri Lanka; Sri Lanka College of Microbiologists 2021 (<https://slmicrobiology.lk/hospital-infection-prevention-and-control-manual-2/>)
- SLMA Guidelines on Vaccines and Information on Vaccines. Sri Lanka; Sri Lanka Medical Association 2024
- Notes on Medical Virology. Timbury M C

** Latest edition is always recommended for the books stated above.*

CHAPTER 8

Department of Parasitology

8.1 Academic Staff

Professors

Chair, Snr. Prof. T. Channa Yahathugoda - MBBS (Ruhuna), PhD (Ruhuna)

Senior Lecturers

Dr. Janaka Ruben - MBBS (Ruhuna), PhD (Ruhuna)
Dr. N. Lalindi De Silva - MBBS (Colombo), Dip in Med. Micro (Colombo), MD in Med. Parasit. (Colombo), PhD (Jichi.Jap)

Lecturer

Ms. Sandani Thilakarathne - BSc (Hons) (Peradeniya), MPhil in Veterinary Science (Melbourne)

8.2 Academic Programme

Course duration - Three terms (6th to 8th terms of the academic programme, conducted during the third year of teaching).

Subject Area	Teaching / Learning Methods
6 th Term: Medical Helminthology and Zoonotic Helminth Infections	Lectures (08 hrs) Tutorials (16 hrs) Practical (08 hrs) Self-directed learning (08 hrs) Independent Learning (50 hrs)
7 th Term: Medical Protozoology and Zoonotic Protozoan Infections	Lectures (08 hrs) * Tutorials (16 hrs) Practical (08 hrs) Self-directed learning (08 hrs) Independent Learning (50 hrs)

8 th Term:	Lectures (06 hrs) *
Medically important arthropods	Tutorials (12 hrs)
Medically important snakes	Practical (06 hrs)
	Self-directed learning (06 hrs)
Medically important common toxic sea creatures found in Sri Lanka	Independent Learning (60 hrs)

** Integrated lectures with the Departments of Medicine, Paediatrics, Pathology, Pharmacology and Community Medicine*

8.3 Recommended Textbooks

- Basic Clinical Parasitology by Franklin A. Neva (Author), Harold W. Brown (Author), ISBN-10 0838506240, ISBN-13 978-0838506240, Publisher - Appleton & Lange
- Medical Parasitology by D.R. Arora (Author), B.B. Arora (Author), ISBN-13 978-9386827555, Publisher - CBS publishers and distributors
- Manson's Tropical Diseases, Author: Jeremy Farrar, Patricia J. Garcia, Peter J Hotez, Thomas Junghanss, Gagandeep Kang, David Lalloo, and Nicholas J. White, ISBN: 9780702079597, Publisher - Elsevier
- Medical Entomology for Students: by Mike Service (Author), ISBN: 978-1-107-66818-8, Publisher - Cambridge University Press
- Snakes and Other Reptiles of Sri Lanka by I. Das (Author) & A De Silva (Author), ISBN: 1843309238, Publisher - New Holland Publishers Ltd

** The latest edition is always recommended for the books stated above*

CHAPTER 9

Department of Community Medicine

9.1 Academic Staff

Professors

- | | |
|--------------------------------|--|
| Chair, Snr. Prof. P. B. Perera | - BSc (Colombo), MSc (London, UK), PG Dip (App Stat) (Colombo), PhD (IU, USA), FFAIMER (USA) |
| Snr. Prof. P.V. De Silva | - MBBS (Ruhuna), MSc ComMed (Colombo), MD Com Med (Colombo) |
| Prof. C. J. Wijesinghe | - MBBS (Ruhuna), MSc ComMed (Colombo), MD ComMed (Colombo) |
| Prof. T. T. Ponnampereuma | - MBBS (Ruhuna), MPhil (Maastricht, NL), PG Dip. Fam Med (Colombo), PhD (Maastricht, NL) |
| Prof. P. L. A. N. Liyanage | - MBBS (Ruhuna), MD Derm (Colombo), PhD (Ruhuna) |

Senior Lecturers

- | | |
|-----------------------------|---|
| Dr. K. K. W. J. C. De Silva | - MBBS (Ruhuna), PhD (Ruhuna) |
| Dr. I. L. A. N. Darshana | - MBBS (Ruhuna), MSc Biostatistics (Peradeniya), MSc ComMed (Colombo), MPhil (Ruhuna), MD Com Med (Colombo) |
| Dr. B. C. Mallawarachchi | - MBBS (Ruhuna) MSc ComMed (Colombo), MD ComMed (Colombo) |

Lecturers

- | | |
|-------------------------|---|
| Dr. V. C. P. Rajakaruna | - MBBS (Colombo), PG Dip HD (Colombo), MPHE (Kelaniya) |
| Dr. G. J. Chandana | - MBBS (Peradeniya) MSc ComMed (Colombo), MD ComMed (Colombo) |

Probationary Lecturers

- | | |
|----------------------------|----------------------------------|
| Dr. B. V. S. De Silva | - MBBS (Ruhuna), MPHE (Kelaniya) |
| Dr. P. A. R. I. Kulathunga | - MBBS (Ruhuna) |

9.2 Academic Programme

Course duration - Six terms (Sixth to eleventh terms of the academic programme, conducted during the third and fourth years of teaching)

Teaching / Learning activities

- Lectures – 6th - 11th terms
- Tutorials – 6th, 7th, and 11th terms
- Primary Health Care and Community Health Module – 2 weeks (after the 2nd MBBS examination, before the 6th term)
- Introduction to Community Medicine and Research, Behavioral Sciences and Social Medicine – 2 weeks (after the 2nd MBBS examination, before the 6th term)
- Community Attachment Programme – 4 terms (begins at the 6th term and continues up to 9th term)
- Clerkship programme – 4 weeks per group
- Student research projects – 6 terms (begins at the 6th term and continues up to 11th term)
- Family Medicine appointment – 2 weeks per group

Course module	Teaching/ learning method	Allocated duration	Term
Primary Health Care and Community Health Module	Lectures FBL, TBL, PAL	2 weeks	After 2 nd MBBS exam – before starting the 6 th term
Introduction to Community Medicine and Research, Behavioural Sciences and Social Medicine	Lectures PBL, TBL, PAL	2 weeks	After 2 nd MBBS exam – before starting the 6 th term
Community Attachment Programme	FBL, Lectures, PBL, TBL, Supervision	4 terms	6 th – 9 th term
Student Research Project	Lectures, TBL, PBL, Research project	6 terms	6 th – 11 th term
Community Medicine Clerkship Appointment	FBL, SDL, TBL, PBL, Lectures, PAL	4 weeks	9 th – 10 th term
Demography and Vital Statistics	Lectures, Tutorials FBL, PAL	09 hrs 01 hr	6th term
Biostatistics	Lectures, Tutorials TBL, PBL,	13 hrs 02 hrs	6 th -7 th term
	Hands-on practical training on data analysis		

Occupational Health	Lectures, Tutorials PBL, TBL, FBL	05 hrs 01 hr	7 th term
Environmental Health	Lectures, Tutorials, PBL, TBL, FBL	06 hrs 01 hr	7 th term
Maternal and Child Health	Lectures, Tutorials PBL, TBL, FBL	13 hrs 02 hrs	8 th term
Epidemiology	Lectures, Tutorials PBL, TBL	14 hrs 2 hrs	8 th - 9 th term
Nutrition	Lectures, Tutorials PBL, TBL, FBL	12 hrs 02 hrs	9 th term
Gender-Based Violence	Lectures	02 hrs	10 th term
Family Medicine	Lectures, PAL, CBL	10 hrs	10 th term
Behavioural Sciences and Social Medicine	Lectures	06 hrs	11 th term
Tutorial	Tutorial	15 hrs	6 th , 7 th and 11 th term

FBL – Field-based learning, TBL – Team based learning, PBL – Problem-based learning, PAL - Peer-assisted learning, SDL – Self-directed learning,

The students are engaged in 200 hours of field-based learning activities.

Seminars and Workshops

During the Community Medicine Clerkship an evaluation seminar is held while another seminar is conducted during the Community Attachment Programme. A workshop on Research Methodology is carried out prior to the beginning of the Student Research Projects.

Primary Health Care and Community Health Module

The aim of this module is to create awareness and experience among medical undergraduates on the structure and functions of the primary healthcare facilities in community and the socio-cultural, environmental and behavioral determinants of health. This module is conducted after the 2nd MBBS examination, prior to the introductory clinical appointments. The entire module will be conducted over two weeks as self-directed field-based learning, facilitated by the department.

Students are expected to visit two primary healthcare service providers (e.g. Medical Officer of Health Office, Primary Medical Care Unit, health-related organization) in a selected area to gain an understanding of the health services and facilities available, the referral pathways for common diseases and health-related conditions and the treatment-seeking behaviour of the population. In addition, the field-based learning sessions will enable students to identify major health concerns, health-seeking behaviours, and determinants of health of a selected community setting by interviewing the key informants. The module will also include interactive sessions in which the students share their findings with each other to complete the group assignments. At the end of the two weeks, the students are expected to submit an e-portfolio as a group project. After evaluating the portfolio by two academic members, feedback will be given to the students. Satisfactory completion of the module will be a pre-requisite to sit for Community Medicine subject at the 3rd MBBS Part II examination.

Community Medicine Clerkship Programme

Community Medicine Clerkship Programme is designed with the objective of making the students aware about the delivery of field health care services at national, provincial, district and divisional levels. The students are attached to public health institutions [Medical Officer of Health (MOH) office of the University Field Training area, Bope-Poddala and MOH Galle Municipality] to learn the duties and service-related functions of the public health team.

The students are expected to observe the provision of services under the Reproductive, Maternal, Newborn, Child, Adolescent and Youth Health (RMNCAYH) Programme of Sri Lanka through visits to Maternal & Child Health clinics and Well Women Clinics. In addition, they get the opportunity to observe the delivery of occupational and environmental health services, food and water sanitation and port health services by visiting the relevant institutions, factories and the Port Health Office. Community Medicine Clerkship programme also includes visits to elderly homes, orphanages, a community-based rehabilitation center and an Ayurvedic Hospital to gain an understanding of the community health services and alternative system of Medicine in Sri Lanka.

At the end of the programme, each group of students conducts a seminar on topics covered during the programme as a peer teaching session, with a formative evaluation of the presentations. An OSPE is held at the end of the clerkship programme and will constitute 15% of the final mark in Community Medicine in 3rd MBBS Part II examination.

Research Projects

Student research projects form a key component of the Community Medicine curriculum which is introduced in the 6th term (3rd year). The programme spans six terms and begins after the introductory clinical and community exposures. Students receive structured training in research methodology, including selection of a research topic, study designs, sampling, questionnaire design and data collection, data analysis, research ethics, and scientific writing.

Working in supervised groups, students develop research proposals, obtain ethical approval, and conduct data collection and analysis. Upon completion of the project, a report or a manuscript is submitted for evaluation as a group assignment, followed by an individual viva voce examination. The research project contributes to 10% of the final mark in Community Medicine in the 3rd MBBS Part II examination.

Community Attachment Programme

The students are grouped into 12 groups and a small community of 25-30 households is allocated for each group during the introductory clinical appointments.

Working in groups, they carry out a community survey to identify common health problems as well as social, environmental and behavioral problems in the given community. The survey aims to provide an understanding of the community's health needs and to facilitate the delivery of primary health care and supportive services through community participation and intersectoral collaboration.

Following the preliminary demographic and health survey, students are required to identify significant health issues in the allocated community and formulate a community diagnosis. Based on these findings, each group is expected to select a priority health problem and design a community intervention project to address it. A formative assessment consisting of a student presentation and submission of a preliminary report will be conducted during this phase.

A field visit will be conducted by academic staff of the Department of Community Medicine during the project implementation to assess each student's individual performance in the field. In addition, a common mark will be assigned for the group based on the final project report. The combined score from these two components, individual field-based assessment and the final project report will contribute 10% of the final Community Medicine mark in the 3rd MBBS Part II Examination.

Clinical Appointment in Family Medicine

The clinical appointment in Family Medicine is designed for a two-week duration with the objective of making students competent in providing unsupervised primary care at the community as a medical doctor in future. The students are attached to the University Family Practice Center, a private General Practitioner's clinic and the Outpatient Department (OPD) of the National Hospital Galle. During this appointment, the students are expected to observe and learn how to provide comprehensive, continuing health care in both preventive and curative contexts for the individuals and the families. Two OSCEs in the clerkship examination and MCQ in the paper II of 3rd MBBS part II examination will assess knowledge in Family Medicine.

9.3 Recommended Textbooks / Publications

- Textbook of Preventive and Social Medicine, K. Park
- Family Health: A Manual for Health Workers in Sri Lanka, Family Health Bureau, Colombo.
- Essentials of Health Behavior, Mark Edberg, Jones & Bartlett, 2007
- Health and Behavior, Institute of Medicine, USA, National Academy Press, 2001
- Statistics at Square One, D.V. Swinscow
- Discovering Statistics Using IBM SPSS Statistics, Andy Field
- Basic Epidemiology, R. Beaglehole, R. Bonita
- Epidemiology in Medicine, Charles H. Hennekens, Julie E. Buring
- Learning Research: A guide to medical students, junior doctors and related professionals, C. Sivagnanasundaram
- Research Methods in Community Medicine, J.H. Abramson, Z.H. Abramson
- Nutrition at a Glance, Mary E. Barasi
- Perspectives in Nutrition, Gordon M. Wardlaw
- Human Nutrition, Mary E. Barasi
- Occupational Health: An Introductory Course for Health Care Workers, H.M.S.S.D. Herath
- A Manual for the Sri Lanka Public Health Inspector, H.M.S.S.D. Herath
- Immunization Handbook, Epidemiology Unit, Ministry of Health, Sri Lanka
- Maternal care package: A Guide to Field Healthcare workers, Family Health Bureau, Ministry of Health, Sri Lanka
- Annual Health Bulletin, Ministry of Health, Sri Lanka
- Weekly Epidemiological Report: Sri Lanka (WER), Epidemiological Unit, Ministry of Health, Sri Lanka
- Annual Report, Family Health Bureau, Ministry of Health, Sri Lanka
- Statistical Pocket Book - Democratic Socialist Republic of Sri Lanka, Department of Census and Statistics, Sri Lanka
- Oxford handbook of general practice
- Murtagh's General Practice by John Murtagh
- Lecture Notes in Family Medicine by Prof. Nandani de Silva

**Latest edition is always recommended for the books stated above.*

CHAPTER 10

Department of Pharmacology

10.1 Academic Staff

Professors

Prof. P. L. G. C. Liyanage - MBBS (Ruhuna), PhD (Ruhuna)

Senior Lecturers

Dr. S. A. Mendis MBBS (Colombo) MD Medicine (Colombo) MRCP (UK) AFHEA (UK) MRCP SCE in Endocrinology and Diabetes

Probationary Lecturers

Dr. R. A. Wasana Sewwandi MBBS (Colombo)

Dr. A.W. Kalani Mithunika MBBS (Ruhuna)

10.2 Academic Programme

Course duration - six terms (6th to 11th terms of the academic programme, conducted during the third and fourth years of teaching).

Teaching/Learning Methods	Duration (hrs)	Term
Lectures	86	6 th - 11 th
Student-centered learning	50	6 th - 11 th
Module on antibiotics	5.5	7 th
Module on asthma	04	9 th
Tutorials	10	10 th - 11 th
Therapeutics	14	11 th

10.3 Recommended Textbooks & Journals

- Clinical Pharmacology - P.N. Bennett, M.J. Brown, P. Sharma, Churchill Livingstone, London
- Rang & Dale's Pharmacology - H.P. Rang, J. M. Ritter, R.J. Flower, G. Henderson, Churchill Livingstone, London
- Oxford Textbook of Clinical Pharmacology & Drug Therapy - D. Grahame Smith, J. Aronson, Oxford University Press
- British National Formulary - Joint Formulary Committee, Pharmaceutical Press, British Medical Association & Royal Pharmaceutical Society

- Medical Pharmacology at a Glance - M.J. Neal, Wiley-Blackwell
- Sri Lanka Student Formulary - Department of Pharmacology, Faculty of Medicine, University of Colombo
- Sri Lanka Prescriber - Department of Pharmacology, Faculty of Medicine, University of Colombo

**Latest edition is always recommended for books stated above*

CHAPTER 11

Department of Pathology

11.1 Academic Staff

Professors

- | | |
|------------------------------------|--|
| Chair, Snr. Prof. L. K. B. Mudduwa | - MBBS (Colombo), Dip. Path, MD
Histopathology (Colombo) |
| Prof. K. A. C. Wickramaratne | - MBBS (Ruhuna), Dip. Path, MD
Haematology (Colombo), FSLCH |
| Prof. T. G. Liyanage | MBBS (Ruhuna), Dip. Path, MD
Histopathology (Colombo) |

Senior Lecturers

- | | |
|--------------------|--|
| Dr. T. W. Wijesiri | - MBBS (Ruhuna), Dip Histopath, MD
Histopathology (Colombo), FRCPath (UK) |
|--------------------|--|

Lecturers

- | | |
|--------------------------|--|
| Dr. K. B. Rojika | - MBBS (Ruhuna), MD Histopathology
(Colombo) |
| Dr. I. L. Wickramanayake | - MBBS (Peradeniya), MD Histopathology
(Colombo), FRCPath (UK) |
| Dr W. D. D. Prasanni | - MBBS (Colombo), Diploma in Clinical
Haematology (Colombo), MD Clinical
Haematology (Colombo) |

Probationary Lecturers

- | | |
|------------------------------|-----------------|
| Dr. B. D. B. M. Baduraliyage | - MBBS (Ruhuna) |
|------------------------------|-----------------|

11.2 Academic Programme

Course duration - Six terms (Sixth to eleventh terms of the academic programme, conducted during the third and fourth years of teaching).

Subject Area	Teaching/ Learning method	Term/s
General Pathology	Lectures- 20 hrs Guided learning sessions- 14 hrs Small group discussion – 01 hr	6 th - 7 th
Tumour Pathology	Lectures- 10 hours Guided learning sessions - 08 hrs Small group discussion – 01 hr	6 th - 7 th

Chemical Pathology	Lectures- 12 hours Guided learning sessions - 05 hrs Small group discussion – 01 hr	8 th - 9 th
Haematology	Flipped classes- 20 hours Guided learning sessions - 05 hrs Small group discussion – 01 hr	8 th - 9 th
Systemic Pathology	Lectures- 50 hours Guided learning sessions - 16 hrs Small group discussion – 06 hrs	8 th – 11 th
Total	Lectures- 112 hrs Guided learning sessions - 48 hrs Small group discussion – 10 hrs	

Clinicals

After the two weeks of Clinical Pathology appointment at the Pathology Laboratory in National Hospital, Galle students are expected to complete a Learning Portfolio .

11.3 Recommended Textbooks

Histopathology:

- Robbins Basic Pathology by Elsevier
- Webpath: <https://webpath.med.utah.edu/>

Chemical Pathology

- Clinical Chemistry by William J Marshall by Elsevier

Haematology:

- Hoffbrand's Essential Haematology by Victor Hoffbrand by Wiley
- <https://ashpublications.org/books/book/6/American-Society-of-Hematology-Self-Assessment>
- Manual of Lab Procedures in Haematology ISBN 978-624-5776-02-3 access through SLCH website

** Latest edition is always recommended for the books stated above.*

CHAPTER 12

Department of Forensic Medicine

12.1 Academic Staff

Professors

- | | |
|------------------------------|---|
| Chair, Prof. U. C. P. Perera | - MBBS (Colombo), DLM, MD Forensic Med (Colombo), MA, LLB, DMJ Path (London), MFFLM (UK), Attorney-at-Law, FCFPSL |
| Prof. J. Warushahennadi | - MD (Russia), DLM, MD Forensic Med (Colombo) |
| Prof. R. H. A. I. Ratnaweera | - MBBS (Peradeniya), DLM, MD Forensic Med (Colombo) |

12.2 Academic Programme

Course duration - Six terms (6th to 11th terms of the academic programme, conducted during the third and fourth years of teaching).

The course consists of lectures, short appointment in Forensic Medicine, demonstration classes on specimens, autopsy demonstrations and revision tutorial classes.

Subject Area	Teaching / Learning Method	Term
Clinical Forensic Medicine	Lectures - 25 hrs Tutorials - 5 hrs Clinical appointment - 2 weeks	6 th - 11 th
Forensic Pathology	Lectures - 30 hrs Tutorials - 5 hrs	7 th - 11 th
Forensic Science	Lectures - 15 hrs Tutorials - 5 hrs	7 th - 11 th
Forensic Toxicology	Lectures - 25 hrs Tutorials - 5 hrs	9 th - 11 th
Medical Law and Ethics	Lectures - 15 hrs Tutorials - 5 hrs	6 th - 11 th

12.3 Recommended Textbooks

- Clinical Forensic Medicine by WDS Mclay
- Clinical Forensic Medicine: A Physician's Guide by Margaret M Stark
- Forensic Pathology by Bernard Knight

- Forensic Pathology: Principles and Practice by David Dolinak, Evan Matshes & Emma O Lew
- Forensic Pathology by VJM Di Maio & DJ Di Maio
- Handbook of Forensic Pathology by V.J.M Di Maio & S.E Dana
- The Pathology of Trauma by J.K. Mason & B.N. Purdue
- The Pathology of Drug Abuse by Steven B Karch
- Management of Poisoning by Ravindra Fernando

** Latest edition is always recommended for the books stated above.*



Professorial Ward Complex

CHAPTER 13

Department of Medicine

13.1 Academic Staff

Professors

Snr. Prof. T. P. Weeraratna	- MBBS (Ruhuna), MD (Colombo), FRCP, FACP, FCCP
Snr. Prof. K. D. Pathirana	- MBBS (Peradeniya), MD (Colombo), MRCP (UK), FCCP
Prof. C. K. Bodinayake	MBBS (Ruhuna), MD (Colombo) MRCP (UK), FCCP
Prof. N. J. Dahanayake	- MBBS (Ruhuna), MD (Colombo), FCCP
Prof. A. S. Dissanayaka	MBBS (Colombo), MD (Colombo) FRCP (London), FRCP (Edinburgh) FRCP (Glasgow) FCCP
Prof. C. Lakmal Fonseka	- MBBS (Ruhuna), MD (Colombo), MRCP (UK), DPhil (Oxon)
Prof. P. D. W. D. De Zoysa	- MBBS (Colombo), MD (Colombo)

Senior Lecturers

Dr. D. R. Palangasinghe	- MBBS (Ruhuna), MD (Colombo)
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13.2 Academic Programme

Teaching programme in Medicine includes clinical training, ward classes, lectures, clinical demonstrations and tutorials. The objectives of Introductory, First, Second & Professorial appointments are included in the department website.

Academic Activity	Duration	Teaching/ Learning Method
3 rd Year (6 th - 8 th)		
Introductory lectures in Clinical Medicine	02 hrs	Ward teaching, case-based teaching & learning, patient-centered self-directed education
Introductory appointment	01 week	
1 st Appointment in Medicine	6 - 8 weeks	
Short appointments		
Dermatology	2 weeks	Ward teaching & lectures
Neurology	2 weeks	Case-based self-learning and Discussion
Rheumatology	2 weeks	
STD	1 week	
Respiratory Medicine	1 week	

Cardiology	2 weeks		
Emergency Medicine	2 weeks		
4 th Year (9 th – 11 th Term)			
2 nd Appointment in Medicine	6 - 8 weeks	Ward teaching, case-based teaching & learning, patient- centered self-care education	
Subject	Clinical Scenario-based Lectures	Student-Centered Teacher- Lead Learning Sessions	Student-Centered Student-Lead Learning Sessions
Cardiology	08 hrs	02 hrs	04 hrs
Respiratory	07 hrs	04 hrs	05 hrs
Renal	05 hrs	02 hrs	02 hrs
Gastroenterology	05 hrs		02 hrs
5 th Year (12 th – 14 th Term)			
Professorial Appointment	8 weeks	Teaching, ward rounds, case presentation and discussion, self-learning, peer learning students presentation, problem-based learning	
Subject	Clinical Scenario based Lectures	Student-Centered Teacher- Lead Learning Sessions	Student-Centered Student-Lead Learning Sessions
Endocrinology	07 hrs	02 hrs	-
Neurology	10 hrs	04 hrs	02 hrs
Rheumatology	03 hrs	02 hrs	01 hr
Haematology	02 hrs	02 hrs	01 hr
Dermatology	02 hrs	02 hrs	01 hr
Emergency Medicine	01 hr	02 hrs	01 hr
Infections	01 hr	02 hrs	01 hr
Miscellaneous	01 hr	02 hrs	01 hr

13.3 Recommended Textbooks

- Clinical Medicine by Kumar & Clark
- Davidson's Principles and Practice of Medicine
- Hutchison's Clinical Methods
- Clinical Examination by John Macleod
- Oxford text book of Medicine
- Harrison's Principles of Internal Medicine

* Latest edition is always recommended for the books stated above.

CHAPTER 14

Department of Obstetrics & Gynaecology

14.1 Academic Staff

Professors

- Chair, Prof. Lanka Dasanayake - MBBS (Ruhuna), MD O/G (Colombo), MRCOG (Gt. Brit), FSLCOG

Senior Lecturers

- Dr. J. A. P. Dhammika - MBBS (Ruhuna), MS O/G (Colombo), MRCOG (Gt. Brit), FSLCOG
- Dr. K. A. Gunarathne - MBBS (Ruhuna), MS O/G (Colombo), FSLCOG
- Dr. M. A. G. Iresha - MBBS (Ruhuna), MD O/G (Colombo), FRCOG (Gt. Brit.), FSLCOG
- Dr. Malith Perera - MBBS (Colombo), MD O/G (Colombo), MRCOG (Gt. Brit.)

14.2 Academic Program

Teaching programme in Obstetrics & Gynaecology includes introduction to clinical programme, interactive lectures, student-centered teaching and learning activities (flipped class rooms, video demonstrations, tutorials, case-based discussions, & problem-based discussion), skill training, ward classes & hospital-based clinical training.

Academic Activity	Duration	Teaching/ Learning Method	Term
Introduction to clinical programme	03 hrs	Lectures / video demonstration	6 th
Interactive Lectures	57 hrs	Lectures	9 th - 14 th
Student-centered teaching & learning	15 hrs	Flipped class room (4) Tutorials (7) Case-based learning (4)	9 th - 14 th
1 st Clinical Appointment (OG1)	04 weeks (144 hrs)	Observed history taking Bedside teaching	6 th - 9 th (3 rd - 4 th year)

		Clinic / theatre / labour room-based teaching & learning Learning portfolio & Reflective writing	
2 nd Clinical Appointment (OG2)	04 weeks (144 hrs)	Observed history taking Bedside teaching Clinic / theatre / labour room- based teaching & learning Learning portfolio & Reflective writing	10 th - 14 th (4 th year)
Professorial appointment	8 weeks (384 hrs)	Observed history taking Bedside teaching Clinic / theatre / based teaching & learning labour room rotation Learning portfolio & Reflective writing Clinical oriented Case presentation and discussion Assignment – development of proposal for audit	14 th (5 th year)
Ward classes	16 hrs	Case-based discussion	14 th (5 th year)
Skills training	16 hrs	Skill lab based hands-on training using manikins in the skills lab during OG1 / OG2 / Professorial appointment	6 th - 14 th (3 rd - 5 th year)

14.3 Recommended Textbooks

- Obstetrics Illustrated - K.P. Hanretty
- Gynaecology Illustrated - David McKay
- Obstetrics by Ten Teachers - Stuart Campbell, Christoph Lees
- Gynaecology by Ten Teachers - D.Scott Jones et al
- Oxford Handbook of Obstetrics & Gynaecology - S. Arulkumaran, IM Symonds A Fowlie
- Basic Science in Obstetrics & Gynecology - Michael de Swiet & Geoffrey Chamberlain

** Latest edition is always recommended for the books stated above*

Basic Reference

- WHO Reproductive Health Library by WHO

CHAPTER 15

Department of Paediatrics

15.1 Academic Staff

Professors

- | | |
|-------------------------------|--|
| Snr. Prof. T. S. D. Amarasena | - MBBS (Ruhuna), MDPaed. (Colombo), DCH (Colombo), FSLCP |
| Prof. N. D. Liyanarachchi | - MBBS (Ruhuna), MD Paed. (Colombo), DCH (Colombo), MRCP |
| Prof. M. H. A. D. De Silva | - MBBS (Ruhuna), MD Paed. (Colombo), DCH (Colombo), FSLCP |
| Prof. Imalke Kankanarachchi | - MBBS (Colombo), MD Paed. (Colombo) DCH (Colombo), MRCPCH (UK), MRCP (Edin) |

Associate Professors

- | | |
|-----------------------------------|--|
| Associate Prof. P. P. Jayawardena | - MBBS (Ruhuna), MD Paed. (Colombo), DCH (Colombo) |
|-----------------------------------|--|

Senior Lecturers

- | | |
|-----------------------------|---|
| Dr. T. P. J. Gunawardena | - MBBS (Ruhuna), MD Paed. (Colombo), DCH (Colombo) |
| Dr. N. Dhananjaya Vithanage | - MBBS (Peradeniya), MD Paed. (Colombo), DCH (Colombo), MRCPCH (UK) |
| Dr. M. K. T. Madhushanka | - MBBS (Peradeniya), MD Paed. (Colombo), DCH (Colombo) |

15.2 Academic Programme

The teaching programme in Paediatrics includes lectures, clinical and skills lab training.

Academic Activity	Duration	Teaching/Learning Method	Term
3 rd Year (6 th - 8 th Term)			
Introductory lectures	02hrs	Teaching ward rounds- case presentation and discussion	6 th - 8 th
Introductory appointment	1 week		
1 st Appointment	4 week		
4 th Year (9 th - 11 th Term)			
2 nd Appointment	4 weeks	Teaching ward rounds- case presentation and discussion	9 th - 11 th
Lectures	19 hrs	Formal lectures	
	04 hrs	Student-centered/case-based discussions	

5 th Year (12 th - 14 th)			
Professorial appointment	8 weeks	Teaching ward rounds- case presentation and discussion	12 th - 14 th
Lectures	31 hrs	Formal lectures	
	05 hrs	Student-centered/case-based discussions	

15.3 Recommended Textbooks

- The Illustrated Textbook of Paediatrics - T. Lissauer, G. Clayden
- Essential Paediatrics - David Hull
- Hospital Paediatrics - David Hull
- Community Paediatrics
- Children's Textbook of Medicine and Surgery - David Hull
- Forfar & Arneil's Textbook of Paediatrics
- Nelson's Textbook of Paediatrics
- Manual of Neonatal Intensive care - NRC Robertson
- Paediatric Practice in Developing Countries - E.J.Ebrahim
- The Normal Child - Illingworth
- Common Symptoms & Signs of Diseases of Children - Illingworth
- Paediatric Cardiology - Scott
- Manual of Neonatal Care - John P Cloherty

**Latest edition is always recommended for the books stated above.*



Clinical teaching in Paediatrics

CHAPTER 16

Department of Psychiatry

16.1 Academic Staff

Professors

Prof. I. H. Rajapakse - MBBS (SJP), MD Psych (Colombo), PhD (Durham)

Senior Lecturers

Dr. G. D. Punchihewa - MBBS (Ruhuna), MD Psych (Colombo)

Dr. S. A. C. Senadheera - BSc (St.Petersburg), PhD (Ruhuna)

Dr. K. M. S. A. K. Jayasekara MBBS (Ruhuna), MD Psych (Colombo)

Lecturers

Dr. M. G. Thrimavithana - MBBS (Ruhuna)

16.2 Academic Programme

Academic Activity	Duration	Teaching / Learning Method	Term
3rd year			
Introductory clinical lectures	6 hrs	Lectures/Student centered learning (PBL)	6 th
Introductory clinical appointment	1 week		
3rd/4th year	2 weeks	Clerkship	6 th - 8 th
Clinical appointment		Case discussions/ Teaching ward rounds Small group discussion/Role play	
Clinical Skills training (PPDM)	6 hrs	Student centered learning	9 th - 11 th
Lectures	40 hrs	Lectures	

5 th year			
Professional appointment	8 weeks	Teaching ward rounds, Case discussions Assignments/presentations Student-centered learning activities Small group discussion Community psychiatry exposure and seminar	12 th -14 th
Lectures and Tutorials	20 hrs 05 hrs	Role play Lectures Tutorials	

16.3 Recommended Textbooks

- Shorter Oxford Text Book of Psychiatry
- International Classification of Disease
- Patel V, Where There Is No Psychiatrist: The Royal College of Psychiatrists.
- Puri B.K., Laking P.J., Treasaden I.H. Textbook of Psychiatry. Churchill Livingstone.
- Handbook of Clinical Psychiatry, A Practical Guide, Varuni de Silva, Raveen Hanwell
- Atkinson & Hilgard's Introduction to Psychology

** Latest edition is always recommended for the books stated above.*

CHAPTER 17

Department of Surgery

17.1 Academic Staff

Professors

- Chair, Prof. R.W. Seneviratne - MBBS (Ruhuna), MS (Colombo), FRCS (Eng), MSc (Birmingham)

Senior Lecturers

- Dr. J. P. M. Kumarasinghe - MBBS (Ruhuna), MS (Colombo)
- Dr. R. P. Abeywickrama - MBBS, MS (Colombo), MRCS (Eng)
- Dr. K. P. V. R. De Silva MBBS (Ruhuna), MD (Colombo), MRCS (Ed), MRCS (Eng)

Probationary Lecturers

- Dr. W. D. M. C. Gunawardena - MBBS (Ruhuna), MD (Colombo)
- Dr. S. M. Uluwitiya - MBBS (Ruhuna)

17.2 Academic Programme

Academic Activity	Duration	Teaching / Learning Method	Term
2 nd Year			
Introductory Lectures	4 - 8 weeks	Lectures	6 th
Introductory Clinical Appointment	1 - 2 weeks	Clerkship/ward teaching	
3 rd Year			
1 st Appointment Surgery	4 weeks	Clerkship/ward teaching	7 th - 11 th
Short Appointments • Orthopaedic • Ophthalmology • Otorhinolaryngology • Anaesthesiology • Oncology • Radiology • Neuro Surgery • Paediatric Surgery • Vascular Surgery • Genito-urinary	2 weeks each	Clerkship/ward teaching	

4th Year			
2 nd Appointment Surgery	8 weeks	Clerkship/ward teaching	9 th – 11 th
Lectures	24 hrs	Lectures	
• Paediatric Surgery - 03 • Anaesthesiology - 05 • Ophthalmology - 04 • Otolaryngology - 02 • Orthopaedic Surgery - 04 • Neurosurgery - 03 • Cardio-thoracic Surgery – 03			
5th Year			
Lectures	36 hrs	Lectures	12 th – 14 th
• General Surgery - 05 • Gastrointestinal Surgery - 12 • Genito-urinary Surgery - 08 • Trauma - 05 • Vascular Surgery – 05 • Miscellaneous -01	10 hrs	Student Presentation and Discussion	
Anaesthesiology Tutorial – 10			
Professorial Appointments	8 weeks	Clerkship/clinic & ward teaching	
• Clinical teaching in wards & in clinics (200 hrs) • Ward classes (32 hrs) • Small group discussions (16 hrs)		Case discussion	

17.3 Recommended Textbooks

- Short practice of surgery - Bailey & Love
- An introduction to symptoms & signs of surgical diseases - Norman Browse
- Demonstration of physical signs in clinical surgery - Hamilton Bailey
- Principles & practice of surgery – Scott
- Aids to clinical surgery - Forrest, Carter, Macleod
- Lecture notes in general surgery - Harold Ellis
- Outline of fractures – Adams
- Outline of Orthopaedics – Adams

** Latest edition is always recommended for the books stated above.*

CHAPTER 18

Department of Anaesthesiology

18.1 Academic staff

Senior Lecturers

Dr. U. I. Hapurachchi - MBBS (Ruhuna), MD Anaes (Colombo), FRCA (UK),
FCARCSI (Ireland)

18.2 Academic programme

Academic Activity	Duration	Teaching / Learning Method	Term
3rd Year Introductory lectures	10 hrs (4 - 8 weeks)	Lectures Anaesthesiology, Critical Care Medicine and Therapeutics (Pharmacology)	8 th - 10 th
4th Year Clinical appointment	02 weeks (5 - 7 students per groups)	Clerkship Operating theatre and intensive care teaching Procedural skills	9 th - 11 th
Clinical skills	02 days per group	Scenario- based clinical simulations	12 th -13 th
5th Year Discussion classes	15 hrs (10 weeks)	Student presentation and discussion (whole batch)	12 th -13 th
Ward-based teaching (Tutorials)	15 hrs (8 weeks)	Small group discussion (one Professorial student group)	12 th - 14 th
Anaesthesia & Critical care module	20 hrs (3 weeks/ two sessions week)	Small group discussions High-fidelity case scenarios Viva Voce and OSCE (one Professorial student group)	12 th - 14 th

18.3 Recommended Textbooks & Journals

- Smith & Aitkenhead's Textbook of Anaesthesia
- Handbook of Anaesthesia
- Oxford Handbook of Anaesthesia
- Morgan & Mikhail's Clinical Anesthesiology
- Oxford Handbook of Critical Care
- BJA Education Journal

- European Resuscitation council/ UK Resuscitation Council Basic Life Support and Advanced Life Support guidelines

** Latest edition is always recommended for the books stated above.*



Basic Life Support Training Programme

CHAPTER 19

Personal and professional Development (Multidisciplinary Studies)

19.1 Academic Staff

Senior Lecturers

Dr. A. J. P. M. Jayawardene - MBBS (Ruhuna), DFM(Colombo), MSc (Edinburgh), MHPE(Glasgow), FFAIMER(USA)

The Medical Education and Staff Development Unit (ME & SDU) of the Faculty of Medicine was established in December 2000 and was approved by the UGC.

This unit is the main body, which supports and coordinates curriculum development evaluation and feedback. This unit also plans academic and non-academic staff training and is responsible for personal and professional development (PPD) of undergraduates and staff of the faculty. It liaises with the Staff Development Center Matara for staff training, and conducting educational research in the faculty.

The Medical Education Unit also conducts the PPD strand in the undergraduate's curriculum. The unit was founded with the primary goal of enabling and empowering academic and nonacademic staff members of the Faculty of Medicine by enhancing their knowledge, skills and attitudes in areas of teaching, evaluation, research and management. The unit also provides consultancy & advisory services in educational technology to the faculty and other institutes.

19.2 Personal and Professional Development strand

The PPD is focused on facilitating the transformation of medical students into professional, humane, doctors who are responsible towards their patients and the society. It is conducted from the 1st term up to the 14th term. The students are expected to complete all the components of the PPD strand in order to obtain their medical degree. Regular meetings with the mentor and maintenance of the portfolio are mandatory to complete the PPD strands.

Course Duration – 1st term to 14th term

Components	Teaching/Learning Method	Term	Assessment Strategy
PPD 1	L 43	1 st	Self-reflection and action plan
	SGD 27		
	PD 3		
PPD 2	L 3	2 nd	Formative assessment with student's mentor
	SGD 5		

PPD 3	L 18	6 th	Group presentation
	SGD 8		
	FLS - 3		
PPD 4	L 7	7 th	Analytical essay
	SGD 5		
PPD 5	L 3	8 th	Evaluation by mentor
	SGD 3		
PPD 6	L 5	6 th - 10 th	Evaluation within Community Attachment Program
	SGD 4		
PPD 7	L 4	10 th	Analytical essay
	SGD 1		
PPD 8	L 20	12 th - 14 th	Reflective writing
	SGD 7		
	PD 3		
PPD 9	SGD 10 hrs	12 th - 14 th	Reflective writing

L – Lectures, SGD – Small Group Discussion, PD - Practical Demonstration, FLS – Flipped Learning Session

19.3 Introductory Clinical Course - Phase I (Early Clinical Exposure)

This course introduces students to the clinical environment and demonstrates the relevance of basic sciences they learn during pre-clinical phase to patient care. Through guided hospital visits, observation of real patients, and interactive discussions, students will connect theoretical knowledge to clinical findings. The course also emphasizes the development of communication, professionalism, empathy, and ethical behavior in healthcare. This training is coordinated by an academic in the pre-clinical phase with support and supervision from the Medical Education Unit.

Course duration 1st term to 5th term

Lectures	05 hours
Supervised hospital visits & observation	20 hours
Independent learning & reflection	10 hours

19.4 Electives Programme

The elective programme significantly enhances the learning experience by allowing students to explore areas of personal interest and gain insight into specific medical and related fields for specialization in the future. This flexibility not only broadens their knowledge and skills but also fosters a deeper understanding of interdisciplinary subjects such as public health and medical ethics. Additionally, elective courses encourage adaptability and innovation by exposing students to the latest advancements, thereby preparing them for future challenges in their careers. This programme supports personal and professional growth through independent projects, research opportunities, and community service, ultimately leading to more engaged, motivated, and culturally competent medical practitioners. The elective provides students with the flexibility of exploring areas of interest that are not included in the main curriculum, self-evaluate their knowledge, skills (teamwork, leadership etc.) and attitudes in an area of interest, take responsibility and engage in one's learning and manage one's own learning.

It provides students flexibility for two weeks to travel to any place even overseas and engaged in observation exploration and training in any particular area of interest related to medicine. This component is assessed via the supervisor feedback at the place of training and a reflective report written by the student. This process is coordinated by the deputy clinical coordinator of the faculty.

19.5 Career Guidance Programme

The Medical Education Unit coordinates the career guidance module for medical undergraduate soon after the completion of 3rd MBBS part II exam and before commencing the final year professorial training. The students are trained on soft skills, professionalism, communication skills. In addition, specialist from different fields of medicine explain to the students the different fields available for specialization and the process that is required to obtain this specialization.

CHAPTER 20

Examinations and Regulations

20.1 Scheme of Examination and Allocation of Marks for 2nd Examination for Medical Degrees (2nd MBBS Examination) Held at the end of 5th term

21.1.1 Anatomy

Continuous Assessments

Composition	1 st Assessment (1 st term)	2 nd Assessment (2 nd term)	3 rd Assessment (3 rd term)	4 th Assessment (4 th term)	5 th Assessment (5 th term)
Theory (MCQ) True/False type SBR 90 mins.	20 10	20 10	20 10	20 10	10*
Practical session Gross Anatomy Spots 45 seconds per spot	20	20	20	20	-
Histology Spots 45 seconds per spot	-	-	-	-	20

*At the end of the 5th Term, with the completion of the Neuroscience Course, a joint assessment with the Department of Physiology will be held. It consists of 10 MCQs in Neurophysiology and 10 MCQs in Neuroanatomy. The neuroanatomy component will occupy 30 minutes of the examination and carry 50 marks of the total marks allocated for that particular assessment.

End of course assessment – 2nd MBBS Examination – At the end of 5th Term

First attempt

Type		Raw marks	Time	*Proportion of marks (%)	Total marks
MCQ	T/F	30 (150 marks)	120 mins.	20	100
	SBR	10 (30 marks)			
SEQ		5 (500 marks)	180 mins.	20	
CAT (Sum of all five continuous assessment marks)				25	
Spots (gross anatomy 35+histology 5)		40 (40 marks)	45 sec per spot	25	
Viva				10	

Second & subsequent attempts

Type		Raw marks	Time	*Proportion of marks (%)	Total marks
MCQ	T/F	30 (150 marks)	120 mins.	25	100
	SBR	10 (30 marks)			
SEQ		5 (500 marks)	180 mins.	25	
Spots (gross anatomy 35+histology 5)		40 (40 marks)	45 sec per spot	40	
Viva				10	

Pass mark for Anatomy is 50%. The candidate will have to obtain a minimum of 45% in the "Theory component" to pass the examination in Anatomy.

For the second and subsequent attempts, continuous assessment mark is not considered for the calculation.

A candidate will be awarded a distinction in Anatomy if the candidate obtained an aggregate mark of 70% or more in Anatomy with at least 60% marks in "Theory component".

20.1.2 Biochemistry

Continuous Assessments

Term	Component	Marks	Composition	Marks distribution	Contribution to the final mark of 2 nd MBBS
1 st	MCQ	100	12 MCQs	80	5
			03 single/best response questions	20	
2 nd	MCQ	100	12 MCQs	80	7.5
			03 single/best response questions	20	
3 rd	MCQ	100	12 MCQs	80	7.5
			03 single/best response questions	20	
4 th	MCQ	75	12 MCQs	75	10
			03 single/best response questions	15	
	OSPE	25	10 OSPE	25	
Total of the assessment marks		400	-	400	30

The total of 400 marks at the end of four continuous assessments will be converted to 30 marks of the 2nd MBBS examination.

End of course assessment – 2nd MBBS Examination – At the end of 5th Term

First attempt

Component	Composition	Marks
Paper I 25 marks (02 hrs and 30 mins)	40 MCQs	20
	10 single/best response questions	5
Paper II 25 marks (03 hrs)	Five structured-essay questions	25
OSPE (Objective structured practical examination)	OSPE-20 questions	20
Continuous Assessments		30
Total		100

Second and subsequent attempts

Component	Composition	Marks
Paper I 40 marks (02 hrs and 30 mins)	40 MCQs	32
	10 single/best response Questions	08
Paper II 40 marks (03 hrs)	Five structured-essay questions	40
OSPE (Objective structured practical examination)	OSPE-20 questions	20
Total		100

The pass mark for Biochemistry is 50%. In addition, the candidate will have to obtain a minimum of 45% in theory (Paper I and Paper II). The students who obtain a minimum aggregate mark of 70% or above in the first attempt will be awarded a distinction in Biochemistry.

20.1.3 Physiology

Continuous Assessments

These are conducted at the end of each term for the first four terms. At the end of the Neuroscience course, a joint assessment with the Department of Anatomy will be held. Each of the end-of-term (term 1 to 4) assessments and the neurophysiology component of the neuroscience assessment take the following form:

Component	Marks	Marks carried to main 2 nd MBBS examination (30)
Term 1 (10 Questions, Duration: 30 mins.)		
04 Multiple Choice Questions (true/false type)	40	2.0
06 Best Response Questions	60	
Total Marks	100	
Term 2 (35 Questions, Duration: 1 hour and 45 mins.)		
12 Multiple Choice Questions (true/false type)	24	11.0
18 Best Response Questions	36	
05 Extended Matching Items	10	
10 Objective Structured Practical Examination (OSPE) questions (20 mins.)	30	
Total Marks	100	
Term 3 (25 questions, Duration: 1 hour and 15 mins.)		
08 Multiple Choice Questions (true/false type)	20.8	9.0
12 Best Response Questions	31.2	
05 Extended Matching Items	13.0	

10 Objective Structured Practical Examination (OSPE) questions (20 mins.)	35	
Total Marks	100	
Term 4 (15 questions, Duration: 45 mins.)		
04 Multiple Choice Questions (true/false type)	32	3.0
08 Best Response Questions	48	
03 Extended Matching Items	20	
Total Marks	100	
Term 5 (15 questions, Neurophysiology, Duration 45 mins.)		
10 Multiple Choice Questions (true/false type)	66.7	3.0
05 Extended Matching Items	33.3	
Total Marks for Assessment	100	
Short Analytical Essay		
Essay	90	2.0
Student Presentation	10	
Total Marks for SAE	100	

At the end of each in-course assessment, the MCQ/SBR/EMI question paper and the departmental answers for each question are released to the students. A reasonable time will be given to submit written objections for the departmental answers. The final master copy for the marking will be prepared after careful assessment of the objection raised by the students.

The short analytical essay will be evaluated by an academic member of the department other than the supervisor. Critical thinking, ability to gather and analyze information from medical literature and essay construction ability will be assessed on the submitted short analytical essay. Ability to summarize gathered information, communication/ presentation skills and the ability to field questions will be assessed during a group presentation.

The marks of four end-of-term assessments, Neurophysiology assessment and Short Analytical Essay will make 30% of the final mark at the 2nd MBBS Examination in Physiology.

End of course assessment – 2nd MBBS Examination – At the end of 5th Term

First attempt

This will be held at the end of the 5th term. Physiology subject of the 2nd MBBS examination consists of:

Component	First attempt marks (%)	Second and subsequent attempts marks (%)
Paper I (2 hours and 30 mins.)		
10 True / false type questions	10	15
30 Best Response Questions	15	20
05 Extended Matching items	05	05
Paper II (3 hours)		
05 Structured Essay Questions	20	30
OSPE (40 mins.)		
20 questions	20	30
Continuous assessment marks	30	-
Total	100	100

First attempt: 50% is the pass mark for the whole examination in Physiology. The student should obtain a minimum mark of 45% (22.5 marks) in the "Theory" component (Paper I and Paper II) to pass the examination in Physiology. The students who obtain 70% or over in the total mark in Physiology and above 60% for the theory component (Paper I and Paper II) will be awarded a distinction in Physiology.

Second and subsequent attempt: Those who are not successful in Physiology at the first attempt will have to re-sit the subject of Physiology at the next scheduled 2nd MBBS examination. The in-course assessment marks will not be included in the calculation of total marks. The allocation of marks for the second or subsequent attempts will be as in the table.

50% is the pass mark for the whole examination in physiology. The student should obtain a minimum mark of 45% (31.5 marks) in the theory component (Paper I and Paper II) to the examination in Physiology. Whenever a student physically sits for the Physiology examination in the 2nd MBBS examination for the first time, his/her continuous assessment marks will be taken into account for the calculation of the marks for 2nd MBBS examination.

20.2 Scheme of Examination and Allocation of Marks for Part I of the 3rd Examination for Medical Degrees (3rd MBBS - Part I Examination) Held at the end of 8th term

20.2.1 Microbiology

Continuous Assessments

CA-I: At the beginning of the 7th Term of study
20 MCQs [15 MCQs (True/False type) + 5 Single Best Response Questions (SBRQs)]
10% of the total marks will be taken for the 3 rd MBBS Part-I Examination (for the first attempt only)
CA-II: At the beginning of the 8th Term of study
20 MCQs [15 MCQs (True/False type)+ 5 Single Best Response Questions (SBRQs)] + 10 OSPE Questions (Objective Structured Practical Examination)
20% of the total marks will be taken for 3 rd MBBS Part 1 Examination (for the first attempt only)

End of course assessment – 3rd MBBS Part-I Examination – At the end of 8th Term

Component	Marks (%)	
	First Attempt	Second & Subsequent Attempts
Theory		
Paper I - MCQ (15 MCQ and 5 SBRQs)	20	30
Paper II - Structured Essay Questions (SEQs) - 4 questions	30	40
OSPE (20 questions)	20	30
Continuous Assessment (CA-I 10% & CA-II 20%)	30	-
Total Marks	100	100

A candidate should have a minimum of 45% for theory (i.e. for paper-I and paper-II) and 50% of the total mark to pass the examination in Microbiology.

A candidate will be awarded a distinction in Microbiology, if he/she obtains an aggregate mark of 70% or more along with at least 65% marks for the theory component (Paper-I and Paper-II).

Formative Assessment

A formative assessment on antibiotics and antibiotic stewardship is conducted at the end of 6th term via online platform using Moodle. Feedback is given to students on their performances at the end of the assessment.

20.2.2 Parasitology

Continuous Assessments

CA-I: At the beginning of the 7th Term of study
OSPE – 15 stations (4% marks) / MCQ – 15 true or false type questions (4% marks) Log Book – One case (2% marks)
CA-II: At the beginning of the 8th Term of study
OSPE – 15 stations (4% marks) / MCQ – 15 true or false type questions (4% marks) Log Book – One case (2% marks)
10% of the total marks will be taken for the 3 rd MBBS Part-I Examination

End-of-course assessment – 3rd MBBS Part-I Examination – At the end of 8th Term

First attempt

Component	Marks (%)
Theory Examination	
4 Structured Essay Questions (SEQ)-2hrs	30
20 MCQs*-01 hr	20
[15* MCQs (True/False type) + 5 Best Response Questions (BRQs)]	
Continuous Assessment Term 1 (CAT-1)	10
Continuous Assessment Term 2 (CAT-2)	10
Log Book	02
OSPE-30 mins. (15 stations)	20
Viva voce – 8 mins.	08
Total	100

Second and subsequent attempts

Component	Marks (%)
Theory Examination	
4 Structured Essay Questions (SEQ)-2hrs	40
20 MCQs*-01 hr	30
[*MCQs (True/False type) + 5 Best Response Questions (BRQs)]	
Log Book	02
OSPE-30 mins. (15 Stations)	20
Viva voce – 8 mins.	08
Total	100

A candidate should have a minimum of 45% for theory (i.e. for paper I and paper II) and 50% of the total mark to pass the examination in Parasitology.

A candidate will be awarded a distinction in Parasitology if he/she obtained an aggregate mark of 70% or more in Parasitology.

20.3 Scheme of Examination and Allocation of Marks for Part-II of the 3rd Examination for Medical Degrees (3rd MBBS- Part-II Examination) Held at the end of 11th term

20.3.1 Community Medicine

Scheme of examination and allocation of marks for Part II of the 3rd Examination for Medical Degrees (3rd MBBS - Part II Examination) which is held at the end of 11th term.

Continuous Assessments

Component	1 st Assessment (At the beginning of 7 th term)	2 nd Assessment (At the beginning of 8 th term)
MCQs (5)	25%	25%
Structured Essay Questions (3)	75%	75%
Total	100%	100%

End of course assessment – 3rd MBBS Part-II Examination – At the end of 11th Term

First attempt

Component	Marks (%)
Theory:	
Paper I (Structured Essay - 4 questions)	35
Paper II (32 true/false type MCQs and 8 BRQs)	20
Clerkship	15
Continuous Assessments	10
Research Project	10
Community Attachment	10
Aggregate	100

Second and subsequent attempts

At the second and subsequent attempts marks obtained by a candidate for Continuous Assessments, Research Project, Clerkship and Community Attachment are not taken into account and marking scheme is adjusted as follows:

Component	Marks (%)
Theory	
Paper I (Structured Essay - 4 questions)	40
Paper II (32 true/false type MCQs+ 8 BRQ)	40
Viva Voce	20
Aggregate	100

Pass mark – 50% or more of the aggregate with minimum of 45% in theory (Paper I & II)

Distinction – 70% or more of the aggregate with minimum of 60% in theory (Paper I & II)

20.3.2 Forensic Medicine

Continuous assessment

Composition	Marks (%)
25 MCQs (06 SBR, 19 true/false type) on Clinical Forensic Medicine and Forensic Pathology components at the end of the 7 th Term (1hr)	15
OSPE on Clinical Forensic Medicine, Forensic Pathology, Forensic Sciences and Forensic Toxicology, 10 stations (6 mins/station) at the end of the 9 th Term (01 hr)	10
Clinical Forensic Medicine long case - at the end of short clinical Appointment (01 hr)	05

End of course assessment – 3rd MBBS Part II Examination – At the end of 11th Term

First attempt

Component	Marks (%)
Paper I – Structured Essay – Five compulsory SEQs (03 hrs)	35
Paper II – 28 True/False MCQ + 12 BRQ* (02 hrs)	15
OSPE – Examination with 10 stations (6mins/station)	10
Viva Voce (10 mins)	10
Continuous assessment	30
Total	100

Second and subsequent attempts

Component	Marks (%)
Paper I – Structured Essay – Five compulsory SEQs (03 hrs)	40
Paper II - 28 True/False MCQ + 12 BRQ* (02 hrs)	20
OSPE - Examination with 10 stations (6 mins/station)	30
Viva Voce (10 mins)	10
Total	100

**BRQ - Best Response Questions*

Minimum of 45% is required in theory (paper I and II) and an aggregate of 50% is required to pass the examination. Distinction mark is 70% and above in the first attempt.

20.3.3 Pathology

Continuous assessment

The content will be assessed at the Pathology exam in Third MBBS Part II Examination.

Composition	Marks 1 st Continuous Assessment (At the end of 7 th term)	Marks 2 nd Continuous Assessment (At the end of 9 th term)
Single Best Response (SBR) questions (04) True /False type questions (16)	10	10
OSPE (10)	05	05
Total	15	15

End of course assessment – 3rd MBBS Part II Examination – At the end of 11th Term

Component	Composition	1 st attempt Marks (%)	2 nd & subsequent attempt Marks (%)
Paper I	SEQ (05) 04 histopathology and 01 clinical pathology	30	40
Paper II	True /False type (20) SBR (05)	15	25
OSPE	OSPE (Histo 10) OSPE (Clinical path 10)	15	25
Viva voce		10	10
In-course assessment		30	-
Total		100	100

In order to pass the examination, a candidate has to obtain a minimum aggregate of 45% of the total mark of Paper I, Paper II, and a minimum of 50% of the total mark. A candidate obtaining an aggregate of 70% or above at the first attempt, is awarded a distinction.

20.3.4 Pharmacology

Marking scheme for the part II Examination in Pharmacology

Composition	Marks 1 st Assessment (At the end of 8 th term)	Marks 2 nd Assessment (At the end of 10 th term)
Single Best Response questions (08)	15	15
True/False type questions (15)	35	35
SEQ (02)	50	50
Total	100	100

End of course assessment – 3rd MBBS Part II Examination - At the end of 11th Term

First attempt

Attempt	Component	Composition	Marks (%)
1 st attempt	Paper I	SEQ (03)	20
	Paper II	True / False type (20)	20
		SBR (15)	
	OSCE	OSCE (10)	10
	Self-centered activities		10
	In-course assessments		40
2 nd and subsequent attempts	Paper I	SEQ (03)	45
	Paper II	True/False (20)	40
		SBR (15)	
	OSCE	OSCE (10)	15

In order to pass the examination, a candidate has to obtain a minimum of 45% of the total mark for Paper I and Paper II, with a minimum aggregate of 50% of the total mark. A candidate obtaining an aggregate of 70% or above at the first attempt, is awarded a distinction.

20.4 Scheme of Examination and Allocation of Marks for Final Examination for Medical Degrees (Final MBBS Examination)

Held at the end of 14th term

20.4.1 Medicine

Continuous assessments

Assessment during the professorial appointment		Marks
1.	Mini-CEX (mini clinical evaluation exercise) 3 rd week	2.5
2.	Portfolio Viva 7 th week	2.5
3.	Clinical case presentation and discussion	2.5
4.	Shadow house officer	2.5
Total		10

End of Appointment OSCE

This accounts for 10 marks out of hundred in the final MBBS examination.

Station Number	Station	No. of Questions	Duration (mins)	Marks
1	Communication skill	1	10	2.5
2	History taking	1	10	2.5
3	OSPE	4	10	2.0
4	Data interpretation, ECG, Radiological imaging charts, Hematological investigations, Diagnosis card, Small videos	6	24	3.0
Total				10

End of course assessment - Final MBBS Examination - At the end of 14th Term

First Attempt

Component	Marks (%)
Theory: Paper I - Structured Essay Questions (5) 03 hrs	20
Theory: Paper II - 20 MTF/MCQ + 30 SBR 02 hrs	20
Clinical: Long Case- 40 mins. with the patient + 20 mins. with the examiners	20
Short Cases x 04 [Cardiovascular, Respiratory, Nervous system, Abdomen] For each case 5 mins. with the patient, 2.5 mins. with the examiners	20
In-course assessment & End of appointment assessment	20
Total	100

Second and subsequent attempts

Component	Marks (%)
Theory: Paper I - Structured Essay Questions - 03 hrs	25
Theory: Paper II (SBR and MCQ)	25
Clinical: Long Case	25
Short Cases	25
In-course assessment	0
End of appointment assessment	0
Total	100

Pass mark in Medicine is 50%. In addition, a candidate has to obtain a minimum of 45% in theory and a minimum of 50% in the clinical component to pass. A candidate obtaining an aggregate of 70% or more in the first attempt is awarded a distinction.

20.4.2 Obstetrics & Gynaecology

Continuous assessments

Component	Time	No. of Questions	Marks Allocated
Portfolio viva	At the end of the OG2 appointment	Portfolio-based	Formative
Start OSCE	At the beginning of the professorial appointment	05	Formative
End OSCE	At the end of the professorial appointment	10	20
Total			20

End of the academic program - Final MBBS Examination - At the end of 14th Term

First Attempt

Component	Marks (%)
Theory Paper I: (1 Long Essay + 4 SEQ) 2 hrs	20
Theory Paper II (20 MTF/MCQ + 30 SBA) 2 hrs	20
Obst. Case : 20 mins with the patient, 20 mins with the examiners	20
Gynea Case : 20 mins with the patient, 20 mins with the examiners	20
OSCE (Continuous assessment)	20
Total	100

Second and subsequent attempts

Component	Marks (%)
Theory paper I (1 Essay+ 4 SEQ) 02 hrs	25
Theory paper II (20 MTF / MCQ + 30 SBA) 02 hrs	25
Obst. Case: 20 mins. with the patient, 20 mins. with the examiners	25
Gynae case: 20 mins. with the patient, 20 mins. with the examiners	25
Total	100

Pass mark in Obstetrics & Gynaecology is 50%. In addition, a candidate has to obtain a minimum of 45% in theory and a minimum of 50% in the clinical component to pass. A candidate obtaining an aggregate of 70% or more in the first attempt is awarded a distinction.

20.4.3 Paediatrics

Continuous assessment

Component	Composition	Marks
MCQs	10 SBR + 10 T/F	05
OSCE	10	05
Clinical Examination - Long case	One	06
Clinical Examination - Short case	One	04
Total		20

Evaluation of training is done to assess the success in achieving objectives published in the departmental website. Evaluation is done by In-course assessments and End of course assessments.

End of course assessment - Final MBBS Examination - At the end of 14th Term

First attempt

Components	Marks (%)
In-course assessment	
Clinical	10
MCQ	05
OSCE	05
Final MBBS examination (End of course)	
Theory	
SEQ	20
MCQ	20
Clinical	
Long case	20
Short cases	20
Total	100

Second and subsequent attempts

Component	Marks (%)
In-course assessment	0
End of course	
Theory	
SEQ	25
MCQ	25
Clinical	
Long case	25
Short cases	25
Total	100

The overall pass mark in Paediatrics is 50%. In addition, the candidate has to obtain a minimum of 45% mark in theory and a minimum of 50% in the clinical component to qualify for a pass. Any candidate obtaining an aggregate of 70% or above at the first attempt is awarded a distinction.

20.4.4 Psychiatry

Continuous assessment

Component	Composition	Marks
OSCE	Four non-patient OSCE stations	50
In-course assessment	Portfolio-based	50
Total		100

End of course assessment - Final MBBS Examination - At the end of 14th Term

First attempt

Component	Marks (%)
Theory	
Common MCQ : 30 True/false type + 20 SBA type questions (02 hrs)	25
SEQ - 6 questions (03 hrs)	25
Clinical	
Continuous assessment	10
Long case: (30 mins. with the patient + 15 mins. with the examiner)	25
MOCE	15
Total	100

Second and subsequent attempts

Component	Marks (%)
Theory	
Common MCQ: 30 True/false type+ 20 SBA type questions (02 hrs)	25
SEQ - 6 questions (03 hrs)	25
Clinical	
Long case: (30 mins. with the patient + 15 mins. with the examiners)	25
MOCE	15
Total	90
The total mark out of 90 will be converted to a mark out of 100	

Pass mark in Psychiatry is 50%. In addition, a candidate has to obtain a minimum of 45% in theory and a minimum of 50% in clinical (long case + MOCE) to pass the examination. The continuous assessment marks shall not be included in the common merit list. A candidate obtaining an aggregate of 70% or more in the first attempt will be awarded a distinction.

20.4.5 Surgery

Continuous assessment

Component	Marks
OSCE General Surgery	8
Anaesthesiology	2
Viva voce General Surgery	5
Anaesthesiology	5
Total marks for CA (Final year exam)	20

End of course assessment - Final MBBS Examination - At the end of 14th Term

Consist of two papers: SEQ (8 questions) paper for 03 hrs and MCQ (70 questions - 30 MCQs and 40 SBRs) paper for 02 hrs. A minimum of 45% should be obtained in this section.

Clinical

Consist of one long and several short cases. Minimum of 50% should be obtained in this section.

Allocation of marks

Component	Marks First Attempt	Marks 2nd and Subsequent Attempts
Continuous assessment	20%	Nil
Final MBBS Examination		
Theory	40%	50%
Clinical	40%	50%
Total	100%	100%

Over all pass mark in Surgery is 50%. In addition, candidate has to obtain a minimum of 45% in theory and a minimum of 50% in the clinical component to pass. A candidate obtaining an aggregate of 70% or more in the first attempt will be awarded a distinction.

20.5 By-Laws and Regulations Related to Examinations Bachelor of Medicine and Bachelor of Surgery Degree, University of Ruhuna

20.5.1 Examination By-Laws

By-Laws made by the Council of the University of Ruhuna on 10th October 2024 under SECTION 135 of the Universities Act No. 16 of 1978, and amendments thereof.

By-law

This By-law is the revised Bachelor of Medicine and Bachelor of Surgery Degree By-law No.03 of 1984, which may be cited as Bachelor of Medicine and Bachelor of Surgery (MBBS) Degree By-law No 20-2024 and shall come into effect from 01.01.2024.

1.0. General Requirements for Award of the Degree

1.1. The Degree of Bachelor of Medicine and Bachelor of Surgery shall be awarded by the University of Ruhuna to a student who

- a) has been duly admitted as an internal student of the University, and
- b) has been duly registered as a student of the University for a period not less than 5 years, and
- c) has completed the courses of study to the satisfaction of the Senate as prescribed by these By-laws and Rules and Regulations made thereunder, and
- d) has passed all examinations for Medical Degrees as prescribed by this By-law and Rules and Regulations made thereunder, and
- e) has fulfilled all the above requirements within ten (10) academic years from the starting date of enrolment for the academic programme of the University, provided that it shall be within the power of the Senate to declare for some specified reason(s) that a student is eligible for the award of the Degree on a subsequent occasion, and
- f) has paid such fees or other dues as may be prescribed by the University, and
- g) has satisfied the Board of Examiners and the University Senate as to the suitability of the candidate for the award, and
- h) has no on-going disciplinary inquiry conducted by the University, and
- i) has no on-going inquiry conducted by the University on examination offences.
- j) A student shall achieve the level 5 competency in reading and writing at English Proficiency Examination conducted by the Faculty of Medicine, University of Ruhuna, to be eligible to start the professorial appointments. Any student not achieving the above competency level at one attempt or more shall not be permitted to graduate. A student may claim exemption from the above examination subject to approval from the Senate on the recommendation of the Faculty Board that above competency has been demonstrated at a subsequent examination to test English language competency.

1.2. The Degree shall be conferred on candidates qualified as in section 1.1, as prescribed by the Rules and Regulations made by the Senate. The abbreviation of the the name of the Degree shall be MBBS.

2.0. Programme of Study

The Faculty of Medicine offers study courses leading to the Bachelor of Medicine and Bachelor of Surgery degree. Instructions in all subjects take the form of lecturers, tutorials, practical, clinical and ward classes. The medium of instruction is English.

The phase I is of five terms and at the end of which student sits the 2nd MBBS examination, in Anatomy, Biochemistry and Physiology.

Before the release of the results of the 2nd MBBS examination, the student may be allowed to follow the initial introductory component of the clinical program but he or she shall be allowed to proceed further, only after completion of the 2nd MBBS examination.

Students shall start clinical training which continues through the phase II and III after they have passed the 2nd MBBS examination.

A student shall complete his final examination within 10 years from the starting date of the MBBS course as the student of the Faculty of Medicine. All period of exemption granted by the Senate being excluded when computing his ten (10) years after starting date of the MBBS course as the student of the Faculty of Medicine.

3.0. Registration for the Degree programme/courses

Students admitted to the faculty shall register as full-time. The students shall pay any fees prescribed by the University at the beginning of each academic year and maintain registration during the period of study. Students should register for all examinations, but they should pay only for 2nd and subsequent attempts for all examinations.

4.0. Eligibility to sit for examinations and criteria for evaluation

4.1. General criteria

4.1.1. The courses of study and syllabuses for the Examinations leading to the Degree of Bachelor of Medicine and Bachelor of Surgery and the number of papers, oral examinations and other forms of evaluation in each subject, examination criteria and schemes of award of Honours shall be prescribed by the Regulations made by the Senate.

4.1.2. The examinations prescribed by these By-laws and the Regulations thereunder shall be conducted by a duly appointed Board of Examiners in accordance with this By-law.

4.1.3. For the Degree of Bachelor of Medicine and Bachelor of Surgery, there shall be three Examinations as stated in these By-Laws and the Regulations, the 2nd Examination for Medical Degrees, 3rd Examination for Medical Degrees, and the Final Examination for Medical Degrees, respectively.

4.1.4. The examination immediately following the completion of the course shall be deemed to be the first due or scheduled attempt. The candidate should sit for all prescribed subjects in the first due or scheduled attempt.

4.1.5. A candidate shall be deemed to have sat the first scheduled examination, irrespective of whether it has been actually attempted or not, unless a valid excuse has been submitted and accepted by the Senate. The attempt shall be considered the candidate's first attempt at the examination.

4.1.6. If the reason for an excuse requested by a student has been accepted by the Senate on the recommendation of the Faculty Board, the examination immediately following on the expiry of the period of the postponement approved by the senate shall be the candidate's first attempt.

4.1.7. In the absence of an accepted excuse, failure to sit any due or scheduled examination shall be considered as an unsuccessful attempt at the scheduled examination and all following attempts for the above examination shall be considered as repeat attempts.

4.2. Second Examination for Medical Degrees (2nd MBBS)

4.2.1. The 2nd MBBS examination consists of examinations in Anatomy, Biochemistry and Physiology. A candidate for the Examination shall have followed to the satisfaction of the Senate the prescribed course of study in each of these three subjects offered during the first 5 terms.

4.2.2. The examination shall be held at the end of the 5th term, and a repeat examination shall be held not less than 6 weeks after the publication of the results of the previous examination.

4.2.3. A candidate shall be deemed to have passed the 2nd MBBS examination at the first attempt if he/she has, at the same examination, satisfied the Board of Examiners in each of the three subjects, Anatomy, Biochemistry and Physiology. Provided that a candidate may be referred in one or two of these subjects at the 2nd MBBS examination, and shall be deemed to have passed the examination when he/she has passed the referred subject or subjects.

4.2.4. A candidate shall be given maximum of four attempts for the 2nd MBBS examination.

4.2.5. A repeat candidate should sit for all referred subjects together in subsequent sittings.

4.3. Third Examination for Medical Degrees (3rd MBBS)

4.3.1. A student shall not be competent to follow the subjects offered for the 3rd MBBS Examination unless and until he/she has passed the 2nd MBBS examination.

4.3.2. A candidate for the 3rd MBBS examination shall have

- a. passed the 2nd MBBS examination
- b. completed to the satisfaction of the Senate the prescribed courses of study in each of the subjects specified for the 3rd MBBS Examination.

4.3.3. The 3rd MBBS examination shall be in two parts, as follows:

- a. Part I - Microbiology and Parasitology

- b. Part II - Community Medicine, Forensic Medicine, Pathology and Pharmacology

- 4.3.4. The subjects offered for Part I of the Examination shall be of 3 terms duration from the 6th to 8th term. The Examination shall be held at the end of the 8th term and a repeat examination shall be held not less than 6 weeks after the publication of the results of the previous examination.
- 4.3.5. The subjects offered for Part II of the Examination shall be of 3 terms duration from the 6th to 11th term. The Examination shall be held at the end of the 11th term and a repeat examination shall be held not less than 6 weeks after the term duration from the previous examination.
- 4.3.6. The Examination immediately following the completion of the subjects for each part of the 3rd MBBS examination shall be deemed the first due to scheduled attempt. The candidate should sit for all subjects of the part of the Third Examination for Medical Degrees in the first scheduled attempt.

4.4. Final Examination for Medical Degrees (Final MBBS)

- 4.4.1. The subjects offered for the Final MBBS examination shall be of 9 terms' duration, from the 6th to the 14th term, and a student shall not be competent to follow the subjects unless and until he/she has passed the 2nd MBBS examination.
- 4.4.2. The Final MBBS examination shall be on the subjects: Medicine, Obstetrics & Gynaecology, Paediatrics, Psychiatry and Surgery.
- 4.4.3. A candidate for the Final MBBS examination shall have
 - a. been registered as a medical student for a period not less than 5 years
 - b. completed 9 academic terms after passing the Second Examination for Medical Degrees, and
 - c. passed the 3rd MBBS examination, and
 - d. completed to the satisfaction of the Senate the prescribed subjects, Medicine, Obstetrics & Gynaecology, Paediatrics, Psychiatry, Surgery and Personal & Professional Development Stream.
- 4.4.4. The Final MBBS examination immediately following the completion of the above qualifications shall be deemed the first due or scheduled attempt.
- 4.4.5. A candidate shall be deemed to have passed the Final MBBS examination if he/she has, at the same examination, satisfied the Board of Examiners in each of the subjects prescribed, provided he/she has passed the 2nd MBBS and 3rd MBBS Examination.
- 4.4.6. A student shall complete his/her Final MBBS examination within 10 years from the starting date of the MBBS course as a student of the Faculty of Medicine. The period of exemption granted by the Senate will be excluded when computing this 10-years period.

5.0. Allocation of Grades

Criteria for passing, eligible for Honours and distinction are described under rules and regulations.

A candidate shall not be eligible for Honours and distinctions unless he/she has taken each Part of the Examination on the earliest occasion on which he/she is qualified to do so.

Some specified reason, which is approved by the senate, he/she is eligible for Honours at a subsequent occasion.

6.0. Effective date of the MBBS degree

- 6.1. The effective date of the MBBS degree is the day after the final date of the final MBBS examination period of a student who sits and completes the degree.
- 6.2. In case a student has an on-going inquiry for an examination conducted against him/her by the University, results of the relevant examination/s shall not be released until the inquiry is completed. In such situations, the effective date of the degree shall be determined by the Senate.

7.0. Revision of By-law/ Rules and Regulations

- 7.1. Rules and Regulations under this By-law may be revised/amended by the Senate as and when necessary.
- 7.2. All other common Rules and Regulations applicable to Universities in Sri Lanka and to the University of Ruhuna are also applicable to students registered for this degree programme.

8.0. Interpretations

- 1.1. Any question regarding the interpretation of this by-law shall be referred to the Council whose decisions thereon shall be final and conclusive.

20.5.2 Regulations Made under By-law 20 - 2024 of the Degree of Bachelor of Surgery and Bachelor of Medicine, Faculty of Medicine, University of Ruhuna

These Regulations may be cited as the Bachelor of Medicine and Bachelor of Surgery Regulations No. 01.20-2024 for the Degree of Bachelor of Medicine and Bachelor of Surgery and shall come into effect on 01.01.2024.

1. Registration for the degree programme

- 1.1. Students admitted to the faculty shall register as full-time students. A student shall pay any fees prescribed to the University and maintain registration during the period of study.
- 1.2. A student admitted to the MBBS Programme shall not be permitted concurrent registration to any other fulltime course of study.

2. Course Structure and Academic Load

- 1.1. The Degree of the Bachelor of Medicine and Bachelor of Surgery shall be a full-time course, organized over duration of five academic years.

1.2. The official academic calendar of dates approved by the Senate on the recommendation of the Faculty Board of announced prior to the commencement of each academic year. An academic consists of three terms. Total duration of study is five years which is divided into three phases.

1.3. The normal academic load of a student in the whole course is 196 credits.

3. Course Structure and Academic Load, Credit values of all subjects, phases and terms are shown in table below.

Subject and Phase	Credit value	Term
PHASE I		
Anatomy	20	1- 5
Physiology	11	1-5
Biochemistry	6	1-5
PHASE II		
Parasitology	5	6-8
Microbiology	7	6-8
Pathology	11	6-11
Forensic Medicine	8	6-11
Pharmacology	9	6-11
Community Medicine	22	6-11
PHASE III		
Medicine	23	6-14
Surgery	23	6-14
Paediatrics	15	6-14
Gynaecology and Obstetrics	16	6-14
Psychiatry	9	6-14
Anesthesiology	2	6-14
Personal and Professional Development stream (PPD)	6	1-14

3.1. All subjects are compulsory and the students shall pass all subjects and the Personal & Professional Development (PPD) Stream.

3.2. All clinical appointments shall be completed before a student becomes eligible to take up the Final MBBS examination.

3.3. In addition to that, students shall obtain a minimum prescribed requirement in the University Test of English Language (UTEL)

Students should achieve proficiency level 5 at the UTEL examination, and it must be attained before starting the professional appointments.

4. Attendance requirements

Attendance of 80% is required for defined components of the course to become eligible to take up the main examination of particular subjects.

When completing phase I examination (2nd MBBS), a candidate with a minimum of 65% attendance for a particular defined component will become eligible to take up the main examination only with special consent obtained from the senate following the recommendation of the Faculty of Medicine.

If a candidate has failed to sit for an in-course assessment examination with a valid excuse which has been accepted by the senate, that particular component of assessment marks shall be excluded from the final calculation of marks for the 2nd MBBS examination. In such cases, total marks earned by the student and the total marks applicable for the components of the in-course assessment examinations for which he/she sat will be taken for the calculation. This relief is applicable only up to 25.0% of the total marks available for in-course examinations. If the student has exceeded this limit, calculation will be done using the earned marks and total allocated marks for in-course assessments (excluding the senate accepted reasons up to a maximum of 25.0% of total marks).

If a student is unable to take the final examination at the first scheduled attempt due to him/her being repeated in a clinical appointment on the account of unsatisfactory work, he/she may be allowed to sit the repeat examination held immediately following the first scheduled attempt, and will be eligible to obtain honours based on the results of that examination.

5. Evaluation and Grading

The performance of a student in each subject is evaluated by continuous assessments and the main examinations held at the end of the study program of the particular subject. Main examinations are followed by repeat examinations.

In phase 1 In-course assessment will be held at the end of each term assessing the subject content covered during the respective term.

In phase 2 In-course assessments will be held at the end or the beginning of the term assessing the subject content covered during the respective term/s.

A candidate who obtains a minimum of 45.0% marks in theory and an overall average of 50.0% marks in a subject shall be deemed to have passed that subject. In final MBBS Examination, a candidate should obtain a minimum of 50.0% marks for the clinical component of each subject to pass that subject.

In-course assessment marks of a subject will be considered only in the first attempt whenever a student first physically sits for any of the main examinations of the MBBS course. Marks assigned to the in-course assessments will be distributed among all other relevant components of the respective subject in second and subsequent attempts.

A candidate who obtains an overall average of 70.0% marks in a subject shall be deemed to have obtained a distinction in that subject provided that he/she is sitting that examination for the first time and that he/she passes the whole examination.

As an additional condition in Anatomy, Physiology and Community Medicine, the candidates should have at least 60.0 % marks for the theory component (MCQ, Essay and or SEQ) and in Microbiology, the candidates should have at least 65.0% marks for the theory component (MCQ and SEQ).

Eligibility Criteria for Class/ Honours in 2nd MBBS & 3rd MBBS

A student shall be deemed to be eligible for the award of a Class in 2nd MBBS & 3rd MBBS on satisfying the following requirements.

First Class (Honours)

Who obtained an overall average mark of 70% or above at that examination in the first scheduled attempt

Second Class Upper Division (Honours)

Who obtained an overall average mark of 65% to 69% at that examination in the first scheduled attempt

Second Class Lower Division (Honours)

Who obtained an overall average mark of 60.0% to 64% at that examination in the first scheduled attempt

Both 3rd MBBS part I and 3rd MBBS part II examinations are considered as one examination when offering honours and a candidate will be eligible for Honours only if he/she passes both Part I and Part II in the first scheduled attempt.

Eligibility Criteria for Class/ Honours in Final MBBS

A student shall be deemed to be eligible for the award of a Class in the final MBBS examination on satisfying the following requirements.

First Class (Honours)

- a. who obtained an overall average mark of 70 % or above at the Final MBBS in the first scheduled attempt
or
- b. who obtained an average mark 69 % at the Final MBBS Examination at the first scheduled attempt, and
 - I. has obtained First Class Honours in both the Second and Third MBBS Examination, and,
 - II. has a cumulative average mark of 70% or above at the 2nd, 3rd and Final MBBS examinations.

Second Class Upper Division (Honours)

- a. who obtained an overall average mark of 65% to 69% at that examination in the first scheduled attempt
or
- b. who obtained an average of 64% at the Final MBBS Examination at the first scheduled attempt, and,
 - I. has obtained Second Class Upper or First Class Honours in both the Second and Third MBBS Examination, and

- II. has a cumulative average mark of 65% or above at the 2nd, 3rd and Final MBBS examinations.

Second Class Lower Division (Honours)

- a. who obtained an overall average mark of 60% to 64% at that examination in the first scheduled attempt
or
- b. who obtained an average of 58 or 59% marks at the Final MBBS Examination at the first scheduled attempt, and,
 - I. has obtained Honours in both Second and Third MBBS Examinations, and
 - II. has a cumulative average mark of 60% or above at the 2nd, 3rd and Final MBBS Examinations.

6. Effective date of the Degree

- 6.1. The effective date of the MBBS degree is the day following the final date of the final MBBS examination.
- 6.2. In case a student has an ongoing inquiry for an examination offence conducted against him by the University, results of the relevant examination/s shall not be released until the inquiry is completed. In such situations, the effective date of the degree shall be determined by the Senate or the Council of the University of Ruhuna.

7. Revision of Regulations

- 7.1. Regulations may be revised/amended by the Senate or the Council as and when necessary.
- 7.2. All other common Regulations applicable to Universities in Sri Lanka and to the University of Ruhuna in particular are also applicable to students registered for this degree programme.
- 7.3. In case of any ambiguity in these rules and regulations, the interpretation of the Faculty Board endorsed by the Senate and the Council shall be final.

General Conditions

This By-law and Regulations will be effective from the batch of students who admitted to the academic year 2023/2024. (47th Batch)

Provision for re-scrutinization of marks and grades of undergraduates

Students are entitled to request for re-scrutinization of marks and grades for undergraduate examinations as stated in the UGC circular 978 issued in 2012 (Further details are available in the Dean's office, Website of the Faculty of Medicine and the UGC.

20.5.3. Examination Offences

The following are deemed Examination Offences.

- i. Possession of unauthorized documents or removal of examination stationery.
- ii. Possession of telecommunication or transmitting devices.
- iii. Plagiarism from internet or any other sources
- iv. Disorderly conduct
- v. Copying (even detected while marking the answer scripts)
- vi. Obtaining or attempting to obtain improper assistance or cheating or attempting to cheat.
- vii. Impersonation
- viii. Aiding and abetting the commission of any of these offences.
- ix. Violation of any of the requirements or conditions stipulated in Chapter 8 – 9.

Manual of Procedures for Conduct of Examinations, University of Ruhuna is available at the Faculty website.

Link: <https://adm.ruh.ac.lk/examination/index.php>

CHAPTER 21

Gold Medals and Awards

The candidate should pass the relevant examination at the first scheduled attempt for that particular batch to be eligible for Gold Medals and Awards.

21.1 Gold Medals

- **L.A.D. Sirisena Memorial Gold Medal**
The graduate who passed the Part II of the Third Examination for the Degree of Bachelor of Medicine and Bachelor of Surgery obtaining a distinction in Community Medicine and the highest marks for the same subject.
- **Wijayawardhana Gold Medal**
The graduate who passed the Final Examination for the Degree of Bachelor of Medicine and Bachelor of Surgery obtaining a distinction in Medicine and the highest marks for the same subject.
- **Dr. P. R. Anthonis Memorial Gold Medal**
The graduate who passed the Final Examination for the Degree of Bachelor of Medicine and Bachelor of Surgery with Honours obtaining a distinction in Surgery and the highest marks for the same subject.
- **Mr. & Mrs. C.R. De Silva Memorial Gold Medal**
The graduate who passed the Final Examination for the Degree of Bachelor of Medicine and Bachelor of Surgery with First or Second Class (Upper Division) Honours, obtaining a distinction in Paediatrics and the highest marks for the same subject.
- **Caroline Mohotti Memorial Gold Medal**
The graduate who obtained the highest aggregate marks at the Final Examination for the Degree of Bachelor of Medicine and Bachelor of Surgery.
- **Cristie Dias Perera Memorial Gold Medal**
The graduate who passed the Part II of the Third Examination for the Degree of Bachelor of Medicine and Bachelor of Surgery obtaining a distinction in Pathology and the highest marks for the same subject.
- **Prof. Neil Fonseka Memorial Gold Medal**
The graduate who passed the Part II of the third examination of the Degree of Bachelor of Medicine and Bachelor of Surgery obtaining the highest marks for Pharmacology in the first attempt.

- **Neliya Mendis Memorial Gold Medal**
The graduate who passed the Second Examination for the Degree of Bachelor of Medicine and Bachelor of Surgery with a First- or Second-Class Upper Division (Honours) obtaining a distinction in Physiology and the highest marks for the same subject.
- **Dr. Stella De Silva Memorial Gold Medal**
The graduate who obtained the highest marks in clinical component of the Paediatrics with overall performance of Second Class Upper Division or above in the first attempt of the final Examination for the Degree of Medicine and Degree of Surgery.
- **Miss Sadha Perera Memorial Gold Medal**
The graduate who passed the Final Examination for the Degrees of Bachelor of Medicine and Bachelor of Surgery with Honours obtaining a distinction in Obstetrics & Gynaecology and the highest marks for the same subject.
- **Dr. D. V. J. Harischandra Memorial Gold Medal**
The graduate who passed the Final Examination for the Degree of Bachelor of Medicine and Bachelor of Surgery at the first attempt obtaining a distinction in Psychiatry and the highest marks for the same subject.
- **Dr. Ronnie De Mel and Mallika De Mel Memorial Gold Medal**
The graduate who obtained the Degree of Bachelor of Medicine and Bachelor of Surgery with a First Class and the highest overall aggregate marks.
- **Bank of Ceylon Gold Medal**
The graduate who completed the Degree of Bachelor of Medicine and Bachelor of Surgery on first attempt with a first class honours and obtained highest aggregate marks from the clinical / practical component under the final MBBS examination.

21.2 Awards

- **Professor Sena ka Bibile Commemoration award**
This award is offered to the student with the highest aggregate in Pharmacology in the first attempt. It comprises of a cash award of Rs. 5000.00 per months for a period of 12 months.
- **Vice Chancellor's Awards and Deans Awards for under graduates**
University has introduced the Vice Chancellor's Awards and Deans Awards for undergraduates. Applications will be called from undergraduates every year. Guidelines for applicants are available in the Dean's office. Academic performance as well as achievements in sports and other extracurricular & co-curricular activities are considered when selecting candidates for these awards.



CHAPTER 22

Learning Resources

22.1 Facilities for Teaching Activities

There are four air-conditioned lecture halls with seating capacity ranging from 160 to 325. All the lecture halls are fitted with multimedia projectors.

Classrooms for small group discussions and tutorials are found in many departments. They are of moderate size with capacity to accommodate up to 30 to 50 students. All classrooms are equipped with whiteboards and overhead projectors or smartboards. Dedicated spaces are available in different locations for self learning and resting. Many laboratories are available for student teaching and research.

22.2 Museum

Museum in the Department of Pathology that provides a comprehensive collection of over 200 self-learning material ranging from macroscopic specimens of various diseases, photomicrographs and description cards. It is open from 8.00 a.m to 4.00 p.m during all the working days to do self-learning for students. In addition, Department of Pathology is in the process of developing virtual museum for self-learning facilities.



22.3 The Library

The library is housed on the first and second floors of the administrative building of the faculty. It has a floor area of 1200 square meters and a seating capacity for 300, with sections for Lending, Reference, Binding and Cataloging and Room for discussion. In addition to the students and the faculty staff, library caters to medical officers, postgraduate trainees and extended faculty staff attached to NHG & German - Sri Lanka Friendship Hospital for Women. Other facilities such as providing digitized past examinations papers, research support and information literacy skills programs are also available.

The library contains approximately 25,000 books in the two sections of Reference and Lending. The majority of textbooks are in multiple copies. The Computer Aided Learning Center (CALC) which is adjoining to the library is equipped with 84 computers which are networked.

22.3.1 Library hours

Weekdays	8.00 a.m.- 7.00 p.m.
Saturdays	8.30 a.m.- 6.00 p.m.
Sundays	8.30 a.m.- 6.00 p.m.
Public holidays	Closed



22.3.2 Borrowing of books by students

Registrations

Students who wish to use the library are required to register themselves at the library. In order to borrow books from the library, students have to produce the student identity card issued by the University of Ruhuna.

Period of Loan

The books are divided into four categories.

- | | |
|------------------------------|--|
| 1. Permanent Reference | These books are labeled with a red R on the spine of the book and are not permitted to be borrowed from the library. |
| 2. Staff Permanent Reference | These books are labeled with a red S and red R on the spine of the book. These books can be borrowed by the academic staff members of the Faculty only. |
| 3. Overnight Reference | These books are labeled with a blue R on its spine. |
| 4. Lending books | All other books that do not come under any of the above categories are available for readers to borrow on loan basis for one week. They can be renewed using the computerized library service. |

22.3.3 Library Catalogue

An Online Public Access Catalogue (OPAC) is a computerized online database of all the resources held in the library. Users can use OPAC to search library materials available in the library. It can be accessed from URL: <http://opac.lib.ruh.ac.lk>. OPAC provides facilities to search library materials using keywords, title, author, subject, ISBN, series and call number.

22.3.4 Issue of books to students

Student can borrow one lending book and one overnight reference book. Lending books may be borrowed and returned during the normal library hours. The books borrowed must be returned on or before completion of one week from the date of borrowing. If a student wishes to keep the book for a longer period, he or she can log into the library OPAC (URL: <http://opac.lib.ruh.ac.lk>) and extend the period on-line. Students must obtain their password from the library for this purpose.

Overnight reference books may be borrowed two hours before the closing of the library. They must be returned not later than 1.00 p.m. on the following library opening day. Book must be handed over at the library counter together with the Student Identity Card for identification purpose and for the bar code. Student can log into the webpage and check the status (e.g. return date etc).

22.3.5. Issuing of books and periodicals to the staff of the faculty

Books are issued according to the category of staff and type of materials.

Category of the staff	Type of duration of library loan
Permanent academic staff	Five books for one month
Registrars, Assistant Lecturers, Demonstrators, Scientific Assistants	Two books for month
Head of a Department	10 books for one year as departmental issues
PGIM Trainees, Medical Officers, Hospital Consultants, Visiting Lecturers, Elective Students	Reference facility only

22.3.6. Fines

Fines for overdue lending books

A fine of LKR 5 is charged per day for a book returned after the due date. Only library working days will be considered.

Fines for overdue overnight reference books

A fine of LKR 2 is charged per hour for a book returned after the due time. Only library working hours will be considered.

Damage to and loss of library books

No books or other material in the library may be marked by the user. Borrowers are held responsible for the condition of books returned by them. They should inform the damages, if any, at the time of borrowing. In the absence of such a report, the book issued is considered an undamaged copy. If a book damage or lost, the borrower should replace it or is liable to pay twice the current value of the book and LKR 5 as department charges and binding charge, if the lost or damaged book is already bound by the library.

22.3.7 Discipline in the library

- Silence should be observed in all sections of the library.
- Smoking and consumption of food or drinking are forbidden in the library.
- Brief or attached-cases, files, umbrellas, raincoats, etc. should be left at the entrance and not brought into the library.
- Ink bottles are not allowed to be taken into the library.

- Students are particularly requested to conduct themselves with decorum and consideration for others and refrain from any action that could embarrass or disturb other users of the library. Eg: placing feet on the tables and arms of chairs.
- Reader must always carry the identification card or record book and produce for inspection, if requested by the library staff. The reader who do not comply with these rules may not be allowed to use the library facility.
- Students should not bring their own textbooks into the library.
- Users are required to use the discussion room for group studies.
- The librarian will report to the Dean about students whose conduct in the library is disorderly, and pending the Dean's decision, such students will be excluded from further use of the library. Any other information regarding the library may be obtained from the library staff.



22.4 English Language Learning Program - Faculty of Medicine, Ruhuna

Academic staff

Professor. U.C.P. Perera	- CELTA ¹ , Faculty Coordinator -English
Dr. S.A.C. Senadheera	- CELTA
Dr. A.J.P.M. Jayawardena	- CELTA
Professor I. Ilayperuma	- CELTA

¹ Certificate in Teaching English to Speakers of Other Languages University of Cambridge ESOL conducted by The British Council Sri Lanka

22.4.1 Dept. of English Language Teaching, Faculty of Humanities & Social Sciences

Dr. S. G. S. Samaraweera
 Mr. K. S. G. S. Nishantha
 Ms. S. Batuwatta

The English Language Learning Program of the Faculty of Medicine is designed with the objective of assisting medical students to improve their English proficiency in order to follow the undergraduate degree program in Medicine effectively. It is conducted in a form of an Intensive English Course (IEC) for new medical entrants each year soon after their admission to the faculty. This has been the practice since 2006. Currently, it is conducted as a part of the PPD module. The IEC is also known as English for Medical Practice- I (EMP-1) as it is the first organised step in the faculty to orientate students in medical English.

22.4.2 Duration of the course

The course duration varies from 2 weeks to 2 months. It varies based on the time allocation for the foundation module and the period of entry of a new batch. The course may be conducted as physical classes at the faculty premises or as an online course depending on the feasibility.

22.4.3 Contents of the course

The Intensive English Course is comprised of 5 components.

1. Reading
2. Writing
3. Grammar
4. Speaking
5. Listening

All components are given equal weightage when lessons are planned and grammar lessons are conducted as a separate component to further improve the writing skills of students. All lessons are pre-planned with the intention of orientating students to a medical environment. The duration of single session of learning is one hour.

The course is conducted continuously on week days from 8.00 am to 12.00 noon and from 1.00 pm to 4.00 pm during the prescribed period. The required attendance of students is maintained at 100%.

Listening activities are conducted by using audio and video clips supplemented by writing activities. Student debates and speaking tests are conducted during the latter part of the course to improve the speaking skills of students.

The students are supposed to participate in a drama contest at the end of the IEC as a group exercise. The students have shown keen interest in writing drama scripts, preparing their own costumes and performing different characters in this contest and it has become a great cohesive exercise.

All students must sit the UTEL-A English examination at the end of the Intensive English Course as per the by-laws. It comprised of two one-hour papers on Reading and Writing. All

students must pass this examination before the commencement of the professorial appointments in their final year of the medical course.

Further assistance in English

An ongoing English learning program is designed for students who require further assistance after completing the IEC. This optional program is also conducted once a week mainly by the internal staff of the Faculty of Medicine. It is also designated as English for Medical Practice (EMP)-11 as this program is aimed at providing a wider platform to enhance the proficiency in medical English.

22.5 Information Technology Unit (ITU) – Faculty of Medicine, Ruhuna

The Information Technology Unit (ITU) of the Faculty of Medicine provides essential IT services to support academic, administrative, research, and student needs. It manages the network infrastructure, ensuring high-speed and secure connectivity, oversees web-based systems, maintains servers, email services, and licensed software, and develops software applications and databases to support faculty functions. The ITU also safeguards data through strong cybersecurity measures, offers helpdesk support, maintains faculty and departmental websites, and provides IT consulting for digital development.

Students receive secure Wi-Fi and wired internet access across the faculty. They can use online systems such as LMS, MIS, Zoom, elective student registration, and payment gateways for academic and administrative needs. The ITU maintains faculty and departmental websites to keep students updated. A helpdesk service is available to resolve IT issues, and cybersecurity measures ensure safe access and data protection across the faculty ensuring smooth academic and administrative activities.

The Unit administers official email services, manages licensed software, and oversees locally developed as well as open-source web-based systems to ensure secure, reliable, and compliant usage across the faculty. Faculty premises are covered with Wi-Fi. All users are provided with secure login credentials to ensure authenticated access to the Faculty's IT services

Staff:

Senior Professor Manjula Hettiarachchi

MBBs (Ruhuna), PhD (Ruhuna)

Head ITU and Chairperson of the IT committee

Email: headitu@med.ruh.ac.lk, Intercom Extension: 143

Mr Dinika Darshana Jayasuriya

B.Sc (Col), M.Sc IT (Colombo)

Programmer cum System Analyst Grade I

Email: ddarshana@med.ruh.ac.lk, Intercom Extension: 132

Mr Roshan Rukmal

BSc in MIS (NSBM)

Network Manager

Email: netman@med.ruh.ac.lk, it@med.ruh.ac.lk

Intercom Extension: 132, Contact, Direct line: 091 2243238

CHAPTER 23

Sports and Recreation

Sports and related activities, including physical fitness programmes are organized by the Department of Physical Education, University of Ruhuna. Through the Sports Club of the Faculty of Medicine, all students are entitled to use the sports facilities available at the University.

The Faculty of Medicine has a playground, gymnasium, cricket nets, and an indoor badminton court and provides facilities for netball, badminton, table tennis, carom, cricket, volleyball, and basketball, draught, chess, scrabble, swimming, Taekwondo, Karate, weight training and strength development. Academic coordinators have been assigned to each sports activity. Particulars of other services offered to students can be obtained from the Senior Assistant Registrar (Student Welfare Services) at Matara.

Inter-Batch, Inter-Faculty, Freshers' Tournaments and Open Meets are annually conducted, and those who are qualified will be given the opportunity to participate in Inter University Games, International Tournaments and Asian/World University Games/Championships. Students who excel in sports will be awarded University Colours, and they are privileged to apply for the Vice Chancellor's awards, Vice Chancellor's list, Dean's Awards and Dean's List.

Representatives of the Faculty of Medicine to the Sports Advisory Board of the University

Prof. Janaki Warushahennadi

Dr. Vimukthi Senanayake

Senior Treasurer of Sports Club, Faculty of Medicine

Prof. Eric De Zoysa



CHAPTER 24

Student Counselling, Grievances and Welfare

24.1 Student Support Services

The Faculty of Medicine receives students from many geographical locations of Sri Lanka every year. They are away from home for the first time and only a proportion receives accommodation within the halls of residence. The course work in medicine is considered one of the most demanding. Hence, both the academic as well as the social factors place a burden on the students and in recognition of these, the faculty has instituted the Student Support Services. The following are the functions of the different facets of this programme though there is a considerable overlap.

24.1.1 Student Mentoring

The purpose of mentoring is to support and encourage medical students to develop skills, improve their performance, maximize their potential and ultimately flourish as a doctor. Close support and guidance from a mentor is invaluable in this process. In recognition of this need, the faculty allocates each student, a member of the academic staff as the mentor at the admission to the faculty. Building of healthy relationship between the mentor and the mentee (student) would support the student life in the faculty. The mentor will be the closest person to whom the student would turn to both at good times and bad times. The mentor helps and encourages the student as well as directs the student to the appropriate resources when

24.1.2 Student Counselling

There are 22 appointed student counsellors drawn from the academic staff who have undergone training in counselling. The students may be referred for counselling by the mentors, by the respective Heads of Departments or the students themselves may contact the counsellors. The counsellors work with the students exploring different options available for the students who face academic, psychological or social problems, helping them to make decisions. Hence, student counsellors' mobile numbers are displayed in public notice boards enabling students to contact them even after routine duty hours.

The list of student counsellors for 2026 is as follows.

Female Student Counsellors	Male Student Counsellors
Dr. H. H. P. M. J. Thabrew	Dr. Janaka Ruben
Dr. P. Kalansuriya	Dr. D. R. Palangasinghe
Prof. Janaki Warushahennadi	Dr. Shanaka Mohotti
Dr. N. L. De Silva	Dr. Thilina Madushanka
Dr. Udari Egodage	Dr. A. J. P. M. Jayawardena
Dr. W. N. D. De Silva	Dr. W. M. E. Perera
Dr. M. A. L. D. Malwatta.	Dr. Suranga Sanjeewa
Dr. B. C. Mallawarachchi	Dr. Wimukthi Senanayake
Dr. W. D. D. Prasanni	
Dr. V. P. C. Rajakaruna	
Dr. A. W. K. Mithunika	
Dr. B. D. B. M. Baduraliyage	

When the student counsellors recognize the possibility of a mental health issue or need of counselling for a student requiring further expertise, advice from the Department of Psychiatry is sought. If necessary, psychiatrist or clinical psychologist advice will be obtained. The Faculty Medical Officers attend the other forms of illnesses, if the student requires assistance.

24.1.3 Student Scholarship Schemes

Financial burdens on students are a frequent problem. There are specific scholarships offered by the faculty through donations from well-wishers as well as university funded bursaries. Applications are invited from students who require assistance and are reviewed by the counsellors based on the financial needs and social circumstances. This process requires the recommendation from the respective mentor and the formal evidence on the family income. Selection to certain scholarships is based on the academic performances of students and/or extracurricular performances.

24.1.4 Student Advisory Services

This service is specifically aimed at students who are poorly performing at the continuous assessments as well as students who fail summative examinations. The academic members of the respective departments hold one-on-one meetings with the students concerned, discuss the problems and attempt to find student-tailored action plans to overcome the academic deficiencies. Ongoing concerns, which are difficult to address are brought to the notice of the mentors, student counsellors and the Dean of the Faculty, if required by the respective departments.

24.2 Health Services

Medical students can seek assistance on health matters from members of the academic staff as well as from the extended faculty staff at NHG and German – Sri Lanka Friendship Hospital for Women. There are three designated university medical officers for the Faculty of Medicine.

Name	Department	Contact numbers
Dr Ajith Jayasekara	Department of Psychiatry	+94(0)777398652
Dr Milan Gunawardena	Department of Surgery	+94(0)774195265
Dr M. K. T. Madhushanka	Department of Paediatrics	+94(0)718194321

24.3 Other Services

24.3.1 Canteens

Main meals and snacks are offered at concessional rates in the faculty canteen. A new canteen facility will be available in the new 12- storey building in near future.

24.3.2 Hostels

The faculty provides hostel facilities for medical undergraduates. There are four hostel complexes located within the faculty premises (Stemcor complex, two Kuwait complexes and the old hostel complex). Hostels are located in a calm and quiet environment in the rear area of the faculty. Students are offered with residential facilities at a nominal charge. Currently hostels are home to approximately 700 students.

Usually, each room is shared by two students in the Stemco and Kuwait hostels. Six students share larger rooms in the old hostels which are given for the new entrants. There are common washrooms and shower areas shared by the students residing on the same floor. A kitchen is available in each floor for cooking purposes. In addition, there are allocated study areas for group discussions. Limited parking facilities are available for students. Smoking, alcohol consumption and use of any other illicit substances within the hostel premises are strictly prohibited.

Dr. H. H. P. M. J. Thabrew – Warden (Female Hostel)

Prof. R. H. A. I. Rathnaweera – Warden (Male Hostel)

Dr. Janaka Ruben - Academic sub-warden (Male Hostel)

Ms Subhashini Gunawardena– Non- academic sub warden (Female Hostel)

Mr Mahinda Bandara – Non- academic sub warden (Male Hostel)

Hostel Policy

The hostel policy is to provide 80% of its accommodation facilities for the new entrants and the final years, prioritizing final year students. For the rest of the batches, 15% of the hostel facility is allocated; students with special difficulties (financial difficulties, death of parents, illnesses etc.) as per the decision of the hostel committee. The remaining 5% is allocated for students with special achievements in sports and for officials of the student union.



Hostels



Open-study areas

CHAPTER 25

Services of Career Guidance Unit

25.1 Introduction

The Career Guidance Unit (CGU) of the University of Ruhuna was set up in March 2000, to provide career guidance services to the undergraduates. Since then, the unit has implemented various programs to make the undergraduates aware of the employment opportunities available, the qualities expected by the employers, and the way of acquiring the skills and the knowledge necessary for responding to the job market needs. The unit wishes to build-up continuous links with the private sector as well the government institutions to facilitate productive interaction between the undergraduates and such institutions.

The CGU assists undergraduates to realize their competencies and creativity, and to provide them with appropriate trainings to enhance their employability and to guide them to make optimum decisions on educational and occupational choices in order achieve the future goals of their personal life, academic and professional career in a challenging world of work.

Every student is supposed to register with CGU at the time of university entrance and he/she can participate in the selected CGU programs on voluntary basis thereafter with consultation of the Faculty Academic Career Advisor. Such programs include regular soft skills development courses, leadership trainings, talents enhancing programs, out bound trainings, career clubs, industry visits, internships, graduate placements, etc.

The CGU central office is located at the Wellamadama premises. The programs conducted at the faculty level are announced via CGU website and the faculty information dissemination systems.

25.2 Staff of Career Guidance Unit

This unit comprises of a Director, Faculty Academic Career Advisors and Career Guidance Counsellors as mentioned below.

Director CGU

Dr. E. H. G. C. Pathmasiri - Senior Lecturer, Department of Geography

Faculty Academic Career Advisor – Faculty of Medicine

Dr. A. D. S. Suranga Sanjeewa - MBBS (Ruhuna), MD Radiology (Colombo),
Probationary Lecturer, Department of Anatomy

Career Guidance Counsellor- Faculty of Medicine

Ms. Sujeewa Vidanagamage - M.A. Sociology (Kelaniya), P.G. Dip. Psychological
Counselling (Colombo), B.A. (Hons) (Ruhuna), Dip.
in Drama Therapy (SLFI), Dip. in Career Counselling
(SLNIPC); Dip. in Productivity (NPS)

25.3 Career Guidance Cell (CGU-Cell)

The Career Guidance Cell of the Faculty of Medicine, University of Ruhuna was established in August 2021 to extend the services to medical undergraduates in Faculty of Medicine, University of Ruhuna.

Staff of Career Guidance Cell

This unit comprise of a Chairperson, Deputy Chairperson, Career Guidance Counsellor and Committee members representing different committees.

Chairperson (Faculty academic Career guidance advisor-Faculty of Medicine)

Dr. A. D. S. Suranga Sanjeewa

Career Guidance Counsellor - Faculty of Medicine

Ms. Sujeewa Vidanagamage

Committee members of CGC

Prof. E. I. Waidyaratne

MBBS, Ph.D.

Associate Professor in Anatomy

Dept. of Anatomy, Faculty of Medicine

Prof. Lanka Dasanayake

MBBS (Ruhuna), MD in Obst. & Gynaecology (Colombo) MRCOG (UK), FSLCOG

Professor of Obstetrics and Gynaecology

Dr. A. J. P. M. Jayawardene

MBBS (Ruhuna), DFM (Colombo), MSc Clinical Ed (Edinburgh),

MHPE (Glasgow), FFAIMER (USA)

Senior Lecturer

Medical Education and Staff Development Unit, Faculty of Medicine

CHAPTER 26

Internal Quality Assurance Cell (IQAC)

The Internal Quality Assurance Cell (IQAC), Faculty of Medicine (FoM), was established under the directive of the Centre of Quality Assurance (CQA) of the University of Ruhuna. The main role of the IQAC is to function as the advisory body to the Faculty Board to ensure that the faculty achieves and maintains the best standards of quality as an institution of higher education. The IQAC aims to formalize and streamline the Quality Assurance (QA) activities at both the Faculty and University levels by promoting and internalizing best practices among all the stakeholders within the FoM such as students, academic, administrative as well as non-academic staff. The IQAC liaises with the Director, CQA of the University of Ruhuna to coordinate such QA activities.

IQAC works together on QA related activities with other committees, units and student societies such as Medical Education and Staff Development Unit, Curriculum Revision Committee, Curriculum Development and Evaluation Committee, Cultural Unit, Library committee, Information Technology Committee and Student Support Services and Student Societies & Student Bodies.

The IQAC regularly monitors QA related activities within the FoM and provide recommendations to the higher authorities such as the Dean and the Faculty Board and Faculty Board appointed sub-committees to enhance the quality and recognition of the MBBS degree programme.

The IQAC promotes and appreciates students' awareness and engagement in QA activities aiming to uplift the quality of the study program, learning environment and services provided.

CHAPTER 27

Units Recognized by the UGC

26.1 Medical Education and Staff Development Unit (ME & SDU)

Refer to the chapter 19.

26.2 Nuclear Medicine Unit (NMU)

26.2.1 Academic Staff

Professors

Snr. Prof. Manjula Hettiarachchi

- MBBS (Ruhuna) PhD (Ruhuna)

Prof. Imalke Kankanararachchi

- Head & Professor in Paediatrics, MBBS (Colombo), DCH (Colombo), MDPaed (Colombo), DCH (Colombo), MRCPCH (UK), MRCP (Edin)

Probationary Lecturer

Dr. P.T. Amandi Thilakarathna

- BSc (Hons) MLS (Ruhuna), MSc. Statistics (Kelaniya), PgD in Animal Sciences (Colombo)

26.2.2 Functions of the Unit

Training

The Nuclear Medicine Unit (NMU) provides training for undergraduates enrolled in the Medical Laboratory Sciences and Nursing degree programmes of the Faculty of Allied Health Sciences. The unit also provides research supervision for medical undergraduates undertaking research projects in Community Medicine.

Research

The staff of the NMU are involved in clinical research in the areas of newborn screening for congenital hypothyroidism, iodine metabolism, nutrition, and inherited metabolic disorders.

Service Function

The NMU is one of the two main centres for congenital hypothyroidism screening in Sri Lanka. Since 2016, the NMU is responsible for newborn screening of the Southern, Sabaragamuwa, Uva, Eastern, and Central Provinces. The laboratory currently analyses approximately half of

the newborn screening samples from the national birth cohort. Parents are informed of the newborn screening results via text messages sent directly to their mobile phones.

The NMU commenced blood ammonia testing in 2024 and is currently the only facility providing this service for the entire region.

Electives

The NMU provides elective training opportunities for local and overseas post-MD trainees, as well as undergraduates in Medical Laboratory Sciences.

26.3 Filariasis Research, Training and Service Unit (FRTSU)

Head: Dr. Nirmitha Lalindi De Silva - MBBS (Colombo), Dip. in Med. Micro (Colombo), MD Medical Parasitology (Colombo), PhD (Jichi.Jpn)

The Filariasis Research, Training and Service Unit (FRTSU) was established in August 2005 with the approval of the University Grants Commission (UGC), in recognition of nineteen years of continuous field and laboratory research on lymphatic filariasis conducted by the Department of Parasitology, Faculty of Medicine, University of Ruhuna. The unit has been headed by Snr. Prof. Mirani V. Weerasooriya, Prof. T. Chan na Yahathugoda, and Dr. N. Lalindi De Silva.

FRTSU is the only filariasis research unit within the university system in Sri Lanka and the first UGC-approved research unit at the University of Ruhuna. At its inception, the unit was supported by Dr. W. A. Samarawickrema, former WHO consultant and entomologist, and Prof. Eisaku Kimura, Professor of Parasitology at Aichi Medical University, Nagoya, Japan.

FRTSU is dedicated to the research, training, and provision of services related to combating lymphatic filariasis in Sri Lanka and beyond. Its research activities have contributed to a better understanding of filariasis and supported national efforts towards disease elimination.

Training and education are key components of the unit's activities. FRTSU provides training for healthcare professionals and researchers, including postgraduate trainees of the PGIM, University of Colombo; students of Allied Health Sciences, University of Ruhuna; and PHIs, PHMs, and pupil nurses of the Government of Sri Lanka. These programmes strengthen skills in the diagnosis, management, prevention, and control of filariasis and related health conditions. The service component of FRTSU includes community screening, medical services, treatment interventions, and support for affected populations, together with community awareness and health education on filariasis prevention and control.

FRTSU also collaborates with governmental and non-governmental organisations to support sustainable public health strategies. Through its integrated approach to research, training, and community service, the unit has contributed significantly to reducing the burden of lymphatic filariasis and improving the health and well-being of affected communities. Its work over the years has played an important role in Sri Lanka's successful elimination of lymphatic filariasis.

CHAPTER 28

Elective Attachments for Foreign Students

Introduction

The Faculty of Medicine, University of Ruhuna, offers an Elective Student Programme for medical students enrolled in recognized international medical schools. Students holding foreign or dual (foreign and Sri Lankan) citizenship are eligible to apply for elective attachments of up to 16 weeks. The programme provides clinical and community-based training at the National Hospital Galle, the German–Sri Lanka Friendship Hospital for Women, and the Bope-Poddala Field Practice Area, all affiliated with the faculty. These training sites offer extensive clinical exposure under the supervision of experienced academic and clinical staff.

Admission Eligibility

Applications are accepted only from registered students of recognized international medical universities. Applicants must submit the prescribed application form together with an official supporting letter from their home university. The applicants should apply online through the Faculty's Elective Student Programme webpage:

<https://www.medi.ruh.ac.lk/electiveprograme/>

Elective Postings

Students may apply for placements in pre-clinical, para-clinical, or clinical disciplines. Elective postings are arranged in weekly blocks commencing on a Monday and are subject to the availability of departmental facilities, patient exposure, and academic supervision.

Training

Students receive structured, supervised observational training and are required to maintain a learning portfolio throughout the attachment. A minimum attendance of 60% is mandatory to qualify for the Elective Appointment Completion Certificate.

Additional Benefits

The programme offers optional placements in pre-clinical and para-clinical disciplines and encourages participation in social, cultural, and religious activities with local students.

Participants may also join the residential programme, "Discover Unconditional Happiness," conducted in collaboration with a Buddhist monastery to experience Sri Lankan culture and mindfulness.

Programme Fees

Applicants are required to pay a non-refundable administrative fee of USD 50 and an elective appointment fee of USD 75 per week. All payments must be completed through the Faculty's online payment gateway before arrival in Sri Lanka.



CHAPTER 29

Student Union and Societies

28.1 Student Societies, Faculty of Medicine, University of Ruhuna

Medical Faculty Student Union (MFSU)

Societies

- Buddhist Society
- Art Circle
- Self Help Scholarship Fund
- Sports Club
- Innovation Club
- Explorer Club
- Resus Club
- Eloquence Club
- Pathfinder Club
- Muslim Majlis
- Horticulture Society
- Pharmacological Society



Blood donation and “Akuraka Urumaya” programme by MFSU



CHAPTER 30

Ruhuna Medical School Alumni Association (RUMSAA)

The Ruhuna University Medical Students' Alumni Association (RUMSAA) was established in 1997. Over the years, many dedicated well-wishers, including alumni and teachers, have contributed their time, effort and expertise to nurture and strengthen the association.

The President and the present committee extend their sincere gratitude to all those who have been part of this journey. Their vision, courage, creativity, dedication and patience have played an invaluable role in shaping RUMSAA into the organization it is today.

Over the years, the Faculty of Medicine has produced more than 5,344 doctors, many of whom are serving the people of Sri Lanka, while others are making valuable contributions to healthcare communities around the world. RUMSAA remains an important link between these generations of graduates and the faculty.

The association has also made a meaningful contribution to the well-being and welfare of medical students through numerous initiatives. These include providing scholarships to students in need, improving facilities aimed at enhancing student life and the learning environment.

In recent years, particularly over the past 2–3 years, RUMSAA has taken a leading role in improving the infrastructure of the faculty to create a better learning environment. The association spearheaded fundraising efforts for the newly built professorial ward complex, raising approximately 10 million rupees through its membership. A major achievement was the successful coordination of a substantial donation of equipment, including 300 modern hospital beds and bedside lockers, through a Chinese donation and a grant from the International Lions Club, to equip the theatre complex of the professorial ward complex.

The achievements of RUMSAA are a reflection of the collective commitment of its members and well-wishers. As it moves forward, the association remains committed to strengthening its bonds with its alumni, supporting the faculty and its students, and continuing its legacy of service for generations to come.

Members of the current RUMSAA Council are:

President	Dr. M. D. C. S. Kularathne
President-elect	Prof. Niroshana Dahanayake
Secretary	Dr. Gayani Punchihewa
Asst. Secretary	Dr. Iresha Mampitiya

Treasurer	Prof. Aruna De Silva
Asst. Treasure	Prof. Lanka Dassanayake
Ex officio	Prof. Sampath Gunawardena (Immediate-past President)
	Prof. Amaranath Karunanayake (Immediate-past Secretary)

Committee members

1. Prof. Channa Yahathugoda
2. Prof. Gayani Liyanage
3. Prof. Nayana Liyanarachchi
4. Prof. Pushpika Jayawardena
5. Dr. Janithra de Silva
6. Dr. D.R. Palangasighe
7. Dr. Vidu Ruchira de Silva

CHAPTER 31

Appendices

31.1 By - Laws approved by the Council of the University of Ruhuna under subsection (1) of section 135 of the Universities Act No 16 of 1978 in respect of Discipline and Residence of students

1. This by law may be cited as By- Law No 1 of 2015 in respect of the Discipline and Residence of students and shall come in to force On the 12th day of January, 2015
2. Any By-Law which is in force in respect of the Residence and Discipline of Students of the University of Ruhuna (hereinafter referred to as the 'University') shall be repealed on the date these By-Laws come in to force.
3. (1). There shall be established a board known as the BOARD OF STUDENT RESIDENCE AND DISCIPLINE (hereinafter referred to as the 'Board') comprising of
 - (a) The Deputy Vice - Chancellor;
 - (b) The Dean of each Faculty;
 - (c) The Registrar of the University;
 - (d) The Proctor appointed by the University;
 - (e) The Senior Student Counselor;
 - (f) The Warden of each Hall of Residence;
 - (g) The Senior Medical Officer; and
 - (h) Two members of the Senate nominated by the Vice Chancellor (hereinafter referred to as the 'Appointed Members')

(2). The Chairman of the Board shall be the Deputy Vice Chancellor and shall preside at the meetings of the Board and in his / her absence the most senior of the Dean present shall preside at such a meeting. The Deputy Registrar (Legal and Documentation) shall be the Secretary to the Board.
4. To review all matters pertaining to the discipline and disciplinary procedure of students from time to time and make due recommendations to the Vice Chancellor.

Functions of the Vice Chancellor, Deputy Vice Chancellor, Dean, Proctor and Deputy Proctor

5. (1). The Vice Chancellor or Deputy Vice Chancellor shall be informed without delay of any act of indiscipline or misconduct committed by a student or students by the Dean, Chief Security Officer, member of the academic staff or administrative staff, any employee of the university or a student as the case may be.

- (2). The Deputy Vice Chancellor shall collect information pertaining to any act of misconduct and take immediate action and report to the Vice Chancellor
 - (3). Upon receipt of information under this By-Law the Vice Chancellor may if he considers that further information is required, nominate either a member of the academic staff or a disciplinary panel comprising of three members to proceed without delay to the place of occurrence and inquire into the matter or matters and submit a report thereafter.
 - (4). The Vice Chancellor may take a decision on a matter and has the discretion of informing the University Council of his decision.
6. (1). The Vice Chancellor and Deputy Vice Chancellor may in agreement, authorize the Dean of each Faculty of the University the power and authority to exercise supervisory control over the discipline of all students in the faculty.
 - (2). If a Dean of a Faculty has received revelations that there is a likelihood of the breakdown of the smooth functioning of his or her faculty due to the disorderly behavior or conduct on the part of a student or students, the Dean in agreement with the Vice Chancellor and the Deputy Vice Chancellor shall take the following actions with the assistance of the Deputy Proctor and Heads of the Department.
 - a) Warn the relevant student or students for disorderly behavior;
 - b) Suspend such a student or students from the University or from attending lectures, courses or any other course of study at the University for a period not exceeding two weeks; or
 - c) Report to the Vice Chancellor or Deputy Vice Chancellor for necessary action, if in the opinion of the Dean that the intervention of the Vice Chancellor is required in resolving the matter.
 - (3). The Dean shall report to the Vice Chancellor or Deputy Vice Chancellor the nature of the disciplinary action taken by him or her under these By-Laws.
 7. (1). The Vice Chancellor may appoint a senior member of the academic staff (e.g.; Senior Professor, Professor or an Associate Professor) as the Proctor of the University.
 - (2). The Proctor so appointed shall assist in maintaining students discipline and order at the University.
 - (3). In discharging the above duties, the Proctor shall act in consultation with the Vice Chancellor, Deputy Vice chancellor and the assistance of the Deputy Proctors.
 - (4). The Proctor shall on receiving advice from the Deputy Vice Chancellor inquire in to complaints of breach of discipline and submit a report.
 - (5). Upon the conclusion of the investigation, if the Proctor is satisfied that the student is responsible for the indiscipline or misconduct, he shall report his findings to the Vice Chancellor or Deputy Vice Chancellor and resort to one of the following punishments.
 - a) A written warning;
 - b) Suspend the student from the University for a period not exceeding two (02) weeks;

- (6). The Proctor shall inform the Vice Chancellor or the Deputy Vice Chancellor of each and every instance he has acted on under these provisions.
- (7). Any student who is aggrieved by the punishment imposed by the Proctor shall have the right to appeal to the Vice Chancellor immediately and the Vice Chancellor may review the punishment or order a formal inquiry if he considers it necessary
- (8). When incidents of indiscipline are reported, the Proctor shall inquire and submit his observations to the Vice Chancellor within two weeks for appropriate action.
8. (1). The Vice Chancellor may, in consultation with the Deputy Vice Chancellor and the Dean appoint a member of the academic staff not below the rank of Senior Lecturer as the Deputy Proctor of each Faculty.
- (2). A Deputy Proctor may be appointed for each and every faculty at the University to assist the Proctor in discharging his duties.
- (3). The Deputy Proctor of a Faculty shall assist the Dean of the Faculty to maintain discipline among students of the faculty
- (4). The Deputy Proctor may investigate any indiscipline or misconduct and report to the Deputy Vice Chancellor.
- (5). On conclusion of an investigation, if the Deputy proctor is satisfied that the student is responsible for the indiscipline or misconduct, he shall report his findings to the Vice Chancellor or Deputy Vice Chancellor and may resort to one of the following punishments.
- a) A written warning;
 - b) Suspend the student from the University for a period not exceeding one (01) week;
- (6). Upon the infliction of one of the above-mentioned punishments the Deputy proctor Shall inform the Vice Chancellor, Deputy Vice Chancellor, Dean, Proctor, Deputy Registrar / Senior Assistant / Assistant Registrar (Legal and Documentation) / (Student Affairs) and (Examinations) and any other relevant official of the action he has taken.

Indiscipline and Misconduct

9. Any student who –

- a) Refuses to carry out any lawful order issued by a member of the Academic Staff, Warden or Sub Warden;
- b) Destroys, Damages, Defaces, Alienates, Removes, Steals, Misappropriates or misuses any property owned by the University;
- c) Transports or has in his or her possession weapons, sharp implements, petards or explosives or any other material which can cause injury to a person;
- d) Attacks, Injures, Annoys, Hurts, Disturbs or Agitates others;
- e) Within or Outside the University threatens verbally or in writing to cause injury to any person, the reputation or property of any student or a member of the staff, or damages university property;
- f) Misbehaves or supports any misbehavior or any unjustifiable act;
- g) Commits or abets or encourages or participates or subjects willingly to any form of ragging;
- h) Is Insubordinate or is dressed in attire which is inappropriate for any particular occasion;
- i) Acts in a way that the personal liberty and freedom of movement of any student or a member of the University staff is restrained;
- j) Obstructs any University student or member of the staff from carrying out any order by unlawfully restraining that student or member of the staff.
- k) Unlawfully restrains any student or a member of the staff of the University, in such a manner as to prevent such a student or member of the staff from proceeding beyond certain circumscribing limits;
- l) Furnishes the University with false particulars on a matter or matters for which the University is entitled to be furnished with the true particulars;
- m) Provides false information to mislead officers conducting disciplinary inquiries;
- n) Makes or provides false statements or entries to the University Security Service or to any other University personnel;
- o) Obstructs or Disturbs others during examinations or unjustifiable gathering near or around examination centers;
- p) Fails or Refuses to produce the identity card issued by the University when called for by a member of the Academic staff, Warden, Sub Warden, Security officer or any other relevant officer;
- q) Is convicted in any court of law of an offence which, in the opinion of the Vice Chancellor, is of sufficient moral turpitude to warrant disciplinary action;

- r) If found to be under the influence of or in possession of or smelling of liquor or consumes or supplies or is known to have purchased liquor or addictive drugs within the precincts of the University;
- s) Engages in such activities which are likely to disrupt the conduct of programs of teaching (Lectures, Practical sessions, Field Work, Work Shop Activities, Clinics, Assignments, etc.), Examinations and Research at the University or disturb any administrative function;
- t) Obstructs any officer or employee of the University of performing his or her duties or any justifiable unlawful interference in official duties of staff of the University;
- u) Obstructs any student in carrying out his studies or research or disrupts the activities of any student;
- v) Conducts himself or herself in a manner in which, in the opinion of the Vice Chancellor, is detrimental to the reputation of the University or to the maintenance of order and discipline at the University;
- w) Contravenes any By - Law, Rule or Regulation of the University
Shall be guilty of Indiscipline or Misconduct.

10. In addition to the above provisions

- a) Purports to convene a meeting of any society or association within the premises of the University without obtaining the prior approval of the University Council or purports to establish or assists to establish or form any such society or association;
- b) Represents any society or association which has not been approved by the University Council;
- c) Does not comply with the regulations and orders laid down by the University Council for the establishment of any society or association;
- d) Convenes or participates at any meeting of students held within the precincts of the University contrary to the terms of the constitution of the relevant body;
- e) Plans, organizes or implements any event within the premises of the University without obtaining prior permission of the University authority;
- f) Distributes or displays any periodical, publication or pamphlet without the prior written approval of the Vice Chancellor or Deputy Vice Chancellor or defaces or mutilates property belonging to the University;

- g) Invites without the prior written approval of the Vice Chancellor or Deputy Vice Chancellor any person not associated with the University as a student, or on behalf of the students or at the request of the students of the University, as a speaker to address students at the University;
- h) Arranges for or organizes any collection of money or goods within the precincts of the University or outside the precincts of the University without obtaining prior approval from the Vice Chancellor or Deputy Vice Chancellor;
- i) A student who either on his behalf or as the representative or purported representative of a student's union, society or association issues or publishes or causes to be published any press release with respect to matters pertaining to the University without the prior approval of the Vice Chancellor or Deputy Vice Chancellor or other teacher or officer designated for this purpose by the Vice Chancellor Shall be guilty of indiscipline or misconduct.

Halls of Residence of the University

11. (1). There shall be a Warden in charge of each Hall of Residence who shall be responsible to the Vice Chancellor and Deputy Vice Chancellor for ensuring the efficient management of the Hall of Residence.
 (2). There shall be a Sub Warden for each Hall of Residence who shall be responsible to the University Authority for the day-to-day administration of the Hall of Residence.
 (3). The Sub Warden will be responsible for maintaining discipline, managing the properties and services, maintaining the inventory (stock), maintaining student's records and carrying out the orders of the Warden.
12. (1). Any student seeking admission to a Hall of Residence shall submit a completed application form requesting for residential facilities indicating the total parental income of his family and the distance to the University from his place of residence and other details as called for in the application form requesting for residential facilities at the University.

- (2). Such an application for residential accommodation shall be made on the form provided for the purpose by the University and shall contain a statement to the effect that the student accepts to abide by the By - Laws, rules and regulations applicable to the Halls of Residence of the University and changes made to the said By - Laws, Rules and regulations from time to time.
- (3). Residential facilities shall be allocated to a student on an individual basis subject to the guidelines, By Laws, Rules and Regulations of the University.
13. (1). No student shall occupy a Hall of Residence without obtaining due permission from the University Authority.
- (2). Every student shall pay the hostel fees requested by the University within the stipulated period of time.
- (3). A student shall not occupy the room allocated without registering and under no circumstances shall occupy another room or exchange rooms with another student.
14. (1). The Warden of the Hall of Residence shall have the authority to temporarily suspend residential facilities given to a student for any contravention of these By Laws. In such an event an immediate report shall be submitted to the Vice Chancellor, Deputy Vice Chancellor and Proctor by the Warden.
- (2). If any student fails to sit for any examination at the end of the academic year or end of the semester such a student shall not be eligible to occupy the Hall of Residence if the lectures for that semester have concluded. And
- (3). A student shall not be entitled to any refund or reduction of fees paid or payable in the event of any interruption of arrangements being made or being finalized to grant him or her accommodation at the Hall of Residence in consequence of any disciplinary action being taken against him or her.
15. Every student shall be responsible
- a) For furniture, fittings and any other items in his own room and collectively for all other items in common use at the Hall of Residence;
 - b) To hand over to the University Authority any articles issued to him or her at the time of moving out of the allocated room or Hall of Residence;
 - c) For any loss or damage to articles provided;
 - d) For any damage caused accidentally or deliberately to the moveable or immoveable property of the Hall of Residence. The value of such damage shall be recovered from the student and in the event that more than one student is responsible the value shall be recovered equally from each and every student residing in the room or Hall of Residence as appropriate;

- e) To use clothes irons, televisions and other equipment made available to students with care and avoid damage to same; and
- f) Individually for the furniture, fittings and other items in the students own room and collectively for all other items in common use in the Hall or residence.

16. No student shall

- a) Shift or remove any items assigned to a room;
- b) Be a nuisance to other students in the Hall of Residence as well as the neighbors or engage in acts of violence including fighting, throwing of objects, excessive noise or any other unjustifiable behavior which will be cause to cancellation of residential facilities;
- c) Keep, possess or consume alcoholic beverages, narcotics or illegal drugs in the Hall of Residence or be at the Hall of Residence after consuming alcoholic beverages, narcotics or illegal drugs;
- d) Smoke or Gamble in the Hall of Residence;
- e) Explode or possess fireworks or explosives in the Hall of Residence;
- f) Cook or Prepare meals in the Hall of Residence;
- g) Be allowed to use air conditioners, refrigerators, hotplates or similar electrical appliances, misuse or tamper with the electrical supply or use the electrical supply for purposes not authorized by the warden;
- h) Be permitted to use their rooms and facilities at the Hall of Residence for any commercial or unlawful purpose. A room or any part of the premises of the Hall of Residence shall not be used as an office, Library or a political office, religious office or secretarial office;
- i) Be allowed to damage or decorate the walls of rooms, corridors or common areas with posters, scripts or notices without obtaining prior approval from the Sub Warden.

17. Every student shall ensure that

- a) At the time of occupation, all moveable and immoveable items in the Hall of Residence or the room are in workable condition and if any item is found damaged or not in working order, that the Sub - Warden is informed;
- b) That the sound emanated from musical instruments, audio equipment, televisions, computers etc., shall not be audible outside the rooms at all times;
- c) Stereo sets or Speakers are not be placed on window sills or balconies to direct music or noise outside the Hall of Residence;
- d) Any musical instrument or radio is not played or switched on between 10:00 PM and 5:00 AM;

- e) Irons, televisions and other equipment made available to students are returned in working order at the end of the term;
 - f) Electrical outlets are appropriately used and that electric and electronic equipment such as computers, stereo sets, televisions, hair dryers etc. do not overload the electrical supply;
 - g) All electric bulbs, irons and fans are switched off when leaving the rooms or bathrooms and water taps are closed completely after use; and
 - h) The rooms, corridors, drains, gardens are kept clean;
18. The cost of lost or broken keys shall be recovered from the student concerned.
 19. All resident students shall return to the Hall of Residence before 8:00 PM and refrain from leaving the Hall of Residence before 5:00 AM without obtaining the prior permission of the Sub - Warden.
 20. All first-year students (freshers) should return to the Hall of Residence before 6:00 PM and refrain from leaving the Hall of Residence before 6:00 AM without obtaining prior permission of the Sub - Warden. (Students who return to the Hall of Residence after 6:00 PM and leave the Hall of Residence before 6:00 AM shall sign the record book provided in the Hall of Residence stating the reason and time of arrival or departure)
 21. No male student or female student shall keep a female student or male student as the case may be, in his or her room under any circumstances.
 22. Any student whose residential facilities have been suspended after the completion of a disciplinary inquiry conducted by the University shall not be eligible to seek residential accommodation or to continue staying at the Hall of Residence.
 23. The provisions of these By - Laws which are commonly applicable to students of the University shall apply mutatis mutandis to or in relation to students residing in the Halls of Residence.
 24. (1). Any student who has been suffering from a contagious or infectious disease shall, before he or she returns to the Hall of Residence, furnish the Warden with a Medical Certificate to the effect that he or she is immune from spreading the disease or infection.

(2). Any threat to the health of the other students and the administrative staff shall be avoided. If any student is faced with a health problem, he or she should consult the Medical Officer and it shall be reported to the Sub - Warden immediately.
 25. Every student except for first year, last year and students whom have been granted special permission who are residing at any Hall of Residence shall bear the cost of electricity and water consumed by him or her as stipulated by the University.

26. Every part of the hostel shall be open to the University authorities for inspection at any time during day or night and it shall be the duty of every student to cooperate with University authorities at the time of inspection of the Hall of Residence.
27. The University shall not be held responsible for the loss or damage to the personal belongings of students within the Hall of Residence.
28. Any student found to be residing at a Hall of Residence without prior approval shall be liable to any punishment imposed by the University and to pay any fine imposed by the University for the said period as determined by the University.

Punishments

29. Any student who contravenes or fails to comply with the provisions of these By - Laws shall be guilty of indiscipline or misconduct under these By -Laws and shall be liable to be subjected to one or more of the undermentioned punishments
 - a) A severe written reprimand;
 - b) Expelled from the University;
 - c) Withdrawal or suspension of hostel facilities for a specific time period;
 - d) Suspension of studentship for a period not exceeding two years;
 - e) Suspension of Examination Results for a period not exceeding two years;
 - f) Impose a fine
 - g) In the event of damages caused to University property to reduce the allocation of funds to the student union; and
 - h) Any other punishment approved by the Vice chancellor or Council.

Disciplinary Procedure

Preliminary Inquires

30. (1). The Vice Chancellor may appoint a member of the academic staff as an Investigating Officer or a Disciplinary Panel consisting of not more than three members to conduct a preliminary investigation on any allegation of indiscipline, misconduct or any contravention of these By - Laws.
- (2). In the event that the Disciplinary Panel consists of more than one member, the Vice Chancellor shall select and appoint one member as the Chairman of the Disciplinary Panel.
- (3). The Deputy/ Senior Assistant/ Assistant Registrar (Legal and Documentation) / (Student Affairs) and (Examinations) or his or her representative shall be the Secretary to the Disciplinary Panel and shall call for evidence, receive written or oral statements as instructed by the Disciplinary Panel.

- (4). At the conclusion of the inquiry the Investigation Officer or the Chairman of the Disciplinary Panel as the case may be, shall submit a report with his or her the panel's recommendation to the Vice Chancellor.
31. (1). Upon the receipt of the recommendations under above By - Law 30, The Vice Chancellor shall after consultation with the Deputy Vice Chancellor take the following decisions
- a) If there are no charges made, to close the matter
 - b) If the charges are minor, impose punishments as specified in By - Law 29.
- (2). The Vice Chancellor shall inform the student concerned and the student's Parents or Guardian of his decision in writing sent by registered post and a copy of the letter shall be sent to the Deputy Vice Chancellor, the Chairmen of the Residential and Disciplinary Panel, Dean of the respective Faculty, the Proctor, the Deputy Registrar / Senior Assistant / Assistant Registrar (Law and Documentation) / (Student Affairs) and (Examinations) and any other relevant person.

Formal Inquiry

32. Where the Vice Chancellor on receiving the report of the Investigating Officer or the Disciplinary Panel is satisfied that the student is guilty of indiscipline or misconduct of a grievous nature, he may call for a Formal inquiry and shall forward the report of the Preliminary Inquiry with instructions to the Deputy Vice Chancellor as to what action should be taken.
- 33.
- 1. The Vice Chancellor shall appoint a Disciplinary committee, comprising of either one or not more than three senior member or members of the University Academic Staff.
 - 2. In the event that the Disciplinary Committee appointed under these By - Laws comprises of more than three members, the Vice Chancellor shall nominate one member as the Chairman of the committee.
 - 3. The Assistant / Senior Assistant / Deputy Registrar (Legal and Documentation) or his or her representative shall be the Secretary to the Disciplinary Committee.
 - 4. The Vice Chancellor shall send by Registered Post, a charge sheet signed by him and based on the findings of the Preliminary Inquiry to each and every student who has been found guilty of Indiscipline and misconduct and their parents or guardian.

5. The accused student shall within two weeks of the date of the Charge Sheet, send by registered post to the Vice Chancellor, show reasons in writing and as to why he or she is not guilty of the allegations being made.
6. If the reasons shown are accepted by the Vice Chancellor, he may exonerate the accused student or if not he shall call for a Formal Inquiry.
7. The Secretary shall be responsible for providing the Disciplinary Committee with a list of witnesses and all other reports and items necessary to conduct the inquiry.
8. The Secretary shall as instructed by the Disciplinary Committee summon witnesses for the Formal Inquiry.
9. The Formal Inquiry shall be completed within a period not exceeding two months.
10. At the conclusion of the formal Inquiry the Disciplinary committee shall together with their recommendations submit a report to the Vice Chancellor. The Vice Chancellor shall in consultation with Deputy Vice Chancellor or on the recommendations of the University Council decide on the punishment that should be imposed.
11. The relevant student and his or her parents or guardian shall be informed by letter sent by registered post of the punishment to be enforced and a copy of the said letter shall be forwarded to the Deputy Vice Chancellor, The Dean of the Faculty, Proctor, Chairman of the Board, Senior Deputy Registrar / Senior Assistant/ Assistant Registrar (Law and Documentation)/ (Student Affairs) and (Examinations) and any other relevant person.

34. **Appeals**

1. If any accused student is aggrieved by the punishment imposed may within fourteen (14) days from the date of receipt of the letter informing the punishment imposed may submit an appeal to the Vice Chancellor through the Dean of the respective Faculty.
2. The Vice Chancellor shall forward such an appeal to the Board of Discipline and Residence for its recommendations.
3. The Board of Discipline and Residence shall name a Board of Appeal comprising of three of its members to consider the appeal.
4. The Deputy/ Senior/ Assistant Registrar (Law and Documentation) or his or her representative shall hand over to the Secretary of the Board of Appeal copies of the Formal Inquiry and any other reports together with any items or other material called for.
5. At the conclusion of considering the Appeal, The Board of Appeal shall submits its recommendation to the Chairman of the Board of Discipline and Residence, who will after discussing the recommendation with the Board shall submit the final recommendation made by the Board of Discipline and Residence to the Vice Chancellor.

6. The relevant student and his or her parents or guardian shall be informed by letter sent by registered post of the decision taken with respect to the appeal and a copy of the letter shall be forwarded to the Deputy Vice Chancellor, The Dean of the Faculty, Proctor, Chairman of the Board, Senior Deputy Registrar/ Senior Assistant / Assistant Registrar (Law and Documentation) / (Students Affairs) and (Examinations) and any other relevant person.

Miscellaneous

35. It would not be appropriate to appoint the Deputy vice Chancellor or Student Councilor to any Disciplinary Board or Panel.
36. The Vice Chancellor shall take appropriate action in contrary to these By - Laws and Provisions if he thinks it is necessary to maintain discipline at the University.
37. These By- Laws shall be applicable within the precinct of the University.
38.
 1. The students of the University shall at all times endeavor to safeguard the goodwill, honor, dignity and reputation of the University.
 2. Every student of the University shall be of good behavior and shall at all times conduct himself in an orderly and dignified manner befitting the status of an undergraduate or graduate student.
 3. Every student of the University shall conduct him or herself in such a manner as to maintain the good reputation and honor of the Hall of Residence at which he or she resides.
 4. Every student shall have in his or her possession the Identity Card issued by the University at all times and shall produce it when requested by University Staff, Security Officer or any other authorized officer.
 5. These By - Laws shall apply to all students of the University of Ruhuna.
 6. The Board shall ensure that a copy of the By - Law No _____ of 2015 with respect to Students Discipline and Residence together with a copy of the Certificate of Acceptance as set out in the schedule here to is issued to every student admitted to the University of Ruhuna and every student shall immediately complete and hand over the Certificate of Acceptance to the Registrar of the University.
39. The University shall have the power and authority to take into consideration, assess and determine the behavior and conduct of each individual student at such time that his or her suitability for the award of a Degree, Diploma, Certificate or any other academic skill or aptitude is being determined.
40. In these By- Laws
 - "Authorized Officer" shall be any officer authorized by the Vice Chancellor:
 - "University Premises" shall refer to the precincts of the University of Ruhuna housing the Faculties, Halls of Residence and other locations which are governed and controlled by the University and any other place where any activity of the University is being conducted. In this event of any inconsistency between the Sinhala, Tamil & English texts of this By - Law the Sinhala texts shall prevail.

31.2 Guidelines for Action to be taken for Student Absenteeism, Unsatisfactory Performance and Conduct Unbecoming during the Professorial Appointment

The following guidelines are the recommendations of the committee of Heads of Clinical Departments. They were approved by the 313th Senate meeting held on 30.11.2016.

31.2.1 Sections

1. Actions for being absent for a period of time
2. Actions for unsatisfactory performance
3. Actions regarding unbecoming conduct
4. Reporting to Dean
5. Nature of extension of training (directives)
6. Confirmation of extension of training and informing students

Section 1: Actions for being absent for a period

- 1.1. of over 4 weeks with or without a medical certificate.
 - 1.1.1. To repeat the entire appointment.
 - 1.1.2. Should not be allowed to appear for the End Appointment Test scheduled with the own group.
- 1.2. Between one and four weeks with or without medical certificate.
 - 1.2.1. Extension of training for an equivalent period absent.
 - 1.2.2. May be allowed to appear for the End Appointment Test as determined by the Head depending on the work done during the rest of the appointment.
- 1.3. Less than one week without a medical certificate or prior approval.
 - 1.3.1. Additional learning / training tasks as stipulated by the Head.
 - 1.3.2. Should be allowed to sit the End Appointment Test.
- 1.4. Less than one week with a medical certificate or prior approved leave.
 - 1.4.1. May be signed up if performance is satisfactory.
 - 1.4.2. Should be allowed to sit the End Appointment Test.

Section 2: Actions for unsatisfactory performance

- 2.1. The Head to take suitable action (such as additional learning/training tasks) after discussion with other academic staff members of the department, considering the seriousness of the lapse in relation to the objectives of the course
- 2.2. The students should be allowed to sit the End Appointment Test.

Section 3: Actions for unbecoming conduct

These acts shall be categorized as either minor or major.

- 3.1. Minor (such as late arrivals or early departure, being absent during organized teaching activities, not performing allotted tasks etc.).
 - 3.1.1. The Head to take appropriate action (such as additional learning/training tasks) after discussion with other academic staff members of the department, considering the nature of the offence.
- 3.2. Major (disruptive behavior, copying, unethical behavior, dishonesty, under influence of liquor or drugs etc.).
 - 3.2.1. The Head or a senior teacher to take suitable action depending on the nature of the offence and immediately inform the Dean (or the Head) and arrange for an inquiry either within the Department or by the Dean depending on the nature of the offence.
 - 3.2.2. Disciplinary action taken at the level of the department should not include extension of the training period.

Section 4: Reporting to Dean

- 4.1. Major offences categorized under section 3.2.1 above.
- 4.2. Any extension of training categorized under sections 1.1 & 1.2 above.

Section 5: Nature of extension of training

- 5.1. Period of four weeks and over
 - 5.1.1. The relevant Head to inform the clinical Coordinator to allocate the student to another group to serve the extension.
 - 5.1.2. The student should fulfill this requirement during a formally arranged appointment by the clinical Coordinator and the student should follow all aspects of training.
- 5.2. For period less than four weeks
 - 5.2.1. The student should fulfill this requirement during available time in concurrence with the Head. The Head to determine the nature of work to be carried out during this period.

Section 6: Confirmation of extension of training and informing students

- 6.1. All decisions regarding extension of training should be discussed and approved at a Departmental meeting.
- 6.2. The student concerned should be informed officially in writing, with a copy to the Dean, indicating the reasons for the extension of training and the tasks that should be fulfilled during this period.

The Heads of Clinical Departments are requested to follow the Above Guidelines with Effect from 30.11.2016.



Story of the cover page



The pathway for one to graduate as a medical doctor commences long before he or she receives the graduation degree certificate and commences work in the hospital. It begins on a quiet road walking beside those who nurture them. It leads through the open gates of the medical school where they carry on holding onto hopes, courage, plans and commitment. Throughout this journey, a slow but sure reshaping of the soul takes place grounded in the enduring warmth of home and facilitated by the interactions with peers and teachers. The timeless rhythms of the Southern Sea add a melody to this process. It is far more than pages turned late into the night; it is an awakening of the mind and soul. A delicate harmony where deep compassion, creativity, courage and the noble search for truth become one. It is bound by love, and guided by heritage. Every simple step transforms from a humble beginning into a devotion that lasts a lifetime.



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