

# **CURRICULUM VITAE**

September 2021

Dr. T. G. Liyanage,  
MBBS, D.Path (Col), MD Histopathology(Col),  
Senior Lecturer in Pathology,  
Department of Pathology,  
Faculty of Medicine,  
University of Ruhuna,  
Galle,  
Sri Lanka.

**PERSONAL DETAILS:**

Surname : Gunawardhana Liyanage

First names : Thusharie

Date of Birth : 04.10.1970

Nationality : Sri Lankan

Gender : Female

Marital status : Married

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## PROFESSIONAL QUALIFICATIONS:

Dates	Description of qualification	Place obtained
<b><u>Medical Education:</u></b>		
November 1997	MBBS	Faculty of Medicine, University of Ruhuna.
<b><u>Postgraduate Education:</u></b>		
December 2002	Diploma in Pathology	Post graduate Institute of Medicine University of Colombo.
December 2004	MD in Histopathology	Post graduate Institute of Medicine University of Colombo.
From 03.12.2006	Specialist in Pathology	Post Graduate Institute of Medicine, University of Colombo

## HONOURS OR PRIZES:

<b>2<sup>nd</sup> MBBS</b>	<b>2<sup>nd</sup> class Honours (Upper division)</b> Distinctions in Anatomy and Biochemistry (March 1994)
<b>3<sup>rd</sup> MBBS</b>	<b>1<sup>st</sup> class Honours</b> Distinction in Pathology, Pharmacology, Community Medicine, Parasitology & Microbiology (October 1996)
<b>Final MBBS</b>	<b>2<sup>nd</sup> class Honours (Upper division)</b> Distinction in Paediatrics. (November 1997) (Top of the batch which contained 160 students)

## **GOLD MEDALS**

**3<sup>rd</sup> MBBS** : Lionel Memorial award for obtaining highest score in Pharmacology

**Final MBBS** : 1. Sir Earnest & Lady De Silva Memorial gold medal for obtaining highest mean score at all MBBS examinations.

2. Mr.& Mrs. C. R. de Silva Memorial gold medal for obtaining highest marks in Paediatrics.

3. Caroline Mohotti gold medal for obtaining the highest aggregate at the Final MBBS examination.

**All island merit list : Rank 02**

## **Employment History**

- **Current Occupation** - Senior Lecturer - Grade 1, Department of Pathology, Faculty of Medicine, University of Ruhuna, Galle Sri Lanka. From December 03<sup>rd</sup> 2011 up to date.
- Senior Lecturer – Grade II, Department of Pathology, Faculty of Medicine, University of Ruhuna, Galle Sri Lanka. From December 03<sup>rd</sup> 2006 to December 03<sup>rd</sup> 2011.
- Lecturer (Probationary) in Pathology, Faculty of Medicine, University of Ruhuna, Galle Sri Lanka. From November 1<sup>st</sup> 1999 to December 03<sup>rd</sup> 2006.
- Resident Medical Officer, Teaching Hospital, Karapitiya, Sri Lanka. From July 15<sup>th</sup> 1999 to October 31<sup>st</sup> 1999.
- Intern Medical Officer, Teaching Hospital, Karapitiya, Sri Lanka. From July 15<sup>th</sup> 1998 to July 15<sup>th</sup> 1999.
- Demonstrator, Department of Medicine, Faculty of Medicine, University of Ruhuna, Galle Sri Lanka. From December 1997 to July 1998

## **Posts held**

- Head, Department of Pathology, Faculty of Medicine, University of Ruhuna, Galle, Sri Lanka from 03.11.2015 to 03.11.2018
- Faculty nominee as a member of the Board of study in Pathology, Post Graduate Institute of Medicine, University of Colombo from 1<sup>st</sup> June 2018 for a period of three years.
- Faculty nominee as a member of the Board of study in Clinical oncology, Post Graduate Institute of Medicine, University of Colombo from 1<sup>st</sup> June 2018 for a period of three years.
- Faculty nominee as a member of the Board of study in Pathology, Post Graduate Institute of Medicine, University of Colombo from 1<sup>st</sup> January 2016 to June 2018.
- A Student Counsellor of the Faculty of Medicine, University of Ruhuna, Galle, Sri Lanka during the following time periods (total of 3 years)
  - From 24.01.2008 to 23.01.2009
  - From 23.01.2009 to 22.01.2010
  - From 02.09.2012 to 08.02.2013
- Acting Head, Department of Pathology, Faculty of Medicine, University of Ruhuna, Galle, Sri Lanka from 20.06.2014 to 27.06.2014
- Shadow Person-in-charge of the Activity “Enhance student support services” of the World Bank funded project for “Improvement of Relevance and Quality of Undergraduate Education” (IRQUE Project).

## **Member of Committees of the Faculty of Medicine, University of Ruhuna**

- Member of the Research & Higher Degrees Committee of the Faculty of Medicine, University of Ruhuna from 24.06.2008 to 24.06.2010.
- Member of BSc (Nursing) Academic Committee
- Member of Health Museum Committee
- Member of hostel Committee
- Member of library Committee
- Member of lecture theater committee
- Member of Technical evaluation Committee for capital allocation 2017
- Member of Faculty of Medicine - Annual Academic Sessions 2017 – Journal committee
- Member of Faculty of Medicine - Annual Academic Sessions 2018 – Journal committee
- Member of Faculty of Medicine - Annual Academic Sessions 2018 –Steering committee
- Appointment as an Independent External Reviewer of Ethics Review Committee

## **Member of Committees of College of Pathologist of Sri Lanka**

- Coordinator of the College CPD Programme – Galle cluster
- Member of Scientific committee
- Member of Subcommittee for matters related to Private sector laboratories and foreign specialities
- Member of Peer review committee - Galle cluster

## **Research experience:**

My research interests lie mainly in thyroid pathology, Gastro-intestinal (GI) pathology and breast pathology, as we receive a lot of GI, thyroid and breast specimens to our department. I am thinking of carrying out a research to assess the value of Leishman stain in diagnostic cytology. Leishman stain is the stain we use for cytology in Department of Pathology, Faculty of Medicine, University of Ruhuna for Fine Needle Aspiration Cytology. Though this stain is the cheapest and quickest most of the other pathologists are not practicing this stain for cytology.

## **Postgraduate researches**

### **MD histopathology research**

1. “Value of Bethesda system in deciding on surgical intervention for cytologically identified follicular proliferations in thyroid gland” Dr. Ayomi Kankamge
2. “Comparison of consistency in reporting breast cancer prognostic markers between two laboratories; manual versus automated platform” Dr. L. N. Abeygunawardana

### **MSc research**

“Assessment of the effects of selected pre-analytical and analytical factors on the optimal immunohistochemical staining for ER and Her-2 in breast cancer” by Miss H. Harhini Pieris to obtain MSc in clinical biochemistry.

### **MPhil research**

MPhil research project titled “Pharmacodynamics of *costus speciosus* leaf and its effects on insulin resistance and atherogenesis.” By Mrs. H. W. A. S. Subasinghe.

## **Management experience:**

I have supervised post graduate trainees, medical officers, registrars, Laboratory Technicians and laborers in the laboratory to ensure problem free functioning of the laboratory. As I try at all the time, to issue our histology reports and cytology reports within 2 weeks of acceptance of specimens, time and work has always to be managed well.

I have undergone training on management conducted by the management frontiers center of excellence.

I have undergone Examiners training programme conducted by the PGIM on January 2017.

I was appointed as the Head, Department of Pathology from 3<sup>rd</sup> November 2015 to 3<sup>rd</sup> November 2018. During this period I undertook following activities for the betterment of the department.

- Re-arranged the museum and re-structured all museum specimen cards for better understating of pathology by medical students.
- Introduced macroscopic and microscopic images for the histopathology practicals, so that the students understand disease processes easily
- Developed a proper storage room for the department where all past slides, blocks and reports of histopathology, cytopathology and immunohistochemistry reports are maintained and when necessary can be easily retrieved
- Partitioned and air conditioned the histopathology laboratory and the library where the teaching microscopes are kept.
- Purchase WHO/IARS classification of tumours. All the updated book series was purchased to the Department library, which is of much use for routine reporting and post-graduate teaching in Histopathology
- Disposal of all needles and sharpeners in the department since conception

- Disposal of all empty glass bottles
- Started maintaining records on new inventory books from 2017
- Helped the Department of Anatomy for preparation of Histology Class slides
- Developed attitudes of staff, so that all of them can work together happily and feel that the department is not just a working place

### **Overseas experience:**

I underwent foreign training for one year at Department of Pathology, Gosford District Hospital, New South Wales, Australia. During this year I was actively involved in all Department work of cytology, histopathology and immunohistochemistry.

I participated to the workshops “Reviews and recent advances in pathology” under the auspices of Royal College of Pathologists’s of Australia, held in Department of Pathology, University of Sydney each week during this period.

### **Post Graduate training in Histopathology:**

Following Post-graduate trainees were allocated to Department of Pathology, Faculty of Medicine, University of Ruhuna to undergo in service training for MD Histopathology. I have been a supervisor for them.

- Dr. Ayomi Kankanamge 2012/2019
- Dr. P. M. T. Kumari 2013/ 2019
- Dr. A. W. K. Dilrukshi 2016/2019
- Dr. D. K. Abeygunawardhana 2016/2019
- Dr. I. L. Wickramanayaka 2017/2019, 2019/2021
- Dr. D. J. Wickramasooriya 2017/2019, 2019/2021
- Dr. H. G. S. S. Gamage 2019/2021
- Dr. L. N. Abeygunawardhana 2019/2021
- Dr. K. B. Rojika 2019/2021
- Dr. A. R. Pathirawasam 2019/2021



I am the coordinator of following histopathology training programs conducted by the PGIM.

- Study days in Histopathology for MD trainees
- Lecture course for CBLS
- MD part 1 Lectures in Histopathology

**Appointment as an examiner in Post Graduate examinations in Histopathology – Postgraduate Institute of Medicine**

- Appointment as an examiner in Lecture Course in Basic Laboratory Sciences Assessment examination – January 2017, conducted by the Post Graduate Institute of Medicine.
- Appointment as an observer, Post graduate Diploma in Histopathology examination – June 2017, conducted by the Post Graduate Institute of Medicine.
- Appointment as an examiner in Lecture Course in Basic Laboratory Sciences Assessment examination – January 2018, conducted by the Post Graduate Institute of Medicine.
- Appointment as an examiner in Selection examination in MD (Surgery) –February 2018, conducted by the Post Graduate Institute of Medicine.
- Appointment as an examiner, Post graduate Diploma in Histopathology examination – June 2018, conducted by the Post Graduate Institute of Medicine.
- Appointment as chief examiner in Lecture Course in Basic Laboratory Sciences Assessment examination – January/ March 2019, conducted by the Post Graduate Institute of Medicine.
- Appointment as an examiner, MD Histopathology examination – June/July 2020, conducted by the Post Graduate Institute of Medicine.

## Publications in International Journals

1. Lakmini Mudduwa, **Thusharie Liyanage**. Immunohistochemical assessment of hormone receptor status of breast carcinoma: Interobserver variation of the quick score. *Indian journal of medical sciences*, vol 63, No 1, January 2009.
2. **Thusharie Liyanage**, Lakmini Mudduwa. Effect of experience of pathologists on the inter-observer reproducibility of the Nottingham grade. *Galle Medical Journal*, vol 16, No 1, March 2011.
3. Peiris HH, Mudduwa LKB, **Liyanage T**, Ranasinghe JGS Effects of morphological preservation artifacts on the quality of immunohistochemical staining for ER and Her-2. *Journal of the Galle medical association*, Vol 18:No2, September 2013
4. Subasinghe Hewa walpola Amila Sewwandhi, Hettihewa Lakshmi Manik, Gunawardena Sampath, **Liyanage Thusharie** (2014). Methanol and water extracts of *Costus speciosus* (J.Konig) Sm. Leaves reverse the high fat diet induced peripheral insulin resistance in experimental wistar rats. *International research journal of pharmacy*, 2014,5 (2)
5. Hewa walpola Amila Sewwandhi Subasinghe, Lakshmi Manik Hettihewa, Sampath Gunawardena, **Thusharie Liyanage**(2015). Evaluation of aqueous extract of *Costus speciosus* (J.Konig) Sm. leaf for hepatic and renal toxicities: Biochemical and histopathological perspectives. *European journal of pharmaceutical and medical research*, 2015,2(4),01-12
6. Lakmini Mudduwa, Harshini Peiris, Shania Gunasekera, Deepthika Abeysiriwardhana, Thusharie Liyanage (2017). Prognostic significance of low claudin 3 expression in luminal breast cancers. *Breast cancer; Basic and clinical research volume 11:1-11*
7. Lakmini Mudduwa, Harshini Peiris, Shania Gunasekera, Deepthika Abeysiriwardhana, Nimsha Liyanage, Suresh K. Rayala, Thusharie Liyanage (2018). KIBRA; a novel biomarker predicting recurrence free survival of breast cancer patients receiving adjuvant therapy. *BMC Cancer* (2018) 18:589
8. **Lakmini Mudduwa, Harshini Peiris, Thusharie Liyanage, Deepthika Abeysiriwardhana**, Molecular Classification of Breast Cancers using Immunohistochemical Surrogates; The Sri Lankan Experience. *Journal of diagnostic pathology*, 2019 14(1), pp.10–19.  
DOI: <http://doi.org/10.4038/jdp.v14i1.7767>

9. Lakmini Mudduwa, Harshini Peiris, Thusharie Liyanage, Shania Gunasekera, Nadeeka Ranawaka. Trends in clinico-pathological and risk factor profile of breast cancer; 10-year experience at a single center in Sri Lanka. Journal of Diagnostic Pathology 2019;14(2):5-12 DOI: <http://doi.org/10.4038/jdp.v14i2.7772>
10. A. Kankanamge, T.G. Liyanage, L. K. B. Mudduwa. Identifying thyroid follicular proliferations that need lobectomy; value of the Bethesda category 4. Galle Medical Journal 26(2): 68-73 DOI: <http://doi.org/10.4038/gmj.v26i2.8088>

I have the following abstracts presented/ published in international and national conferences.

1. Mudduwa LKB, **Liyanage TG**, Ranawaka NG. Polyps causing small intestinal obstruction. International conference on Gastrointestinal pathology, case discussion, 22 September 2007
2. **TG Liyanage**, LKB Mudduwa. Inter-observer reproducibility of the Nottingham grading of duct carcinoma NOS; Does the pathologists experience matter? College of pathologists, Sri-Lanka, Annual academic Sessions 2008.
3. Subasinghe HWAS, Hettihewa LM, Gunawardena S, **Liyanage T**. Induction of insulin resistance/ impaired glucose tolerance in experimental Wistar rats fed on Modified High fat diet regime. *Galle medical journal, Vol17:No.2,October 2012*
4. Subasinghe HWAS, Hettihewa LM, Gunawardena S, **Liyanage T**. Effects of methanolic extract of *Costus speciosus* (thebu) leaf on insulin resistance in Wistar rats: Comparison with pioglitazone 10<sup>th</sup> academic Sessions, University of Ruhuna, Matara, Sri Lanka, 2013
5. Subasinghe HWAS, Hettihewa LM, Gunawardena S, **Liyanage T**. Quantal dose response relationship of leaf extract of *Costus speciosus* on achieving peripheral insulin sensitivity in high fat diet fed experimental rat model. 4<sup>th</sup> PGIM academic Sessions, 2013
6. HWAS Subasinghe, LM Hettihewa, S Gunawardena, **T Liyanage** *Costus speciosus* leaf water extract reduces the atherogenic risk in high fat diet induced insulin resistant

rats. 6<sup>th</sup> Asian Association of schools of Pharmacy Conference, National University of Singapore 2013

7. HWAS Subasinghe, LM Hettihewa, S Gunawardena, **T Liyanage** Cumulative quantal dose response of *Costus speciosus* leaves on the lipid sub-profile in high fat diet induced insulin resistant wistar rats. 6<sup>th</sup> Asian Association of schools of Pharmacy Conference, National University of Singapore 2013
8. HWAS Subasinghe, LM Hettihewa, S Gunawardena, **T Liyanage**. Evaluation of hepatic and renal toxicities of the aqueous extract of *Costus speciosus* (J.Konig) Sm leaf in animal model; Biomedical and Histopathological Perspectives 11<sup>th</sup> academic Sessions and 10<sup>th</sup> Vice Chancellor's Awards 2014, University of Ruhuna, Matara, Sri Lanka, 2014
9. Mudduwa LKB, **Liyanage TG**, Jayasinghe JC, Liyanage NC, Kularatne OAR. Clinicopathological features of colorectal cancer; Do younger patients present with advanced disease? *Galle Medical Journal*, vol 19, No 2, September 2014.
10. Mudduwa LKB, Peiris HH, **Liyanage TG**, Gunasekera SN, Ranawaka NG. Trend in hormone receptor expression of breast carcinoma; experience at a single center from 2006 to 2015. *Galle Medical Journal*, vol 20, No 2, October 2015.
11. Mudduwa LKB, Peiris HH, Gunasekera SN, **Liyanage TG**, Abesiriwardhana DS. Immunohistochemical detection of Claudin low breast cancer; which subcellular level to be assessed? Oral presentation at the scientific sessions 2016 of the Faculty of medicine, University of Sri-Jayawardhanapura held on 8<sup>th</sup> April 2016.
12. Mudduwa LKB, Wijerathne WMDGB, **Liyanage TG**, Peiris HH, Liyanage NC, Gunasekera SN, Kaushalya KHA. Role of CA 15.3 in the pre-operative assessment of primary breast cancer. Oral presentation at the 25<sup>th</sup> Anniversary International Conference, Faculty of medicine, University of Kelaniya April 2016.
13. Mudduwa LKB, **Liyanage TG**, Mudduwa YDB, Liyanage AUG, Abesiriwardena DS. Clinico-pathological profile of thyroid cancer; a 14 year experience in a single histopathology centre. *Galle Medical Journal*, vol 21, No 1, October 2016.
14. Mudduwa LKB, **Liyanage TG**, Mudduwa YDB, Liyanage AUG, Abesiriwardena DS. Trends in thyroid pathology: a 14 year experience in a goiter endemic area. *Galle Medical Journal*, vol 21, No 1, October 2016.

15. **Liyanage TG**, Ranawaka NG, Dharmarahna DW, Pathiravasam AR. Prevalence of thyroid diseases diagnosed by fine needle aspiration cytology. *Galle Medical Journal*, vol 21, No 1, October 2016.
16. **Liyanage TG**, Dharmarahna DW, Pathiravasam AR. Knowledge of general public on breast and cervical cancers: Has the public improved it over the past ten years? *Galle Medical Journal*, vol 21, No 1, October 2016.
17. Mudduwa LKB, Peiris HH, Gunasekera SN, Abesiriwardena DS, **Liyanage TG**, Liyanage NC, Nagahawatte A de S. Value of KIBRA in breast cancer; from bench to bedside. *Galle Medical Journal*, vol 21, No 1, October 2016.
18. **Liyanage TG**, Mudduwa LKB, Fereen WFN, Dharmaratna DW, Pathirawasam AR. Clinico-pathological profile of lymphoma; a decade of experience at a single histopathology unit. *Galle Medical Journal*, Oral presentation at the 76<sup>th</sup> Annual academic Sessions, Galle Medical Association, Faculty of medicine, University of Ruhuna, October 2017.
19. **Liyanage TG**, Wijesiri TW, Weerasiri P. Metastatic melanoma presenting as a subcutaneous nodule with complete regression of the primary lesion. *Sri Lanka Anatomy Journal*, Vol 1; issue 2, 2017
20. **Liyanage TG**. A quick and cost effective stain for cytology; my experience. Annual academic sessions of the College of Pathologists of Sri Lanka 2019.

#### **Abstracts of poster presentations**

1. Wijesiri TW, Liyanage TG, P Weerasiri. Metastatic melanoma presenting as a subcutaneous nodule with complete regression of the primary lesion. In The Sri Lanka College of Pathologists Annual Academic Sessions; 2020 Oct. 15-17 ; Sri Lanka. SLCP; 2020, Abstract nr CR 06.
2. Wickramanayake IL, Liyanage TG. Primary signet ring cell carcinoma of prostate; a case report. In The Sri Lanka College of Pathologists Annual Academic Sessions; 2020 Oct. 15-17 ; Sri Lanka. SLCP; 2020, Abstract nr CR 10.

#### **Abstracts of oral presentations**

1. Kankanamge A, Liyanage TG, Mudduwa LKB A study on “Identifying thyroid follicular neoplasms which need lobectomy; The value of Bethesda category 4” in a Sri Lankan cohort. In The

Sri Lanka College of Pathologists Annual Academic Sessions; 2020 Oct. 15-17; Sri Lanka. SLCP; 2020, Abstract nr. RP 04

2. Wijesiri TW, Mudduwa LKB, Liyanage TG. A study on “Non invasive follicular thyroid neoplasm with papillary like nuclear features (NIFTP)” in a Sri Lankan cohort. In The Sri Lanka College of Pathologists Annual Academic Sessions; 2020 Oct. 15-17; Sri Lanka. SLCP; 2020, Abstract nr RP 08

### **Personal Profile:**

I am a senior lecturer attached to the Department of Pathology, Faculty of Medicine, University of Ruhuna, Sri Lanka in the permanent academic carder. I joined the department of Pathology, Faculty of Medicine, University of Ruhuna, Galle, Sri Lanka, in November 1999 as a probationary lecturer. Since then, I am involved in teaching and conducting examinations for medical undergraduates.

I also function as a visiting lecturer and an external examiner in Allied Health Science Degree Programme of university of Ruhuna. I am involved in academic activities of Pharmacy, Nursing and Medical Laboratory Sciences degree programs.

I am a consultant histopathologist providing service function is histopathology, cytopathology and immunohistochemistry. Department of Pathology receives all the surgical specimens of Professorial units of Teaching hospital Karapitiya. We receive about 1000-1200 histology specimens per year.

We also provide cytology and immunohistochemistry services. We receive about 500 cytology smears each year from Professorial medical and surgical units. Immunohistochemistry is a special service we provide for the entire southern province. Since 2007, after returning from my overseas training, I am providing these service functions.

I supervise Post graduate trainees in Histopathology. They come on rotation to the Medical Faculty to undergo training in Histopathology, Cytopathology and immunohistochemistry. I also supervise Post graduate trainees in legal medicine when they come for histopathology training.

I love to teach students and gain much self-satisfaction from the immense service function I provide free of charge for the patients in the southern province.

**Membership of professional organizations:**

- Member of Sri Lanka College of Pathologists.
- Life member Sri Lanka Medical Association (SLMA)
- Life member Galle Medical Association (GMA)

**Resource person for following workshops/ CPD programs**

- Workshop on “Improving Student Counselling skills of academic staff” for lecturers in Faculty of Medicine, 2017
- Workshop on “Improving Student Counselling skills of academic staff” for lecturers in University of Ruhuna 2019
- AIMS module – Time management
- Foundation module 201
- 2-2019 – Stress management
- Guest speaker - Annual academic Sessions 2019 – College of Pathologists of Sri Lanka
- Histopathology MCQ core group
- MD part 1- Lecture Course in Histopathology 2016-2018/ 2017-2019
- Update on Oncology
- Independent External reviewer of Ethics Review Committee

## **Workshops and seminars attended**

- Study day for Cytopathology and Dermatopathology organized by College of Pathologist of Sri Lanka in March 2010
- Study day for Bones and Neuropathology conducted by the College of Pathologist of Sri Lanka in June 2010
- Cytology work shop conducted by the College of Pathologist of Sri Lanka in December 2010.
- Workshop on Trouble shooting in histopathology conducted by the college of Pathologist of Sri Lanka in October 2009.
- Workshops held by Staff Development Unit on Formulating Teaching Learning Objectives.
- Workshops held by Staff Development Unit on Making a lecture interesting.
- Workshops held by Staff Development Unit on Small Group Discussions.
- Workshops held by Staff Development Unit on Life Long Learning.
- Workshops held by Staff Development Unit on Clinical Teaching.
- Workshops held by Management Frontiers Centre of excellence on
  - Developing managerial competencies
  - Staffing skills
  - Communication skills
  - Employee Motivation
  - Coordination in management
  - Managing Project implementation
  - Human Resource Development
  - Monitoring and evaluation
  - Financial Management
  - Sustainability of Projects
- Workshop on Student Counselling
- Workshop on Mentoring



**Personal life style**

I am an honest, hardworking person and dedicated to my work. I always strive to carry out the tasks delegated to me to the best of my ability. I am able to work harmoniously with people as I enjoy teamwork. I love and enjoy teaching both undergraduates and post graduate trainees in histopathology.

I gain much self-satisfaction from the histopathology, cytopathology and immunohistochemistry routine daily reporting. I help the society silently, by helping the clinicians treat their patients by correct diagnosis of diseases.

Apart from my career, I enjoy spending my time with my family. During my leisure I enjoy travelling with my family, listening to music and reading books. I am a Buddhist and I gain much pleasure and peacefulness in mind by following Buddhist philosophy.

## Referees

- 1) Prof. L.K.B. Mudduwa  
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- 2) Dr. Sampath Gunawardena  
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