

CURRICULUM VITAE

Achala Liyanage

Senior Lecturer and Specialist Dermatologist

Department of Community Medicine

Faculty of Medicine, University of Ruhuna, Sri Lanka

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1. Personal Information

- I. Name in full: Polwatta Liyanage Achala Nilani Liyanage
- II. Gender: Female
- III. Date of birth: 6th January 1980
- IV. Address: (Official): Department of Community Medicine, Faculty of Medicine, University of Ruhuna, P O Box 70, Galle, Sri Lanka.
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- V. Phone: Office: +94-91-2234017 ext. 228 Mobile: +94777882762
- VI. E-mail: achalaliyanage@yahoo.com (preferred), achalaliyanage@yahoo.com
- VII. Current position: Senior Lecturer and Specialist Dermatologist, Faculty of Medicine, University of Ruhuna
- VIII. Citizenship: Sri Lankan
- IX. Civil status: Married
- X. Professional Registration: Sri Lanka Medical Council -23348

2. Career Goals and Aspirations

Following completion of specialist training in Dermatology including fellow in Dermatology of Waikato District Health Board, New Zealand, at present I'm a Senior lecturer and Specialist Dermatologist attached to Faculty of Medicine, University of Ruhuna. My favorite arenas of academic interest include public health, tropical and community dermatology.

3. Academic Qualifications

- I. MD Dermatology- Post Graduate Institute of Medicine, University of Colombo, Sri Lanka (2012), became first in the merit
- II. MBBS (University of Ruhuna) 2000-2005
 - Final MBBS - Second class – Upper division with distinction in Paediatrics and Mr. & Mrs. C R de Silva memorial Gold medal for Paediatrics
 - 3rd MBBS –Distinctions in Pathology and Community medicine
Christy Dias Perera memorial Gold medal for Pathology and L.A.D Sirisena memorial Gold medal for Community Medicine
 - 2nd MBBS- Second class honours
- III. Certificate Course in Professional Development in Higher Education(CCPDHE) in 2018, Staff Development Centre, University of Ruhuna, Sri Lanka

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4. Work Experience

- I. Senior Lecturer in Community Medicine (24.02. 2017 to date)
- II. Served as a Consultant Dermatologist at Base Hospital Tangalle and Base Hospital Kamburupitiya from February 2016 to 2017 under Ministry of Health, Sri Lanka
- III. Fellow in Dermatology at Waikato hospital, New Zealand from May 2014 to December 2015
- IV. Senior Registrar in Dermatology – From March 2012 to March 2014 at National Hospital of Sri Lanka
- V. Registrar in Dermatology - From June 2009 to February 2012 at National Hospital of Sri Lanka
- VI. Registrar in General Medicine (part of MD Dermatology training course) at Professorial Medical unit, Teaching Hospital Karapitiya, Galle
- VII. Medical officer – Pathology at Teaching Hospital Karapitiya and Teaching Hospital Mahamodara Galle.
- VIII. Intern Medical Officer – Medicine at Professorial Medical Unit, Teaching Hospital Karapitiya, Galle
- IX. Intern Medical Officer – Surgery at Professorial Surgical Unit, Teaching Hospital Karapitiya, Galle
- X. Research assistant and a demonstrator in Department of Medicine, Faculty of Medicine, Ruhuna from February 2006 –October 2006

5. Other Educational /Training Experiences

- I. Trainer Training – Medical Education Resource Center, Post Graduate Institute of Medicine, University of Colombo. (2020)
- II. Examiner Training – Medical Education Resource Center, Post Graduate Institute of Medicine, University of Colombo. (2019)
- III. Clinical Research Methodology – The Hubert – Yeargan Center for Global Health at Dukes University, US (2019)
- IV. Participated in a workshop on Improving Student Counselling Skills of Academics” conducted by Medical Education and Staff Development. Unit of Faculty of Medicine, University of Ruhuna (2017)
- V. Participated workshop on research formulation, publication and statistics conducted by the post graduate institute of Medicine, University of Colombo in March 2012
- VI. Clinical audit workshop organized by department of Quality and patient safety Unit, Waikato District Health Board New Zealand, May 2015
- VII. Underwent training in skin physiology measurements at University of Osnabruck, Germany 2013

6. Commitments and Exposures

- I. Teaching undergraduate students in Medicine and Allied Health Sciences on Community attachment programme, Medical demography, Pediatric dermatology and dermatopharmacology
- II. Supervision of medical undergraduate research projects and evaluation of post graduate research proposals
- III. Coordinator for Community Attachment Programme for medical undergraduate students
- IV. Examiner - Third MBBS - Research, Community Attachment, Theory and Viva voce examinations in Community Medicine
- V. Examiner - 3rd MBBS Part I - Examinations in Pharmacology
- VI. Examiner - 3rd MBBS Part I - Viva voce examinations in Parasitology

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- VII. Visiting Lecturer for the Allied Health Sciences Degree Programme, Faculty of Medicine, University of Ruhuna
- VIII. Examiner - Semester and Final Examinations of BSc Nursing degree programme, Faculty of Allied Health Sciences, University of Ruhuna (Viva voce Community Nursing)
- IX. Examiner-Portfolio appraisal of post graduate trainees in Dermatology for Board certification
- X. Member- Editorial board of Sri Lanka Journal Dermatology
- XI. Member – Library Committee, Faculty of Medicine, University of Ruhuna (from 2018 to date)
- XII. External reviewer for Ethics Review Committee, Faculty of Medicine, University of Ruhuna
- XIII. Member of the Faculty Quality Assurance Cell, Faculty of medicine, University of Ruhuna (2018/2019)
- XIV. Joint Secretary of Sri Lanka College of Dermatologists 2017/2019

7. Research Experience

Ongoing projects

PhD study on plaque psoriasis and its comorbidities

Past projects

Oral presentations

- I. Comparative study of skin lightening agents on skin of colour, **P L A N Liyanage** 9th Conference of Asian Society for Pigment Cell Research, August 2018
- II. Epidemiological and clinical evaluation of patients with cutaneous leishmaniasis attending Base Hospital, Tangalle; **P L A N Liyanage**, A P Rathanasinghe, A P N Jayashantha (presented at 25th Annual academic sessions of Sri Lanka Sri Lanka College of Dermatologists and Joint Meeting with Dowling Club (UK), May 2017)
- III. Comparative evaluation of distribution and geographical features of cutaneous leishmaniasis in Hambantota district, Sri Lanka in 2014 and 2016. K.A.M. Sudarshani, T. Eswaramohan, A. Murugananathan, H.C.E. Wegiriya, V.N. Hiromel de Silva, **Liyanage P.L.A.N.** Proceedings of Abstracts of National Conference on Insect Vector Biology- 2016.pp. 10-11
- IV. Review of pigmented lesions in patients with skin type iv/v referred to a teledermatology service; **PLAN Liyanage**, Oakley A, Rademaker M (presented at New Zealand Dermatology conference, August 2015)
- V. Emerging community acquired Methicillin Resistant Staphylococcus Aureus (CA- MRSA) in Dermatological Practice: A study at a tertiary care Dermatology unit in Colombo; Liyanage CK, **Liyanage PLAN**, Dilrukshi PN, Nagodavithana NM, Sirimanna GMP (presented at Asia Pacific Academic Consortium for Public Health (APACPH) Conference Kuala Lumpur, Malaysia (October 2014)
- VI. Prevalence of Methicillin Resistant Staphylococcus Aureus (MRSA) cutaneous infection and factors associated in a tertiary care dermatology unit; Liyanage CK, **Liyanage PLAN**, Dilrukshi PN, Nagodavithana NM (presented at 23rd Annual academic sessions of Sri Lanka Sri Lanka College of Dermatologists, May 2014)
- VII. Evaluation of patients presenting with hand dermatitis to a tertiary care hospital; **Liyanage PLAN**, Nelumdeniya NPAP, Ekanayake A, Nagodavithana NM, Wickramarachchi S, Sirimanna GMP, (presented at 8th South Asian regional conference of Dermatology, Venereology and Leprology, August 2013)

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- VIII. Clinicomycological study of tinea capitis in a tertiary paediatric dermatology unit in Sri Lanka; **Liyanage PLAN**, de Silva KNI, Hewapathirana I, Senavirathna JKK, (presented at 8th South Asian regional conference of Dermatology, Venereology and Leprology, August 2013)
- IX. Factors that determine body composition of female Systemic Lupus Erythematosus (SLE) patients; **Liyanage PLAN**, Lekamwasam S, Dissanayake SP, Munidasa D (presented at the Dermatological Society of Singapore annual scientific meeting, August 2012)
- X. Severe erythrodermic atopic dermatitis in infancy, presented at monthly clinical meeting of Sri Lanka Medical Association in March 2011
- XI. Clinical profile and the response of botulinum toxin in patients with writers cramps at movement disorder clinic Pathirana KDP, Kariyawasam BDI, Welgama T, Liyanage **PLAN**, (presented at 10th International Congress of movement disorder 2006)
- XII. Study on patients with hemi-facial spasms, dystonias and spasticity treated with botulinum toxin; Kariyawasam BDI, Karunathileka KP, Pathirana KDP, **Liyanage PLAN**, Welgama T (presented at 65th annual academic sessions of Galle Medical Association 2006)
- XIII. The validity of a diabetic risk score for opportunistic screening of abnormalities in glucose tolerance in Sri Lankan population, Herath HMM, **Liyanage PLAN**, Weerarathna T, (presented at 39th annual academic sessions of Ceylon college of Physicians 2006)
- XIV. The incidence of sleep problems in patient coming for treatment at outpatient department; **Liyanage PLAN**, Pathirana KDP, Kariyawasam BDI, Welgama T (presented at 65th annual academic sessions of Galle Medical Association 2006)
- XV. The pattern of paracetamol overdose and associated complications Herath HMM, Bodinayake C, **Liyanage PLAN**, Kanangara S (presented at 65th annual academic sessions of Galle Medical Association 2006)

Poster presentations

- I. Miscellany of loose anagen hair and trichorrhexis invaginata? A new entity **Liyanage PLAN**, 26th Annual Academic Sessions of Sri Lanka College of Dermatologists, 2018
- II. Recurrent pruritic intertriginous rash with lichenoid papules and purpuric patches; A case report of non-occupational textile dye allergy has been accepted for Australasian college of Dermatologists' Annual Scientific meeting, Perth Australia in May 2016, **Liyanage PLAN**
- III. Interesting case of Primary cutaneous actinomycosis; Dilrukshi PN, Nelumdeniya NPAP, **Liyanage PLAN**, Fernando J, Sirimanna GMP (at 8th South Asian regional conference of Dermatology, Venereology and Leprology, August 2013)
- IV. Acquired Pseudoxanthoma elasticum in a patient with Alports syndrome and chronic renal disease, Nelumdeniya NPAP, **Liyanage PLAN**, Dilrukshi PN Sirimanna GMP (at 8th South Asian regional conference of Dermatology, Venereology and Leprology, August 2013)
- V. Acquired lymphangioma of vulva secondary to squamous cell carcinoma of cervix; Nelumdeniya NPAP, Dilrukshi PN, **Liyanage PLAN**, Sirimanna GMP (at 8th South Asian regional conference of Dermatology, Venereology and Leprology, August 2013)
- VI. Generalized verrucous nodules and plaques mimicking extensive viral warts: A rare presentation of Mycosis fungoides, Nagodavithana N M, Pradhan AR, Nelumdeniya NPAP, **Liyanage PLAN**, Dinusha MGA, de Silva MVC, Sirimanna GMP (at 8th South Asian regional conference of Dermatology, Venereology and Leprology, August 2013)

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- VII. Study on the effect of the quality of hand writing by the language and the caliber of the pen in patients having writer's cramps epilepsy; Karunathilake KP, Pathirana KDP, Kariyawasam BDI, **Liyanage PLAN**, Welgama T (at 65th annual academic sessions of Galle Medical Association 2006)
- VIII. Effect of health education on seizure control in patients with epilepsy; Karunathilake KP, Pathirana KDP, Kariyawasam BDI, **Liyanage PLAN**, Welgama T (at 65th annual academic sessions of Galle Medical Association 2006)
- IX. Effect of epilepsy on marriage, education and occupation in follow up patients with epilepsy in a tertiary care epilepsy clinic, Karunathilake KP, Pathirana KDP, Kariyawasam BDI, **Liyanage PLAN**, Welgama T, (at 39th annual academic sessions of Ceylon college of Physicians 2006)
- X. Study on day time somnolence and quality of sleep among the normal Sri Lankan population Pathirana KDP, **Liyanage A**, Kariyawasam I, Welgama T (at 5th Asian Sleep Research Society, Seoul Korea, 2006)

8. Publications

- I. **Liyanage PLAN**, Lekamwasam S, Dissanayake SP, Munidasa D; Factors that determine body composition of female Systemic Lupus Erythematosus (SLE) patients in Sri Lanka; a comparative study using dual-energy x-ray absorptiometry, Lupus 2013 Aug;22(9):972-6. doi: 10.1177/0961203313496338. Epub 2013 Jul 16
- II. **Liyanage PLAN**, Sirimanna GMP, Samarasingha S, Silva R D, Co infection of Strongyloides stercoralis and Balantidium coli in a patient with pemphigus vulgaris; Sri Lanka Journal of Dermatology 2011;15: 49 - 50

9. Audit

An audit on informed consent on clinical photography, completed and presented by Waikato District Health Board, September 2015

10. Prizes, Awards and Achievements

- I. ASPCR Scholarship Award 2018 at the Asian Society of Pigment Cell Research & Sri Lanka College of Dermatologists Joint Meeting, August 2018 held in Colombo, Sri Lanka
- II. 'Young Dermatologists' award 2017 awarded by Sri Lanka College of Dermatologists
- III. National Research council merit award for scientific publication- 2013
- IV. Complementary scholarship to attend the 23rd Annual Scientific Meeting of the Dermatological Society of Singapore in August 2012 for obtaining first in merit position at the MD Dermatology Examination (2012)
- V. Mr. & Mrs. C R de Silva memorial Gold medal for Paediatrics, Christy Dias Perera memorial Gold medal for Pathology and L A D Sirisena memorial Gold medal for Community Medicine awarded at the convocation of University of Ruhuna 2006
- VI. Award for best poster presentation in 65th Annual Academic Sessions of Galle Medical association 2006

11. Professional Contribution and Meetings Attended

- I. Guest speaker and chairing session at 19th Edition of Dubai World Dermatology & Laser Conference– Dubai Derma 2019, dated 18-20 March at the Dubai International Convention and Exhibition Centre
- II. Speaker at the sister Society meeting of Sri Lanka College of Dermatologists at 24th World Congress of Dermatology, Milan, Italy
- III. Guest speaker at the Asian Society of Pigment Cell Research & Sri Lanka College of Dermatologists Joint Meeting, August 2018 held in Colombo, Sri Lanka
- IV. Resource person at the 131st Anniversary international medical congress of the Sri Lanka Medical Association July, 2018
- V. Represented the Sri Lanka College of Dermatologists at 2nd World Skin Summit for member society initiatives held by The International League of Dermatological Societies (ILDS) on 10-12 June 2018, Vietnam as the Joint Secretary of the Sri Lanka College of Dermatologists.
- VI. Resource person at MCQ Course in Dermatology conducted by Sri Lanka College of Dermatologists from 2016-2020
- VII. Faculty Coordinator for The Orator 2019
- VIII. Resource person of the Foundation Module for new entrants of medical students 2018- 2020
- IX. Contributed to the Workshop on “A clinical score for cutaneous lesions of Leishmaniasis” organized by Faculty of Medical Sciences, University of Sri Jayewardenepura in collaboration with Center for Immunology and Infection University of York, United Kingdom, March 2018
- X. Authored Dermnet NZ, web pages on dermatopathology
- XI. Attended workshop on Research and Workshop on Cosmetic Dermatology -hands on training on Botox organized by Sri Lanka College of Dermatologists, 2017 and 2018
- XII. Facilitation of presentation to post graduate year 2 and senior house officers, under Clinical education and Training unit, Waikato Hospital New Zealand
- XIII. Speaker at Waikato Hospital Grand Round organized by Waikato Post Graduate Medicine Inc. registered providers of continuing medical education

12. Professional Membership

- I. Member of Board of Study in Dermatology, Post Graduate Institute in Medicine, University of Colombo since 2018 to date
- II. Member for Dossier Evaluation, National Medicines Regulatory Authority
- III. Member of Asian Society for Pigment Cell Research
- IV. Member of the International Society of Dermatology (ISD)
- V. Member of the Sri Lanka Medical Council (SLMC)
- VI. Life Member of Sri Lanka College of Dermatologists
- VII. Life member of Sri Lanka Medical Association
- VIII. Member of National Science Foundation (NSF)
- IX. Life member of Galle Medical Association

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Referees

Prof TPW Weerathna

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