

CURRICULUM VITAE



1. PERSONAL PARTICULARS

- **Name:** Ipitagama Liyana Arachchige Nuwan Darshana
- **Date of Birth:** 9th February 1988
- **Sex:** Male
- **Address:** 153/1, Woodward lane, Galle, Sri Lanka
- **Telephone Numbers:** Office: +94-91-2234017
Mobile: +94-714196948
- **E-mail :** ilandare@gmail.com, ilandarshana@med.ruh.ac.lk
- **Official address:** Department of Community Medicine, Faculty of Medicine, University of Ruhuna, P O Box 70, Galle, Sri Lanka.
- **Citizen of:** Sri Lanka.
- **Civil status:** Married
- **Present post:** Lecturer in Community Medicine, Department of Community Medicine, Faculty of Medicine, University of Ruhuna, Sri Lanka

2. TRAINING AND QUALIFICATIONS

❖ Academic Qualifications

- **MBBS (University of Ruhuna) 2008-2013**
Medical undergraduate, Faculty of Medicine, University of Ruhuna, Sri Lanka
2nd MBBS – March 2010 – Pass
3rd MBBS – October 2012– 2nd class honors
Final MBBS – November 2013 – 2nd class honors

Major areas of study:

Final MBBS - Medicine, Surgery, Obstetrics & Gynecology, Pediatrics, Psychiatry,

3rd MBBS - Community Medicine, Pathology, Forensic Medicine, Pharmacology,
Parasitology, Microbiology,

2nd MBBS - Anatomy, Biochemistry and Physiology

- **Certificate Course in Professional Development in Higher Education(CCPDHE) in 2017**

- **MSc (Community Medicine) 2018-2019**

Post Graduate Institute of Medicine, University of Colombo, Sri Lanka

❖ WORK EXPERIENCE

(Commencement & termination dates – most recent first)

- **Lecturer in Community Medicine** (01.12.2015 to date)

Department of Community Medicine, Faculty of Medicine, University of Ruhuna,
Galle, Sri Lanka

- **Additional Medical Officer of Health, University Health Unit Area (Bope- Poddala)**

(01.12.2015 to date)

- **Intern Medical Officer [Medicine]** (28.05.2015-27.11.2015)

Medical Unit A, District General Hospital, Matara, Sri Lanka

Supervised by Dr.R.P.Jayasinghe, (MBBS, MD)

Consultant Physician, District General Hospital, Matara, Sri Lanka

- **Intern Medical Officer [Obstetrics and Gynecology]** (27.11.2014 -27.05.2015)

Obstetrics and Gynecology Unit A, District General Hospital, Matara, Sri Lanka

Supervised by Dr. J.A.Gunasinghe (MBBS, MS, FSLCOG),

Consultant Obstetrician and Gynecologist, District General Hospital, Matara, Sri Lanka

- **Temporary Demonstrator (Department of Community Medicine)**

(01.03.2014-26.11.2014)

Department of Community Medicine, Faculty of Medicine, University of Ruhuna,
Galle, Sri Lanka

3. PROFESSIONAL MEMBERSHIPS

- Registered in Sri Lanka Medical Council in 2015. (SLMC registration number; 32902)
- Life Member of the Sri Lanka Medical Association (SLMA)
- Life Member of the Galle Medical Association (GMA)
- Life member of the National Science Foundation(NSF)

4. AWARDS AND GRANTS

- Received UGC Grant for higher Studies in 2017 to follow MPhil Study titled “Effects on health and social wellbeing due to drug abuse among the institutionalized male drug addicts in four districts, Sri Lanka” at University of Ruhuna
- NSF travel Grant received to participate 12th International Medical Education Conference held in Kuala Lumpur, Malaysia on April 2017

5. PUBLICATIONS

- **MSc Dissertation;** submitted as a requirement for Master of Science in Community Medicine, to Postgraduate Institute of Medicine, University of Colombo.
“Patterns, Determinants and associated health and social problems of past illicit drug use among incarcerated males in Prison, Galle”

Supervisor: Dr. C. J. Wijesinghe

- **Full papers in refereed journals**

1. **Darshana I. L.A. N.**, Nanayakkara N. P., Fernando N. S., Mahendra R., Sandya L. M., De Silva P. V. Problems Identified in Antenatal Screening in Bope Poddala, Sri Lanka, European Journal of Preventive Medicine. Vol. 2, No. 6, 2014, pp. 105-109.

- **Full papers in Conference Proceedings**

1. **I.L.A.N.Darshana**, T. Ponnampuruma, B. Perera, P V De Silva, Evaluation of Community Attachment Program: A Multidisciplinary Community Based Medical Education program for Medical Undergratuates in University of Ruhuna, Sri Lanka, 1st World Conference on Education 12-13th October 2017, Colombo-Sri lanka,, Vol 1, 2017, pp 1-8, ISSN 2613-8654

- **Abstracts presented at international conferences**

1. **I.L.A.N.Darshana**, N.P.Nanayakkara , P.V.De Silva, Evaluation of the Clerkship Program in Community medicine, Faculty of Medicine, University of Ruhuna, **3rd South East Asian Regional Association for Medical Education (SEARAME) and 2nd FOSME Conference**.12th - 15th November 2014, Sri Lanka
2. **I.L.A.N.Darshana**, N.P.Nanayakkara , T. Ponnampereuma Evaluation of the Community Attachment Program (CAP) for the Medical Students at Department of Community Medicine, Faculty of Medicine, University of Ruhuna, **3rd South East Asian Regional Association for Medical Education (SEARAME) and 2nd FOSME Conference**.12th - 15th November 2014, Sri Lanka
3. **I.L.A.N.Darshana**, T. Ponnampereuma, B. Perera, P V De Silva, Community Attachment Program: Do assessment Marks reflect the student's perspective regarding current Assessment Process? **12th International Medical Education Conference** held in Kuala Lumpur, Malaysia on April 2017
4. **I.L.A.N.Darshana**, T. Ponnampereuma, B. Perera, P V De Silva, Evaluation of Community Attachment Program: A Multidisciplinary Community Based Medical Education program for Medical Undergraduates in University of Ruhuna, Sri Lanka, **1st World Conference on Education**12-13th October 2017, Colombo-Sri Lanka,,
5. **ILAN Darshana**, CJ Wijesinghe, P V De Silva, DEGREE AND CORRELATES OF PROBLEMATIC DRUG USE AMONG MALE ILLICIT DRUG USERS IN REHABILITATION CENTERS, SRI LANKA, **131st Anniversary International Medical Congress of SLMA**, Colombo, 2018
6. **ILAN Darshana**, CJ Wijesinghe, P V De Silva, THE CHARACTERISTICS OF MALE HEROIN USERS ENTERING REHABILITATION CENTERS IN SRI LANKA, **International conference on health sciences**, water's Edge, Colombo, October, 2018
7. **ILAN Darshana**, CJ Wijesinghe, P V De Silva, ASSESMENT OF MOTIVATION FOR REHABILITATION AMONG MALE ILLICIT DRUG USERS IN REHABILITATION CENTERS OF SRI LANKA, **19th International Postgraduate Research Conference, Faculty of Graduate Studies, university of Kelaniya**, Sri Lanka, 2018
8. **ILAN Darshana**, CJ Wijesinghe, P V De Silva, CHARACTERISTICS OF MALE ILLICIT DRUG USERS IN REHABILITATION CENTERS IN SRI LANKA, **11th International Research Conference, General Sir John Kotelawala Defence University**, Sri Lanka, 2018

9. **ILAN Darshana**, CJ Wijesinghe, R Ruben, PAST ILLICIT DRUG USE AND ASSOCIATIONS OF DRUG RELATED INCARCERATION AMONG MALE PRISON INMATES IN PRISON GALLE, **1ST SOUTH EAST ASIA REGIONAL GROUP MEETING OF THE INTERNATIONAL EPIDEMIOLOGICAL ASSOCIATION & ANNUAL ACADEMIC SESSIONS OF THE COLLEGE OF COMMUNITY PHYSICIANS OF SRI LANKA**, Cinnamon Grand Hotel Colombo, Sri Lanka, 2019
10. **ILAN Darshana**, CJ Wijesinghe, P V De Silva, RISK BEHAVIORS FOR SEXUALLY TRANSMITTED DISEASES AND BLOOD-BORNE INFECTIONS AMONG MALE ILLICIT DRUG USERS IN SELECTED REHABILITA, **1ST SOUTH EAST ASIA REGIONAL GROUP MEETING OF THE INTERNATIONAL EPIDEMIOLOGICAL ASSOCIATION & ANNUAL ACADEMIC SESSIONS OF THE COLLEGE OF COMMUNITY PHYSICIANS OF SRI LANKA**, Cinnamon Grand Hotel Colombo, Sri Lanka, 2019
11. **ILAN Darshana**, CJ Wijesinghe, R Ruben, ASSESSMENT OF PROBLEMATIC LEVEL OF PAST ILLICIT DRUG USE AMONG MALE PRISON INMATES IN PRISON, GALLE SRI LANKA USING DRUG ABUSE SCREENING TEST -20, **7th Ruhuna International Science and Technology Conference (RISTCON 2020)**, University of Ruhuna, Matara, Sri Lanka- 2020
12. **ILAN Darshana**, CJ Wijesinghe, P V De Silva, Drug dependency and drug use behavior among male illicit drug users in selected rehabilitation centers in Sri Lanka, International Conference on Health Sciences (ICH 2019), Faculty of Medical Sciences, University of Sri Jayewardenepura, Colombo, Sri Lanka, 2019
13. **ILAN Darshana**, CJ Wijesinghe, R Ruben, PAST ILLICIT DRUG USE AND DEPENDENCE AMONG MALE PRISON INMATES IN PRISON GALLE, SRI LANKA, 132nd Anniversary International Medical Congress - Sri Lanka Medical Association, 2019

- **Abstracts presented at local conferences**

1. CJ Wijesinghe, ND Liyanarachchi, J De Silva, NP Nanayakkara, **ILAN Darshana**, Feeding patterns during common childhood illnesses: A glimpse into a neglected aspect of childhood nutrition, **Ruhuna Clinical Society Annual sessions 2014**
2. Janaki Warushawithana , De Silva PV, Nanayakkara NP, **Darshana ILAN**, Epidemiology of child abuse evaluated at Teaching Hospital Karapitiya (THK), **Ruhuna Clinical Society Annual sessions 2014**
3. Epidemiology of granny battering reported to Teaching Hospital, Karapitiya (THK), Janaki Warushawithana, De Silva PV, **Darshana ILAN**, Nanayakkara NP, **Ruhuna Clinical Society Annual sessions 2014**

4. **Darshana ILAN**, Nanayakkara NP, Fernando NS, Rohan Mahendra, Sandya LM., Analysis and Identification of Some Correlates of Basic Investigations Done at Booking Visit during Pregnancy, **Galle Medical Association Annual Sessions 2014**
5. CJ Wijesinghe, **ILAN Darshana** ND Liyanarachchi, Food restrictions and choices in Childhood: Are tradition and culture more influential than health education? **14th Academic session of University of Ruhuna 2017**
6. **ILAN Darshana**, CJ Wijesinghe, P V De Silva, ADVERSE CONSEQUENCES OF ILLICIT DRUG USE AMONG MALE ILLICIT DRUG USERS ADMITTED TO DRUG REHABILITATION CENTERS IN SRI LANKA, **16th Academic session of University of Ruhuna 2019**
7. **ILAN Darshana**, CJ Wijesinghe, P V De Silva, Illicit drug use and Suicidal behavior: An overview of male illicit drug users in selected rehabilitation centers in Sri Lanka, Colombo medical Congress, 2020
8. **ILAN Darshana**, CJ Wijesinghe, P V De Silva, Mental Health problems among male illicit drug users in rehabilitation centers: A Sri Lankan Experience, Ruhuna Clinical Society Annual sessions 2019
9. **ILAN Darshana**, CJ Wijesinghe, R Ruben, HEALTH AND SOCIAL PROBLEMS DUE TO PAST ILLICIT DRUG USE AMONG MALE PRISON INMATES IN PRISON GALLE, SRI LANKA, 17th Academic Sessions and 16th Vice Chancellor's Awards Ceremony, University of Ruhuna, Matara 2020