

Curriculum Vitae

Dr. V P C Rajakaruna

Lecturer (Probationary)

Department of Community Medicine

Faculty of Medicine, University of Ruhuna, Sri Lanka

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Personal Information

Name: Vindya Prabuddhi Chandika Rajakaruna

Gender: Female

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Current Position: Lecturer (Probationary), Department of Community Medicine, Faculty of Medicine, University of Ruhuna

Citizenship: Sri Lankan

Civil Status: Married

Professional Registration: Sri Lanka Medical Council - 24456

Post graduate Qualifications

PhD in Public Health, University of Kelaniya (Reading)

Master's in Public Health Epidemiology, Faculty of Medicine, University of Kelaniya (Merit Pass (GPA 3.73) 20th January 2020 , [2013-2018], awaiting for convocation)

Postgraduate Diploma in Health Development, Faculty of Medicine, University of Colombo (7th July 2013 [2011-2013])

Diploma in Hospital Administration, International Institute of Health Sciences, Welisara (2009-2010)

Certificate in Teaching in Higher Education (CTHE), South Asian Institute of Technology and Medicine, Malabe (2011-2012)

Educational Qualifications

MBBS Faculty of Medicine Colombo (1 st May 2007) (2001-2006)	End of course examination of the clinical science stream Pass Applied science stream Pass Community stream Pass Introductory Basic science stream Pass Clinical Science stream Pass Behavioral science stream Pass – Second class (Lower) Honors
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GCE A/L 1999 Devi Balika Vidyalyaya	Physics A Chemistry A Botany A Zoology A
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GCE O/L 1995	Buddhism D English Language D Mathematics D Dancing D Sinhala Language D
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	Science C History and Social Studies D Commerce and Accounting D
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Graduate training

Internship

Period: From 05/02/2008 to 05/08/2009

Place: District General Hospital Negambo

Carrier Development

Academic experience from November 2006 onwards

Clinical experience from February 2008 onwards

Project management experience from October 2018 onwards

Academic experience

Lecturing experience:

Lecturer in Community Medicine (October 2020 onwards) - Faculty of Medicine, University of Ruhuna

Lecturer in Community Medicine (March 2011 to September 2018) - Faculty of Medicine, South Asian Institute of Technology and Medicine

Lecturer in Pathology March (2011 to March 2013) - Faculty of Medicine, South Asian Institute of Technology and Medicine

Lecturer in Medical Nursing, Physiotherapy and Pharmacy (October 2009 to January 2011) - International Institute of Health Sciences

Visiting lecturer (November 2006 to February 2008) - Nursing School of Hemas hospitals

Experience on Curriculum Development:

Secretary of Curriculum development and evaluation committee of Faculty of Medicine, South Asian Institute of Technology and Medicine from 2013 January to 2015 January.

Helped for the preparation of Pathology curriculum under the supervision of consultant pathologists at Department of Pathology, Faculty of Medicine, South Asian Institute of Technology and Medicine.

In charge of Physiotherapy curriculum formation and was a member of committee of Nursing curriculum formation at International Institute of Health Sciences.

Experience on Coordination activities:

As the coordinator of Departments of Community Medicine and Pathology, organizing semester schedules and coordination with the external visiting lecturers at Faculty of Medicine, South Asian Institute of Technology and Medicine.

As the Programme coordinator of General Physiotherapy and General Pharmacy programmes at International Institute of Health Sciences.

As the Programme coordinator of ERPM supporting programme at International Institute of Health Sciences.

Experience on Examination supervision and preparation:

Preparation of examination questions and papers, examination invigilation, organizing and conducting research viva and OSPE under the supervision of Head of the Departments in Community Medicine and Pathology at Faculty of Medicine, South Asian Institute of Technology and Medicine.

Experience on Supervising and Mentoring:

Supervising activities of student's research projects, family study group activities, clerkship field visits at Department of Community Medicine, Faculty of Medicine, South Asian Institute of Technology and Medicine.

Helping in student's academic and personal issues as a mentor at Faculty of Medicine, South Asian Institute of Technology and Medicine.

Experience on Committee participation:

Secretary of Curriculum development and evaluation committee of Faculty of Medicine, South Asian Institute of Technology and Medicine from 2013 January to 2015 January.

An active member of Medical Education unit, Faculty of Medicine, , South Asian Institute of Technology and Medicine from 2012 onwards

An active member of research council, , South Asian Institute of Technology and Medicine from 2013 January onwards

Participated as a resource person in workshops on Effective learning and stress management and workshop on learning methodology in Foundation for Medicine course.

Participated in all workshops organized by medical education unit such as Interactive session on meeting the challenges in medical education, Assessment in standard setting in higher education, Formulating single best answer MCQ's and updating graduate profile, Workshop on higher education research, Scholarship of teaching and learning , Small group discussion as a teaching and learning activity.

Participated in workshops on Carrier guidance and quality assurance organized by IQA committee.

Participated workshops on Health economics and Qualitative research organized by Faculty of Medicine, University of Kelaniya in collaboration with University of Alabama

Clinical experience:

From 05/02/2008 to 05/10/2009 worked as the Intern house officer and Residential house officer at District General Hospital Negambo

From March 2011 onwards working as the University Medical Officer, South Asian Institute of Technology and Medicine

From October 2018 onwards working as the Medical Doctor of Non Communicable Diseases Surveillance Study and South Asia Bio Bank, Global Health Research Unit on Diabetes and Cardiovascular Diseases in South Asia

Project management experience:

From October 2018 onwards working as the Project Manager (field)of Non Communicable Diseases Surveillance Study and South Asia Bio Bank, Global Health Research Unit on Diabetes and Cardiovascular Diseases in South Asia.

Awards during carrier pathway

Merit Award 2012 – Faculty of Medicine, South Asian Institute of Technology and Medicine

Publications

1. V P C Rajakaruna, Knowledge regarding diabetes mellitus in registered diabetic patients of the Biyagama Rural Hospital, SAIMT Medical Journal 2016; 01: 14-19
2. V. Perera, D. Jayasundara, V. Rajakaruna, K. Akalanka, D. Priyadarshani, N. de Silva., 'Exploring the practices of scholarly teaching and scholarship of teaching and learning (SoTL) among the academics and clinicians of SAIMT and NPTH', SAIMT Medical Journal, (2018), Vol 3:p.18-20
3. V Perera, D Jayasundara, V Rajakaruna, K Akalanka, D Priyadarshani, N de Silva., 'Exploring the Practices at a Private University and a Private Teaching Hospital: Scholarly Teaching and Scholarship of Teaching and Learning' Proceedings, Conference on Higher Education in Sri Lanka, (2017): p. 59-62
4. Kusuma D, Pradeepa R, Khawaja KI, Hasan M, Siddiqui S, Mahmood S, Shah SMA, De Silva CK, de Silva L, Gamage M, Loomba M, Rajakaruna VP, Hanif AAM, Kamalesh RB, Kumarendran B, Loh M, Misra A, Tassawar A, Tyagi A, Waghdhare S, Burney S, Ahmad S, Mohan V, Sarker M, Goon IY, Kasturiratne A, Kooner JS, Katulanda P, Jha S, Anjana RM, Mridha MK, Sassi F, Chambers JC, [close](#), 2021, Low uptake of COVID-19 prevention behaviours and high socioeconomic impact of lockdown measures in South Asia: evidence from a large-scale multi-country surveillance programme, *SSM - Population Health*, Vol: 13, ISSN: 2352-8273

Extra-Curricular Activities:

Lectures for the kids on stress management and healthy eating in SOS Children's Village

Counselling sessions on anger management for the kids in SOS Children's Village

Organizing medical camps in Saitm annually from 2010 onwards.

Delivering health talks regarding health and youth and prevention of child abuse annually for the world children's day with collaboration of child protection authority in Malabe, Kelaniya, Gampaha divisional areas from 2014 onwards.

Participating in yearend staff talent show annually.

Member of dancing group in Faculty of Medicine Colombo 2000/2001 batch

Participated in Ninnada

Attended the 4th SAARC ENT congress as an organizing assist

Participated to BLOC Sports 2004 Faculty of Medicine Colombo and won the Gold medal of arm wrestling according to the weight category.

Other interests:

Medical Administration

Fashion Designing

Referees

Prof. Shanti Goonewardene,

Dean, Faculty of Medicine,

South Asian Institute of Technology and Medicine.

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Prof. D B Nugegoda,

Head of the Department,

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I hereby certify that the contents given above are true and account to the best of my knowledge.

Dr. V. P. C. Rajakaruna

SLMC Registration Number: 24456